Hampshire and Isle of Wight Training Hub Newsletter

Issue 2 – November 2026

Supporting great learning in general practice - Meet our Learning Environment Leads (LELs)

Claire Sutton and Angie Thompsett, our Learning Environment Leads, are here to make education, training and development in general practice that little bit easier.

Working alongside practices, educators and Higher Education Institutions, they help create high-quality, inclusive learning environments and support learners from a range of professions to experience primary care.

They also help practices and their teams access funded CPD and education opportunities and navigate apprenticeship pathways, connecting people with the right opportunities and helping practices make the most of learning and development.



I'm Claire, a registered pharmacy technician, passionate about supporting learners across healthcare. Working alongside a wide range of healthcare professionals is one of the highlights of my role, and I love deepening my understanding of how each part of the workforce supports and complements the others to deliver safe, high-quality care.

Outside of work, I am a keen jewellery maker. My hobby has grown into something I love sharing with others, and I sell my handmade pieces at markets. It's a creative outlet that balances the pace of healthcare nicely.
When I'm not working or making, you'll usually find me out on a walk with Peggy, my small dog and constant companion.

I'm Angie, a nurse who is passionate about learning, education and helping people grow. My NHS journey started as a hospital cleaner, I became a Healthcare Assistant and later qualified as a nurse. From this journey, I have a huge amount of respect for every role within a team and understand how much of a difference support, encouragement and opportunity can make.



I love seeing people develop their confidence, learn new skills and achieve things they didn't think were possible. I'm a big believer that it's never too late to learn something new and that there's always a way to get where you want to be.

Outside of work, I am a mum of five, a grandma to five, and quite a few four-legged grandbabies! I love a good book and I am attempting to learn to paint with watercolours, I enjoy adventures in my classic campervan and classic Mini. I also hold a medal in tea drinking and if cake is included, even better.

News and updates from the training hub

Have you visited our Training Hub Website?

We want to make it easier for general practice across Hampshire and the Isle of Wight to find and access education, training and development opportunities, so we're busy developing our Training Hub website.

Some pages are already live, with information and useful signposting, and we'll continue to update and expand these as capacity allows. New sections and resources will be added over time, so do check back regularly to see what's new.

👉 Explore our website

Did you know that you can access FUNDED CPD opportunities for your AHPs, nurses and nursing associates through the Primary Care Training Hub?

Take a look at our updated course catalogue to explore the funded CPD currently available. You'll also find the booking form on the webpage, making it easy to apply for a funded place.

👉 Explore our funded CPD opportunities and apply for a place

Can't find the training you're looking for? Get in touch at england.primarycareschooltvw.se@nhs.net and we'll support where we can.

We know that not all professions are eligible for this funding, so we're also developing our website to provide better signposting to free learning opportunities and training available through other organisations. We'll continue to expand our information on other funded training opportunities too, so keep checking back for new resources and updates.

Supporting Learners and Supervisors



Help us hear every learner voice – NETS 2026 now open

NETS 2026, the National Education and Training Survey is now open.

We are asking all educators, supervisors, assessors and training leads to encourage learners to take part. NETS is the only national survey open to health and care learners, trainees and apprentices across more than 350 professions. It provides valuable insight into learners' experiences of induction, supervision, learning opportunities, wellbeing, inclusion, and the quality of their learning environment. As educators, we often hear learner feedback locally, but NETS provides an opportunity for that feedback to be captured nationally and used to influence improvements across education and training systems. Previous survey findings have driven changes in learner support, induction processes, supervision arrangements, wellbeing resources and opportunities to raise concerns.

The survey is open until 1 December and takes 10 minutes to complete. ***Please encourage your learners to take part – their feedback today will help shape the learning environments of tomorrow.***

Educator Voice Survey 2026



The Educator Voice Survey 2026 is now open and offers educators, supervisors, assessors and others involved in supporting learners the opportunity to share their experiences.

The Survey is designed for people with formal or informal responsibilities for education, supervision, assessment or learner support. It explores the support, recognition, capacity, development opportunities, and organisational conditions that enable educators to provide high-quality learning experiences. Educators play a vital role in developing the future workforce.

