NHS England

Thames Valley and Wessex Primary Care School

Thames Valley

Continuing Professional Development

Course Catalogue 2026/27

NHS England: Workforce, Training & Education Directorate

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Please note that the course details contained within this document are correct at the time of writing but are subject to change at any point. They cover the offer within the South East geographical footprint – other training may be available – please speak to a member of team for further clarification

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Meet The Team

Please contact the Primary Care School team if you have a query about any aspect of the courses listed within this brochure. Queries can be directed to our team inbox: england.primarycareschooltvw.se@nhs.net

Team member	Role	Programmes
Prof Chris Warwick	Primary Care Dean	South East
Sue Clarke	Head of School of Primary Care (Training Hubs)	Thames Valley and Wessex
Marie-Clare Wadley	Primary Care Workforce Development Lead	Thames Valley
Abbie Canton	Primary Care Learning Environment Lead	Thames Valley
Victoria Pearson	Primary Care Learning Environment Lead	Thames Valley
Sarah Redhead	Primary Care Learning Environment Lead	Thames Valley
Vivienne Stevens	Primary Care Business Administration Officer	Thames Valley and Wessex
Stephen Ingram	Primary Care Business Manager	Thames Valley and Wessex

NHS England

Foreword

Welcome to the rich and exciting educational offers for primary care available to Allied Health Professionals, Registered Nurses and Nursing Associates working in Primary Care within Thames Valley.

Facilitating your education and training is important to Thames Valley and Wessex Training and Education, which exists to support the workforce in primary care.

Additionally, the Thames Valley and Wessex (TVW) Primary Care School supports educators and placements for learners in primary care by championing learning and quality of education. Currently over 90% of Primary Care Networks (PCN) in TVW have signed up, or are already approved, as learning environments. Through this activity, we are creating the pipeline for our future workforce.

Please take up this opportunity of CPD and learning as part of your culture of education and development within your practice or PCN.

Professor Chris Warwick
Primary Care Dean
NHS England – South East

NHS England

What is Continuing Professional Development (CPD)

Continuing Professional Development refers to the ongoing process by which health care professionals maintain, improve and broaden their knowledge, skills and competence throughout their careers.

It is both a registered professional requirement, and a career development tool, ensuring staff can deliver safe, effective and up-to-date person-centred care, aligning with health population needs. All healthcare professionals have a responsibility to identify their CPD needs, and work with their employer to plan how those needs could be met.

CPD can include the following:

- **Formal education – for example, attending accredited and non-accredited courses, conferences, webinars, online learning and training modules and carrying out research.**
- Professional activity – for example, being involved with a professional body or giving a presentation at a conference
- Self-directed learning – for example, reading articles or books
- Work-based learning – for example, reflecting on experiences at work, considering feedback from service users/students, shadowing or being shadowed or being a member of a committee

CPD funding is available for formal education (as described above) and equates to approximately £1,000 per learner, over a three-year period.

Please note, mandatory training does **not** contribute to CPD training hours, unless the training relates to your area of speciality.

NHS England

Who is eligible for CPD funding

Through NHS England's commissioning, we can support CPD funding applications from Allied Health Professionals, Registered Midwives, Nurses and Nursing Associates working in Primary Care within Thames Valley.

Personalised care roles, Health Care Support Workers, General Practitioners, Pharmacists and Physician Assistants are not eligible for this CPD funding and should discuss funding opportunities with their employer.

Frequently Asked Questions (FAQs)

Please refer to our FAQ guidance for further information.

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NHS England

CPD opportunities and how to apply

CPD opportunities
You can view our available funded CPD courses within this course catalogue.
For courses that sit outside the current offer, or for New to General Practice Fundamentals, Apprenticeships, Independent prescribing and Advanced Practice please contact your Learning Environment Lead, within Thames Valley Training Hub to discuss further.

How to apply for CPD funding
For all funded CPD requests including those sitting outside our current offer, please ensure you read the corresponding information such as course description, delivery method and dates available, and correctly complete and submit the Continuing Professional Development funding application Microsoft Form (or scan the QR code)

Do not apply directly to the course provider unless otherwise instructed.
If successful in your funding application, you will receive confirmation, application and enrolment details by email from the TVW Primary Care School.

Please inform the TVW Primary Care School if you are unable to attend your funded course at your earliest convenience – Non-attendance will be recorded, relayed to your practice/line manager and future funding maybe affected.

Bloods

NHS England

Introduction to Phlebotomy

This is a comprehensive and hands-on course designed for individuals eager to embark on or enhance their journey in the vital skill of phlebotomy. Specifically tailored for those in primary care settings, our course is uniquely accessible to a wide range of participants, from healthcare professionals to individuals with little or no prior healthcare experience, such as receptionists or care navigators seeking to expand their roles. Led by seasoned experts, including a Senior Phlebotomist with over 20 years of experience and a Senior Nurse, this engaging day-long program promises not only a thorough grounding in the theoretical aspects of phlebotomy but also provides ample opportunity for practical, hands-on learning. Participants will leave equipped with essential skills, knowledge, and a workbook to guide their continued development in their professional settings. Join us for a transformative learning experience where you'll gain invaluable skills and confidence in the art and science of phlebotomy.

Dates: please see provider website

Provider: BBO Training

Delivery method: face to face, The Lambert Hotel, Watlington

Level of Study: Introduction

Managing Blood Results in Primary Care

Our one-day online course covering key topics for managing blood test results in primary care. Ordering and filing blood tests is bread and butter primary care. But are we always as intentional as we could be when ticking the boxes on the request form?…and when results are filed, is there always a clear plan?

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

NHS England

Understanding Blood Results for Physiotherapists

This 2-day course provides physiotherapists and allied professionals working with a MSK caseload with the essential background in physiology and pathology for a haematological, biochemical and immunological approach to patient management.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Understanding Blood Results

Early recognition of abnormalities can avert potential life threatening or at least harmful situations.
This 2-day course allows the candidate to fully understand routine haematology and biochemistry results.
Attended by nurses and allied health professionals whose work involves blood investigation.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Foundation

NHS England

Interpreting Blood Results

A full-day course tailored for experienced Primary Care staff who seek to enhance their proficiency in 'Interpreting Blood Results within Primary Care

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

Cancer

NHS England

Cancer

Our one-day online course is designed to support primary care clinicians to avoid common pitfalls, tackle health inequalities in diagnosis & screening, and personalise care for people living with and beyond cancer. What we cover

Early diagnosis with particular focus on common cancers but also some rarer and more difficult to diagnose ones

Spotting cancers in blood tests

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Advanced

Cancer Care

This module is for healthcare professionals who are:

- interested in extending their knowledge and skills in caring for patients with cancer
- keen to improve their understanding of the issues faced by patients and loved ones with a diagnosis of cancer
- committed to developing their professional portfolio in this area of clinical practice.

Ideally, you should be working in a clinical area that offers regular contact with patients who have cancer. Led by our supportive and experienced staff, this course will cover:
the philosophy of cancer care

- the scientific basis of cancer: epidemiology, aetiology, carcinogenesis, the genetic basis of cancer
- cancer prevention and early detection
- screening, investigations, staging and diagnosis
- disease trajectories
- site specific cancers and metastatic disease
- the social, psychological, emotional, spiritual and cultural context of cancer care
- treatment modalities to include surgery, radiotherapy, chemotherapy, hormone therapies, biological therapies and complementary therapies
- current trends in cancer management and health promotion
  evidence based practice and cancer related clinical studies
  oncological emergencies
- rehabilitation and survivorship
- contemporary issues: e.g. the expert patient, community vs hospital care, cancer inequalities in the NHS.
- health policy and cancer NHS reform.

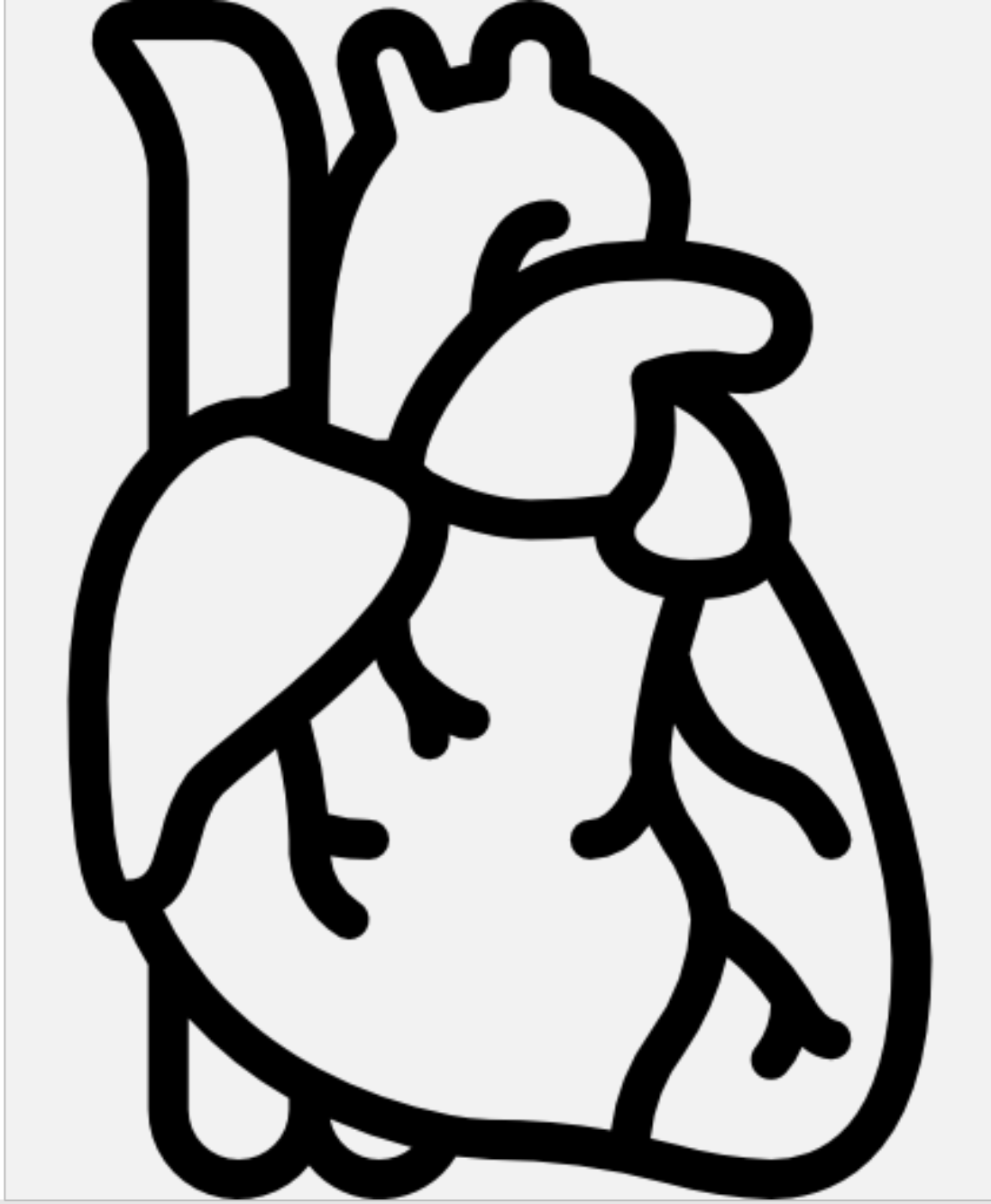
Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face to face, Uxbridge Campus