Feedback from the Educator Voice Survey will help NHS England better understand the challenges and opportunities facing educators and inform future improvements to educator support and development. Whether you supervise a learner occasionally, or education is a significant part of your role, your perspective matters and can help shape the future of healthcare education.

The survey is open until 1 December and takes 10 minutes to complete.

Your voice matters! Help improve education and training for the future workforce.

Nursing Associate & Student Nursing Associate Support Network

Tuesday 1 December 1-2pm – online

Are you a Nursing Associate or Student Nursing Associate working in primary care? Join our Nursing Associate & Student Nursing Associate Support Network!

Working as a Nursing Associate can be incredibly rewarding, but it can also bring questions and challenges that aren't always easy to work through alone. Our network provides a space to connect with colleagues in similar roles, share experiences, explore common challenges and celebrate successes across primary care.

Recent discussions have included:

- Scope of practice in primary care
- Administering immunisations in general practice
- Nursing Associate revalidation
- Access to Continuing Professional Development opportunities
- Becoming a Nursing Associate Assessor
- Career development and progression opportunities

The network is shaped by its members, with attendees encouraged to bring along questions, ideas and topics for discussion. Whether you're looking for advice, keen to share learning from your own practice, or simply interested in hearing how others are navigating similar challenges, we'd be delighted to welcome you. Whether you're a regular attendee or considering joining for the first time, we hope you'll join us.

🔗 Join the Support Network meeting

For more information, contact: england.primarycareschooltvw.se@nhs.net

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Support for learners, in your pocket!

The Healthcare Learner Toolkit is a free app bringing useful information, guidance and support together in one place, available 24/7 throughout your studies and into preceptorship. Whether you're looking for help with your placement, training and resources, wellbeing and financial support, career guidance or advice about raising a concern, the app is designed to help you quickly find information relevant to you.

The app includes:

- Placement support and guidance
- Training and learning resources
- Health, wellbeing and financial support
- Career guidance and preparation
- Advice on raising concerns

Download it for free from the Apple App Store or Google Play Store by searching **Healthcare Learner Toolkit**. When you first access the app, select the area where your university is based so you can see the information most relevant to you.

Apple app store

Google Play store

A little reassurance: The app does not collect personally identifiable information. You'll be asked a few general questions, such as your university, programme and year of study, which are used to help tailor the information you see.

Funded by NHS England, the app is free to use throughout your studies and beyond, into preceptorship. **Have a look around and explore what's available!**

Healthcare Learner Toolkit App - Explainer

Hear from learners who use the app

Webinars for Practice Educators - Develop your practice education skills this autumn and winter

A new series of webinars for practice educators, supervisors, assessors and anyone with an interest in supporting learners in the workplace. Covering topics such as co-production, inclusion, assessment, quality, placements, AI and feedback, these sessions are designed to support and enhance learning environments across healthcare settings. Join via the links below; recordings and resources will be available on NHS Futures workspace

- **13 November** 12:00 -13:30 **Successful placements: case studies across AHP courses** with Lucie Rochfort, Health Sciences University
- **1 December** 13:00 – 14:00 **AI for practice educators: changes in regulation** with Dao Tunprasert, University of Brighton
- **26 January** 13:00 – 14:00 **Reciprocal feedback between learners and educators** with Zoe Oram, University Hospitals Southampton NHS Trust

New development opportunity for primary care educators: METEL

METEL (Modernising Education in Technology Enhanced Learning) is a new national NHS England development programme launched in October. METEL isn't just about technology or AI; it supports the broader skills, knowledge and capabilities needed for modern healthcare education. It starts with the experience you already have, helping you reflect on your practice, recognise your existing expertise and identify your next development step. There are five pathways for different stages of the learner and educator journey.

Participation is free, with CPD certification available at all levels. Those completing Level 2 or above can also apply for recognition through the Academy of Medical Educators. For colleagues across our Primary Care Learning Environments, this could be a useful opportunity to build on your existing experience in education, supervision, faculty development, simulation or digital learning.

Expressions of interest are now open for all levels, with places allocated on a first come, first served basis.

Explore METEL and the five pathways on the Learning Hub

Complete the METEL Expression of Interest form

Inspire the Next Generation: Primary Care at Southampton

Interested in **supporting the next generation of doctors** while developing education and teaching opportunities within your practice?

The **University of Southampton Primary Care team** offers a range of opportunities for primary care colleagues to get involved in undergraduate medical education, from **hosting GP placements and paid teaching opportunities** to tutoring, student selection and examinations.

There is also support for **new and experienced educators**, including training and development, teaching resources, newsletters and access to the Primary Care education team. **Teaching opportunities for 2026/27 are now available.**

Whether you are new to medical education or already involved in supporting students, there are plenty of ways to contribute.

👉 **Explore Primary Care teaching opportunities at the University of Southampton**

CPD, Training and Development Opportunities

Pharmacogenomics in Primary Care and Community Pharmacy

What role could pharmacogenomics play in the future of primary care?
This podcast series brings together experts to explore **pharmacogenomics and personalised prescribing**, including how genetic testing can support clinical decision-making and help inform prescribing choices.
Whether pharmacogenomics is new to you or you're keen to understand more about how it could influence future practice, these podcasts are a great opportunity to explore the topic.

🎧 **Listen to the podcasts and find out more**

Supporting wellbeing with the HIOW Work Well Programme

Working in healthcare can be demanding, and looking after ourselves and our teams matters. The HIOW Work Well Programme brings together practical tools, resources and support designed by healthcare professionals, for healthcare professionals, to help people working in high-pressure roles.

704 colleagues are already signed up and accessing the programme's resources.

📅 **Coming up:**

ORGANISATION CODE TO SCAN

Lunchtime Webinar
Tuesday 17 November 2026 | 12:30–1:15 pm
How to Stop Reacting and Start Responding
Optional additional 15-minute Q&A.

Team Leaders Masterclass
For managers, supervisors, mentors and wellbeing leads
Wednesday 9 December 2026 | 12:30–2:00 pm
How to Stop Good Intentions Slipping and Finally Get to What Matters

➡️ For full details and to sign-up to the programme to access the events

The Work Well Programme is brought to you by Dr Rachel Morris and the team behind the You Are Not A Frog podcast.

Got questions? **Contact the team on** admin@shapestoolkit.com

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Upskilling in Primary Care - Menopause, Respiratory and Blood Tests

How confident do you feel discussing HRT, managing asthma and COPD, or interpreting blood results?

This **free, one-day course** is designed to build confidence and provide practical learning that healthcare professionals can take back into their day-to-day consultations. The day will cover:

- **Menopause**: HRT and consultations
- **Respiratory**: asthma and COPD updates
- **Blood tests**: foundations of interpretation
- **Networking**: time to connect and learn with colleagues over lunch

📅 Thursday 19 November | 9:00 am–4:30 pm
📍 Chilworth Manor, University Parkway, Southampton, SO16 7PT

Free to attend for pharmacists, GPs, nurses and other healthcare professionals.

Register here for your free place

Digital by Design: Empowering Advanced Practitioners Workshop

How confident are you navigating the growing role of digital, data and AI in healthcare?

Join the Digital by Design: Empowering Advanced Practitioners Workshop to explore practical, NHS-focused learning designed to build confidence in digital, data and technology.

📅 **Thursday 12 November | 12:30–1:30 pm**

The session will introduce the **NHS Digital Academy's online Campus and CPD-certified resources**, supporting professional development and revalidation. You'll also have the opportunity to **share what digital knowledge and skills would be most useful to Advanced Practitioners**, helping to shape future NHS Digital Academy learning.

➡️ **Find out more and register**

Navigating the heart failure journey in primary care



Could we recognise heart failure earlier and better support people to live well with their condition?

With almost 1 million people in the UK living with heart failure, and around 200,000 people diagnosed each year, timely recognition, diagnosis and treatment are increasingly important.

The Heart Failure Academy has developed a new booklet, Navigating the Heart Failure Journey in Primary Care: A Personalised Approach to Living Well, to support primary care clinicians in recognising the signs and symptoms of heart failure, enabling earlier diagnosis and helping to optimise treatment and support for people living with the condition.

➡️ **Explore the booklet and Heart Failure Academy resources**

PMOS in Primary Care – Free Webinar

Build your confidence in recognising, diagnosing and managing Polyendocrine Metabolic Ovary Syndrome (PMOS).