Level of Study: 20 credits, level 6 or 7 or non accredited

Cardiac



NHS England

Advancing Coronary Heart Disease (CHD) Care

This course is suitable for anyone who would like to develop their knowledge and understanding of the diagnosis and management of coronary heart disease (CHD). It covers risk factors, assessment, and acute and long-term management of CHD, including blood pressure and lipid management, through lifestyle and pharmacological interventions. The course is built around case studies which help you to put theory into practice.

45 hours course with 4 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Advanced

Advancing Heart Failure Care

This course is aimed at providing easily accessible, up to date, information on the key issues in heart failure. You will be led through a series of topics that form the essentials of heart failure management and consider aspects of the provision of care in a variety of health settings. The topics are aligned to the recently published heart failure nurse competencies (January 2021) ranging from how to investigate suspected heart failure through to the role of the multi-disciplinary team in facilitating self-care. Learning will be enhanced through a series of case studies that focus on application to practice and consideration of co-morbidities.

45 hours course with 4 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Advanced

NHS England

Arrhythmia Interpretation and Management

This one-day course provides an opportunity to learn about various heart rhythm disturbances, their aetiology, management and treatment strategies. Delegates must have a good working knowledge of ECG interpretation.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Atrial Fibrillation

This course is suitable for any healthcare professional who is involved in the diagnosis and management of atrial fibrillation. The course covers epidemiology, pathophysiology, risk factors and diagnosis. It will also cover the management of symptoms, along with the importance of stroke risk reduction in people diagnosed with atrial fibrillation, through appropriate use of anticoagulation.

7.5 hours course with 1 month to complete.

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Intermediate

NHS England

Cardiac Disease: Prevention and Management for Non-specialists

You don't need to be a specialist in cardiac care to attend this course but have a desire to learn more about cardiac disease and its management. Unlike the traditional Cardiac Care module there is no requirement to fulfil a book of clinical competencies. If you're looking to enhance your professional development, but don't require credits to put towards a qualification, then you can choose to study this course without credits attached and don't need to complete the final assessment. If you choose this route, you'll receive a certificate of Continuing Professional Development hours which will be valuable for NMC revalidation purposes.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face to face, Uxbridge Campus

Level of Study: 10 credits, Level 6 or 7

Coronary Heart Disease for Primary Care Course (online)

This course is suitable for any health care professional working in primary care in the field of coronary heart disease (CHD). It offers an opportunity to review current evidence-based practice and apply this to case studies and real-world practice.
7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Foundation

NHS England

ECG Workshop

This two-day ECG Workshop addresses the needs of nurses, doctors and allied health professionals who encounter ECG monitoring and traces. Theoretical and practical workshops in ECG Interpretation are delivered by experienced cardiac professionals.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Heart Failure Foundation

This course is aimed at providing easily accessible, up to date, information on the key issues in heart failure. You will be led through a series of topics that form the foundation of heart failure management, ranging from how to ensure an accurate diagnosis through to tips on self-management and the use of the most appropriate medication regimes. A carefully designed programme of presentations and guided activities will enhance your learning experience supported with opportunities to assess your progress with the use of the ‘knowledge check’ activities at the end of each section."

15 hours course with 2 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Foundation

NHS England

Heart Failure Update

This update course is aimed at healthcare professionals with a working knowledge of the management of heart failure who wish to refresh their knowledge and skills. It is based on the latest available evidence and ensures the student is informed of current best practice and recent advances. You will be led through a series of topics to give you the opportunity to review and develop your current knowledge and skills. These will include ensuring an accurate diagnosis through to the rationale for the complex pharmacological and non-pharmacological management options.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Update

Hypertension

This course is suitable for any healthcare professional who participates in the screening, diagnosis and clinical management of hypertension. Often called the “silent killer” hypertension is one of the most important modifiable risk factors for stroke, ischaemic heart disease, heart failure and renal disease. However, according to the World Health Organisation, with early identification, it is one of the most preventable and treatable causes of premature death worldwide.

7.5 hours course with 1 month to complete.

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Intermediate

NHS England

Introduction to Cardiovascular Disease

These training days are designed to provide a holistic approach to cardiovascular diseases, encompassing Coronary Heart Disease (CHD), Stroke, Heart Failure, and Hypertension. Participants will gain the knowledge and skills necessary to perform annual reviews for patients with these conditions.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

Managing Heart Failure

This two-day course explains heart function and basic pathophysiology of heart failure.

This knowledge is then related to the diagnosis of heart failure, and overall management of patients with heart failure.

Device therapy is briefly discussed at the end of the day to increase awareness of treatment options, and palliative care is also briefly explored in order to encourage clinicians to provide patients with opportunities to have early end of life discussions and improve palliative care in heart failure.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Advanced

Clinical Skills

NHS England

Licence Access

Our fully illustrated guides for practical clinical skills procedures have been supporting nurses and other health care professionals in both training and practice for the past 20 years. Over that time, we have grown and expanded what we offer, which now also includes online assessments, checklists and CPD support.