This free TMC Health webinar will explore the latest evidence and practical approaches to PMOS, including its wider metabolic and reproductive implications and how to provide effective, individualised care.

The session will be presented by **Associate Professor Vikram Talaulikar**, Associate Specialist in Reproductive Medicine at UCLH and Honorary Associate Professor in Women's Health at UCL.

📅 **Wednesday 18 November | 7:30–8:30 pm**
💻 **Online | Free to attend**

Ideal for **GPs, practice nurses, advanced clinical practitioners and other healthcare professionals working in primary care** who want to strengthen their knowledge and confidence in supporting women with PMOS.

➡️ **Find out more and secure your free place**

HIOW Healthier Together: Paediatrics and Common Childhood Respiratory Tract Infections

With winter approaching, join the **HIOW Healthier Together Team** for a **free lunchtime webinar** exploring common respiratory tract infections in children.

The session will provide practical information to support primary care teams and will also cover the **clinical pathways available across Hampshire, the Isle of Wight and surrounding areas**, helping clinicians navigate local pathways and support children and families effectively.

🗓️ **Tuesday 10 November**
⏰ **13:00–14:00**
💻 **Online, free to attend**

Register via Eventbrite to attend

Pharmacist-Led HFpEF Care in Primary Care: From Identification to Optimisation

Join this follow-up webinar exploring the **practical role of primary care in identifying and managing heart failure with preserved ejection fraction (HFpEF)**.

Building on questions raised during the previous session, the webinar will provide further practical insights to support everyday practice, including:

- Understanding the **burden and presentation of HFpEF**
- Improving **diagnosis and coding in primary care**
- Supporting the **optimisation of patients with HFpEF and multimorbidity**

🗓️ **Wednesday 11 November**
⏰ **13:00–14:00**
💻 **Online**

The session will be chaired by **John Digman, Lead Clinical Pharmacist, Frome PCN**, with **Niraj Lakhani, Lead Clinical Pharmacist at Willows Health**, as speaker.

👉 **Register for the webinar**

Events

National Health Education Network: Psychodermatology Connection

Join the **National Health Education Network** for an online evening education session exploring the connection between **mental health and skin conditions**.



Led by **Dr Kah Lok Chan, Consultant Psychiatrist & Dermatologist,** the session will explore “Mind & Skin: The Psychodermatology Connection”, followed by an opportunity for questions.

🗓️ **Monday 9 November 2026**
⏰ **18:55–20:00**
💻 **Online**

Places are limited, so **register here to secure your place**.

Health Equity and ICB Strategic Commissioning in the South East

Join **Rebecca Bestwick and Matilda Allen** for an online workshop exploring practical ways to **embed health equity throughout the ICB strategic commissioning cycle**.

Designed particularly for colleagues working in strategic commissioning across South East ICBs, the session will explore how health equity insights can be translated into action, from **setting priorities and allocating resources through to evaluation**. It will draw on recent resources covering health equity, inclusion health commissioning and community-centred approaches to neighbourhood health.

🗓️ **Monday 30 November**
⏰ **10:00–12:00**
💻 **Online**

Register here to attend the workshop.

Questions? Please contact:

Rebecca Bestwick, Public Health Registrar, South East OHID, at **rebecca.bestwick@dhsc.gov.uk**

Matilda Allen, Consultant in Public Health, South East OHID, at **matilda.allen@dhsc.gov.uk.**

Genomics in Primary Care: Southampton

Genomics is becoming increasingly relevant to everyday primary care, from **cancer risk and inherited conditions to pharmacogenomics, personalised treatments and genomic testing**.

Wessex Cancer Alliance and Central & South Genomics are offering a face-to-face education day for primary care colleagues, delivered by **primary care and clinical genetics experts**, alongside patients sharing their lived experience of genomic testing and treatment.

Topics will include:

- Fundamentals of genomics
- Cancer genomics, including **BRCA and Lynch syndrome**
- Polygenic risk scores
- The Generation Study
- Familial and hereditary conditions
- Pharmacogenetics

The event is open to a wide range of primary care professionals, including **GPs and GP trainees, practice nurses, nurse practitioners and primary care pharmacists**, and aims to build knowledge and confidence in applying genomics to patient care.

🗓️ **Wednesday 25 November 2026**
⏰ **08:30–16:30**
📍 **Axis Conference Centre, Chilworth, Hampshire**

Find out more and register for the Southampton event.

SHIFT-AIR: Launch of the New COPD Service

Primary care colleagues are invited to the launch of **SHIFT-AIR, the System-wide Hampshire and Isle of Wight Find and Treat Airways programme**, introducing the new **COPD Locally Commissioned Service (LCS)** across Hampshire and the Isle of Wight.

The face-to-face event is particularly aimed at **Portsmouth practices and PCNs** and will provide practical guidance on implementing the new service. It will cover the **SHIFT-AIR clinical pathway, delivery requirements, digital tools and resources, payment arrangements, and education and mentoring support**.

SHIFT-AIR aims to improve outcomes for people living with COPD through earlier and more accurate diagnosis, proactive risk stratification and management, and timely access to specialist respiratory support. The session is relevant to **practice and PCN managers, practice operations leads, GPs, respiratory nurses, pharmacists and AHPs involved in COPD care**.

🗓️ **Thursday 3 December**
⏰ **18:00–20:30**, with a light buffet from 18:00
📍 **Portsmouth Marriott Hotel, Southampton Road, Portsmouth, PO6 4SH**

Practices and PCNs are strongly encouraged to send **one clinical and one operational representative**, to ensure teams understand both the clinical pathway and the practical requirements for delivering the service.

RSVP by Monday 23 November by emailing **Louise Goswell at louise.goswell@astrazeneca.com**

Widening Participation in the NHS

How can we create **fairer and more inclusive routes into NHS careers** and ensure people have the opportunity to thrive and progress?

This virtual conference will explore how NHS employers can **tackle barriers to participation and make widening participation a strategic workforce priority**. Delegates will hear what makes a difference in practice and consider approaches to creating fairer pathways into and through NHS careers.

🗓️ **Thursday 21 January 2027**
⏰ **09:30–16:30**
💻 **Virtual conference**

Find out more and register for the conference.

Your Voice

Help shape the future of General Practice Nursing

Are you a General Practice Nurse? Your experience and insights could help shape the future of General Practice Nursing.

GPNs are invited to take part in a research study exploring how the role could evolve in response to changing patient needs, national policy and new models of care. The study is looking at the opportunities, challenges and barriers facing General Practice Nursing, and what could help the profession develop in the years ahead.

What's involved?
A confidential 40–60 minute interview via Microsoft Teams, giving you the opportunity to share your experiences and views.

By taking part, you'll be contributing valuable frontline insight to research exploring how the GPN workforce can continue to develop and meet the changing needs of patients and general practice.

➡️ **Interested in taking part or finding out more?** Please contact **Michelle Horn**

Help Shape the NHS College of Leadership and Management

Have your say on the future of leadership and management development across the NHS.
Colleagues are invited to help shape the **NHS College of Leadership and Management**, the new national home for leadership, management and talent development.

A short **5 to 7-minute questionnaire** gives you the opportunity to share your views, experiences and priorities. Feedback will form part of the first phase of engagement and will help inform and strengthen the College's three-year business plan.

📝 **Complete the short questionnaire**

Student Excellence Awards : Nominate an outstanding learner

Do you know a **student nurse, student midwife or nursing associate** who has gone above and beyond in their practice?

Nominations are invited for the Chief Nursing Officer and Chief Midwifery Officer Student Excellence Awards, celebrating outstanding students and apprentices studying in England. This is a great opportunity to recognise a learner who has demonstrated:

- Exceptional practice
- Compassionate care
- Innovation and leadership
- An outstanding contribution to their learning environment or the people they support

We encourage colleagues across primary care to take the opportunity to recognise and celebrate learners who are making a real difference.

🏆 **Find out more about the Student Excellence Awards**
✍️ **Submit a nomination**

Questions? Contact the NHS England Nursing and Midwifery Team at england.studentawards@nhs.net.

The providers and training resources listed are a range of professional bodies, healthcare CPD providers and NHS resources. Inclusion on this page does not equal an endorsement from NHS England or Hampshire and Isle of Wight Primary Care Training Hub. The list is intended as signposting only, individuals are responsible for assessing the appropriateness of the resource for their own professional development.

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