Dates: please see provider website

Provider: Clinical Skills Net

Delivery method: e-learning

Level of Study: Foundation

Communication

NHS England

Advanced Communication and Supportive Relationships

This single module explores verbal and non-verbal communication, and the development of supportive relationships, within the context of health and social care. It aims to build on existing skills and develop them within the student's area of practice. The module promotes a critical approach to sources of knowledge from nursing, health and social care and psychotherapy.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: virtual

Level of Study: 7-20 credits

Communication and Consent

This one-day online CPD starts with a session on what guidance is provided in the Osteopathic Practice Standards (OPS) and other GOsC documents. This will then be followed by a session on best practice in communication skills with Steven Vogel, Professor at the Health Sciences University, who has extensive experience teaching these subjects to undergraduate and qualified osteopaths.

The afternoon sessions include: - a workshop on communication skills with Steven Vogel - a session on issues surrounding communication and consent with children and their parents, presented by Mandy Banton.

This seminar is 7 CPD

Dates: please see provider website

Provider: Health Sciences University

Delivery method: virtual

Level of Study:

NHS England

Remote Consultation and Triage for Nurses and AHPs

This two-day course will take the participant through the stages of development and practice. Training consists of both theoretical and practical components and will provide the skills required to set up and run a telephone triage system.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Consultant Practice

NHS England

Mind the gap: transformative learning for consultant practice

This 3-day, 10 credit masters level (level 7) unit has been developed based on the definitions and the learning and development of consultant level practice across nursing, midwifery and the Allied Health Professions with a foundation of international literature. The evidence highlights a widespread lack of clarity regarding the purpose and definitions of consultant-level practice. It reveals a distinct gap between advanced-level practice and the transition toward developing consultant-level capabilities. While advanced practice lays the groundwork for clinical expertise, it does not equip clinicians with the necessary skills to evolve into reflexive, transformational leaders within complex systems

Dates: please see provider website

Provider: Health Science University

Delivery method: Blended, Health Sciences University, Parkwood Road, Bournemouth BH5 2DF

Level of Study: 7

Dementia

NHS England

Dementia Management

This course will cover a range of areas relating to dementia care such as:

- assessment and interventions for patients who have an altered physical status
- altered psychological status and altered social status secondary to dementia
- the concept of patient-centred care in dementia and an understanding of the patient journey to ensure specific needs such as care planning and communication are met
- the roles of relatives, friends, and the extended healthcare team in supporting a patient with dementia

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: virtual

Level of Study: 20 credits, Level 6 or 7

Dermatology

NHS England

Dermatology for Nurses and AHPs

This one-day course designed to give a broader understanding of anatomy and physiology of the skin and giving ability in recognising lesions, lumps and bumps.

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Intermediate

Dermatology Update

This course is relevant for Primary Care staff who wish to update knowledge on dermatology care, including evidence-based practice and guidance.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

NHS England

Fundamentals of Dermatology for Primary Care

The aim of this course is to equip primary care healthcare professionals with evidence-based knowledge and practical confidence to elevate dermatology care, improve patient support for common skin conditions, and ensure appropriate secondary care referral.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

Spots Rashes and Skin Eruptions Seen in Primary Care

This is a two-day online course. For all practitioners who dread the patient with a rash!! These study days aim to increase knowledge, confidence and competence in consulting patients with skin issues and illness.

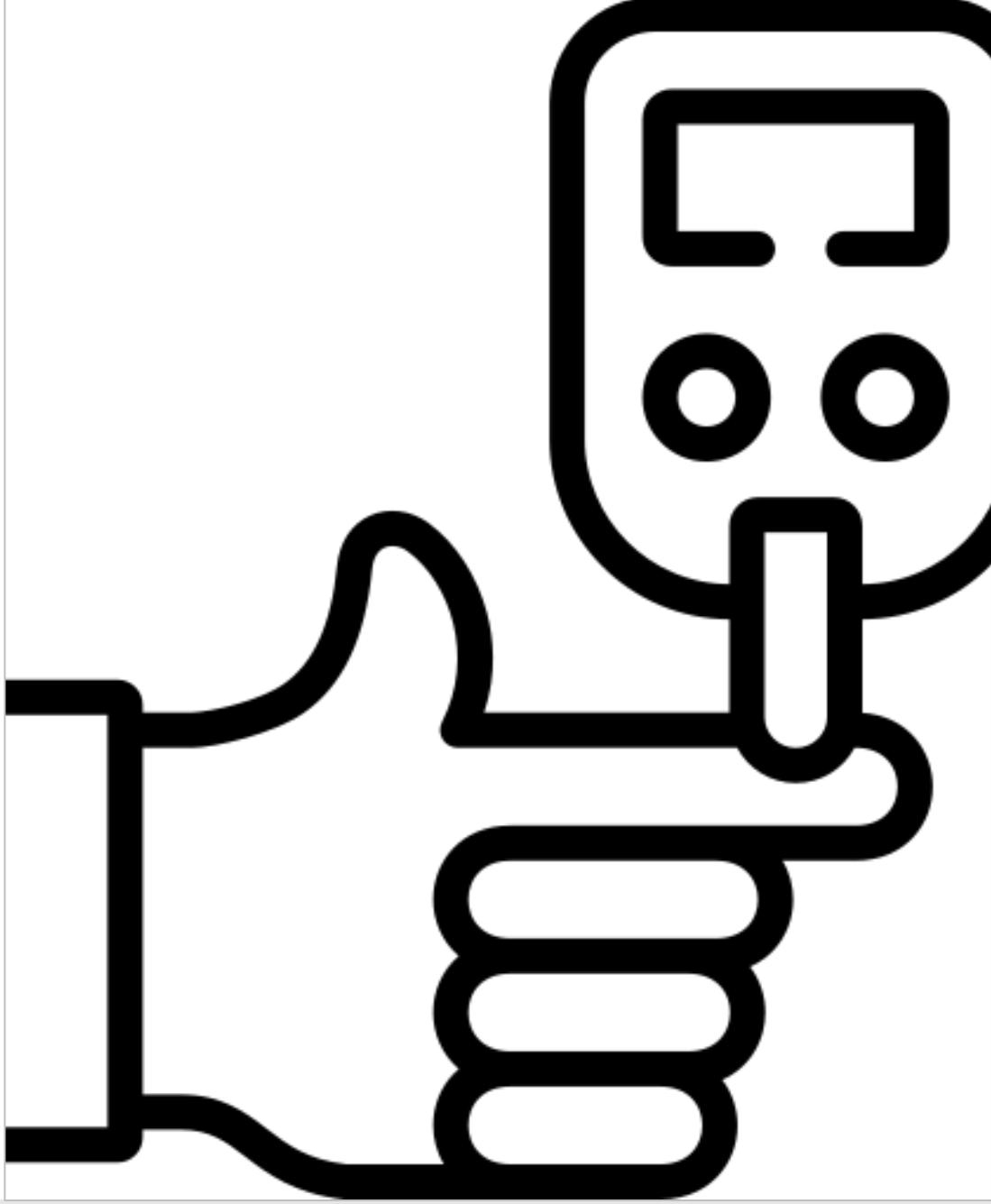
Dates: please see provider website

Provider: Aspire Clinical Training

Delivery method: virtual

Level of Study: Intermediate

Diabetes



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Advancing Diabetes Care

This course is suitable for anyone who would like to advance their knowledge and understanding of the diagnosis and holistic management of diabetes. It covers different types of diabetes, explains the pharmacological and lifestyle interventions that can optimise outcomes with reference to glycaemic control, blood pressure and lipid management and includes case studies to bring the theory to life. Sections include mental health and special cases such as learning disabilities and the frail elderly.

45 hours course with 4 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Advanced

Diabetes Care

On successful completion of this module, you will be able to:

- demonstrate a critical understanding of the epidemiology, aetiology and pathology of Type 1 and Type 2 diabetes and the impact on the health of the individual.
- critically analyse the therapeutic management of Type1 and Type 2 Diabetes: Blood Glucose Monitoring, Oral and Insulin therapies.
- critically examine the role of the inter-professional team in the management and care of clients with diabetes in the hospital and community setting.
- critically review the evidence-base for diabetes care and decision making in inter-professional practice.
- critically analyse government strategies for diabetes and examine their benefits for practice within an inter-professional context.
- critically evaluate the physical, psycho-social and cultural impact of diabetes on the client and family.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face to face, Uxbridge Campus

Level of Study: 20 credits, Level 6 or 7

NHS England

Diabetes Course for Nurses and AHPs

This one-day course aimed at Nurses and AHPs working in General Practice to develop competency in managing patients with diabetes based around the TREND nursing competency framework

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Intermediate

Diabetes Foundation

This course is for healthcare professionals who would like to increase knowledge, skills and confidence to provide safe diabetes care. This course provides a “basics up” approach to the complexities of diabetes and will inspire learners to enjoy providing diabetes care. The course has been designed by an experienced practicing clinician who has a passion for improving the lives of those living with diabetes.

15 hours course with 2 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Foundation

NHS England

Diabetes Update

This course is designed for clinicians with an existing knowledge of the diagnosis and management of type 2 diabetes. Type 2 diabetes is a condition where complications, including chronic kidney disease and cardiovascular complications, can cause significant morbidity and mortality. The focus of the course is on recognising how appropriate, evidence-based interventions can both prevent complications and reduce the impact of any existing complications on quality of life and the use of healthcare resources.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Update

Diabetes Update Day

This update course covers the latest trends in diabetes management, encompassing a thorough understanding of cutting-edge pharmacological interventions utilised in diabetes care.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

NHS England

Introduction to Diabetes

This two-day training is designed for Primary Care staff who are new to the field of diabetes care. If you've recently started seeing patients with diabetes, or are planning to, this course is tailored to provide you with the fundamental knowledge and skills required to confidently care for individuals with diabetes. The primary focus is on adults with Type 2 diabetes, although key recommendations and signposting for patients with Type 1 diabetes will also be covered.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

PITstop (programme for injectable therapies) advanced diabetes course

This popular, practical 2.5-day advanced course gives multi-disciplinary, practice teams the resources to work towards enhanced diabetes service provision for injectable initiation (type 2 diabetes only).

We recommend PITstop students seek mentorship after attending the course, to ensure they embed the skill safely in clinical practice. This service is normally commissioned with the local community Diabetes Specialist Nursing team.

Programme summary
Revision of diabetes oral medications
GLP-1 Agonists, including initiation using a structured care pathway
Insulin: building the profile
Injection technique
Device workshop
Detective work at review appointments focusing on injectables
Insulin safety (self-directed learning)
When is insulin indicated?
Working through the PITstop insulin pathway to assess for insulin, initiate an appropriate insulin regimen and support the patient for the first 6-months: a case study approach
Changing insulin regimens
Dietary considerations and insulin, including minimising weight gain
Decisions about injectable therapies: a case study approach
Embedding the learning

Dates: please see provider website

Provider: Pitstop Diabetes

Delivery method: virtual

Level of Study: Advanced

NHS England

Pitstop continuous glucose monitoring (CGM): essentials for primary care to enhance diabetes care

Aims

Understand what CGM is, how it helps, and its limits compared to HbA1c and finger-pricking.
Identify who qualifies for CGM and how to get started
Explore steps for prescribing CGM and educating patients on its use.
Understand how to use and troubleshoot CGM devices like Libre and Dexcom.
Interpret the CGM AGP reports, spot trends, and make treatment decisions.
Explore how to analyse real cases and understand what affects glucose levels.
Explore how to adjust lifestyle or medication based on CGM data.

Dates: please see provider website

Provider: Pitstop Diabetes

Delivery method: virtual

Level of Study: Advanced

PrePITstop diabetes foundation course

This 3-day multidisciplinary diabetes foundation course focuses on the core diabetes services and care provision for people with type 2 diabetes and prediabetes and emergency management for people with type 1 diabetes. It is aimed at healthcare professionals working in primary care who want to work as a team to improve diabetes services and patient outcomes using structured care pathways.

- Classification and accurate diagnosis
- Diabetes screening for at risk groups
- Day to day living choices
- Encouraging referrals to the Diabetes Prevention Programme and Structured Education
- The oral diabetes medication pathway and related subjects (DVLA, hypoglycaemia, monitoring, concordance, individual target setting)
- Managing illness
- The provision of essential diabetes care using structured care pathways
- Cardiovascular disease prevention, including blood pressure, lipid and kidney management
- Eye screening and diabetes eye complications
- Emotional and mental health
- The foot assessment, foot advice and appropriate referral
- Preconceptual counselling and family planning advice (self-directed learning)
- Case studies: putting it into practice
- Use of audit to improve outcomes

Dates: please see provider website

Provider: Pitstop Diabetes

Delivery method: virtual

Level of Study: Intermediate

NHS England

PrePITstop diabetes key message (foundation level) course

1-day PrePITstop diabetes key message course focusing on essential type 2 diabetes and prediabetes management in primary care.

A resource pack, including a workbook, will be sent to you by post before the course date.

Dates: please see provider website

Provider: Pitstop Diabetes

Delivery method: virtual

Level of Study: Introduction

PrePITstop foundation update course

For HCPs who have previously completed the 3-day PrePITstop foundation or 1-day PrePITstop key message course and looking for an update

This 4-hour programme has been developed to update healthcare professionals who deliver the essential primary care services for people with type 2 diabetes and non-diabetic hyperglycaemia and have previously done a diabetes foundation course.

Dates: please see provider website

Provider: Pitstop Diabetes

Delivery method: virtual

Level of Study: Update

NHS England

Type 2 Diabetes Demystified

Our half-day online course covering the essentials that will make a difference to the care of people with Type 2 diabetes and boost our confidence in supporting them. Everything from assessing and managing risk; diagnosis, management and high impact lifestyle support; spotting emergencies and choosing drugs.

What we cover

- Screening for and preventing diabetes
- Prediabetes
- How to give high impact lifestyle advice and encourage self-management
- Nutrition and weight management
- Motivating behaviour change
- Macrovascular and microvascular complications
- Demystifying the baffling array of diabetes drugs; what first…and what next?
- Priorities of care; balancing lipids, blood pressure, renal function and HbA1c.

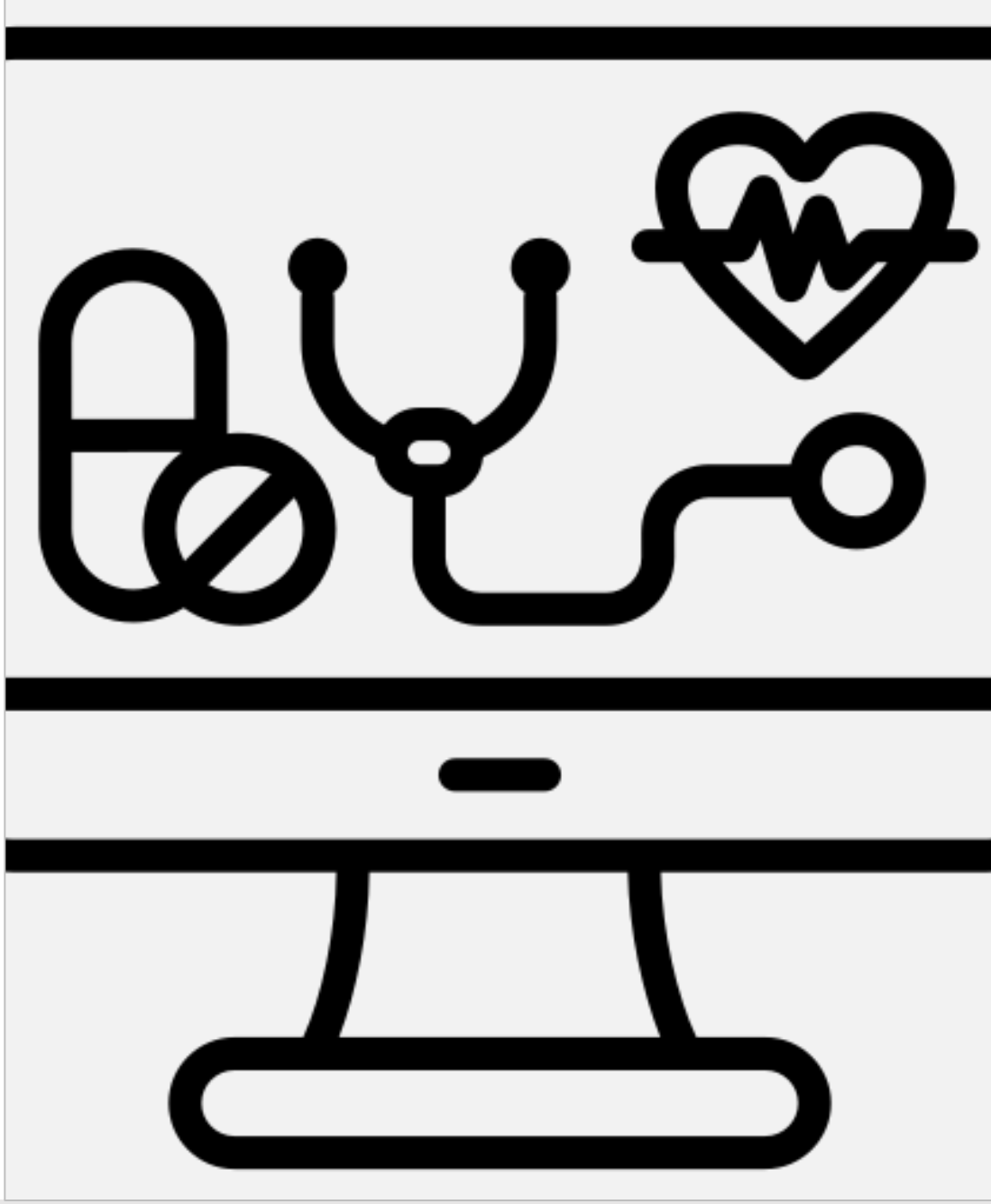
Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

Digital Health



NHS England

Digital Skills for Digital Health

For professionals interested in learning more about how they can play a part of the digital transformation in healthcare, this course explores the use of technology to improve patient care and population wellbeing and the shift from analogue to digital.

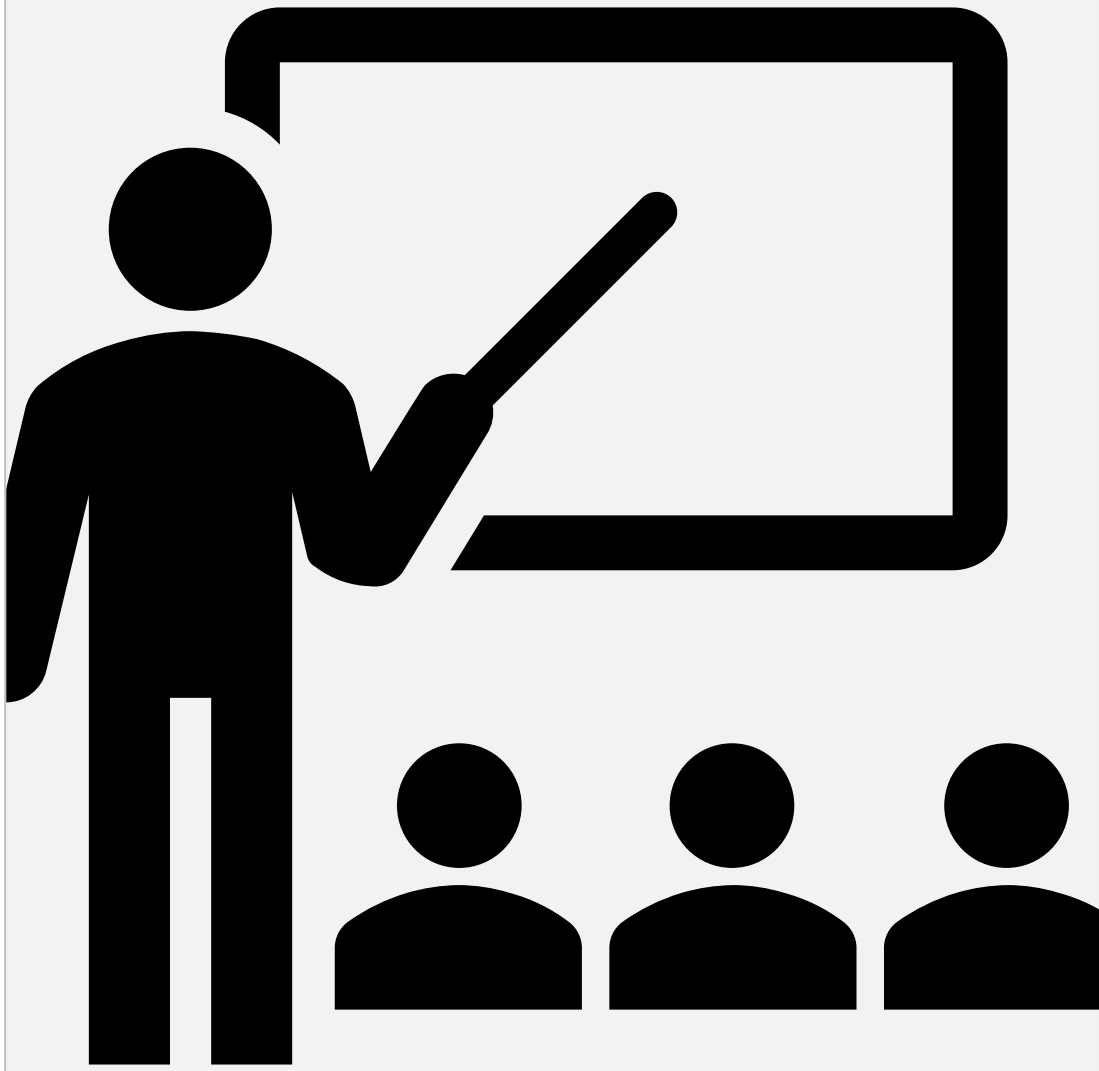
Dates: please see provider website

Provider: University of Winchester

Delivery method: blended

Level of Study: Level 7

Educator Training



NHS England

Teaching and Training Skills

This two-day course has an emphasis is on competence, fitness to practice and life-long learning. Underpinning this is that clinical specialists and experts take the lead in teaching and training to develop knowledge and skills. However, not everyone has the tools to teach knowing how to is the key to successful learning, this programme is designed to Train the Trainer.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

End of Life Care

NHS England

Care at the End of Life

This single practice-focused module explores death and dying from a professional practice perspective. This includes discussion of the principles of palliative care and notions of a 'good death'. You will evaluate ethical, legal and professional frameworks, and policy and service provision, and their applications across different cultural and practice settings. You will develop a critical awareness of the dying process and symptom management, communication and assessment, viewed within their cultural context. In the process, You will develop greater self-awareness of your attitudes to death, dying and loss, and how these impact on the dying person and their families.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: virtual

Level of Study: 7-20 credits

End of Life Care and Symptom Management

This course is suitable for qualified healthcare professionals who wish to develop their knowledge, understanding and skillset in caring for patients at the end of their lives, across all care settings. It is designed to deliver up-to-date theory and to allow discussion of advancements in practice including new interventions and technological developments. The taught content will be linked to your experiences allowing critical discussion of practice with other students on the course.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face to face, Uxbridge Campus

Level of Study: 20 credits, Level 6 or 7

NHS England

Grief, Loss and Bereavement

A one-day programme of study designed for Registered Nurses, Doctors, and Allied Health Professionals working in a variety of care settings, whose role may include supporting and advising patients who are end of life. This course provides the essential knowledge and information to prepare staff with confidence in how to manage loss and grief, for their patients and significant others. Bereavement and loss are frequently unaddressed topics within health care.

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Intermediate

Frailty

NHS England

Care of the Older Person with Frailty

The module will provide learners with the opportunity to develop their knowledge, skills and understanding of the complexity of assessment, planning, delivery and evaluation of care relevant to the older person with frailty in a variety of care environments including the home, community settings and hospital.

Learners will develop their practical experience and skills of caring for these patients within the clinical settings that they work in. The module will provide students with the opportunity to think critically and logically about issues pertinent to the acute care of the older person with frailty.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Community Rehabilitation: Healthy Ageing

For professionals supporting older adults in community or hospital settings, this course explores strategies to promote healthy ageing. The module introduces rehabilitation theories and interventions that support ageing populations.
Learners will develop critical thinking and self-managed clinical practice skills, with relevance to frailty services, urgent response teams, and reablement.

Dates: please see provider website

Provider: University of Winchester

Delivery method: blended

Level of Study: Level 7

NHS England

Frailty - Assessment, Risk Reduction and Management

This one-day course examines the factors that increase the risk of frailty and what the nurse, AHPs, as part of the multidisciplinary team can do to reduce risks and improve quality of life.

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Intermediate

Frailty Care

This course will support you to develop an understanding of the appropriate assessment and management strategies for the clinical care of a person with frailty. Current and relevant government and clinical guidelines will also be explored. You'll gain insight into the experiences of the frail older person and have the chance to reflect on prevention, assessment and to build strategies for frailty. You'll also explore issues relating to the management and development of healthcare services to enhance support for the person with frailty.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face to face, Uxbridge Campus

Level of Study: 20 credits, Level 6 or 7

NHS England

Interventions for frailty and falls

Ideal for clinicians working with older adults, this course focuses on evidence-based strategies to reduce frailty and prevent falls.

Learners will analyse epidemiological data, review policy frameworks, and evaluate interventions such as exercise, nutrition, and social engagement.

Dates: please see provider website

Provider: University of Winchester

Delivery method: blended

Level of Study: Level 7

GP Nurse Update

NHS England

GP Nurse Update

Our one-day online GP Nurse Update course is the essential update for primary care nurses, covering the most recent and relevant changes to guidelines and evidence. What we cover

Pharmacological obesity management: understand the new drugs used in weight management

Asthma: we cover the joint NICE, SIGN and BTS guideline

Falls: applying the NEW NICE guidance on falls: assessment and prevention

Cervical cancer screening and HPV testing: what we need to known following the National Screening Committee update

Erectile dysfunction: when to ask, and what to do

HIV: prevalence is increasing, we consider how primary care can make a difference

And lots more key topics for primary care!

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

Health & Wellbeing Promotion

NHS England

Advanced Health Promotion

In this module you will be introduced to behavioural theory as it relates to changes in health behaviour and lifestyle, as well as looking at the larger social dimensions related to lifestyle. You will be introduced to behavioural theory as it relates to changes in health behaviour and lifestyle, as well as looking at the larger social dimensions related to lifestyle. The module will also provide tools for: planning health promotion activities, considering the advantages and disadvantages of engaging communities in developing their own healthy lifestyles.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: blended

Level of Study: 7-20 credits

Wild Monday – Work Well Programme and Webinars

Open to ALL staff working in Primary Care in Thames Valley.
The Work Well Programme is a practical system of resources on topics at are relevant to frontline healthcare staff.

The package includes:

- Access to live monthly webinars that you can view at any time
- Training and support masterclasses for wellbeing leads
- Access to the Wellbeing QI Toolkit to support your practice to audit and improve wellbeing support
- Access to five-minute booster videos with simple, actionable steps to boost you, and your team's day-to-day wellbeing, even in times of stress

To register please go to providers website (see link above)

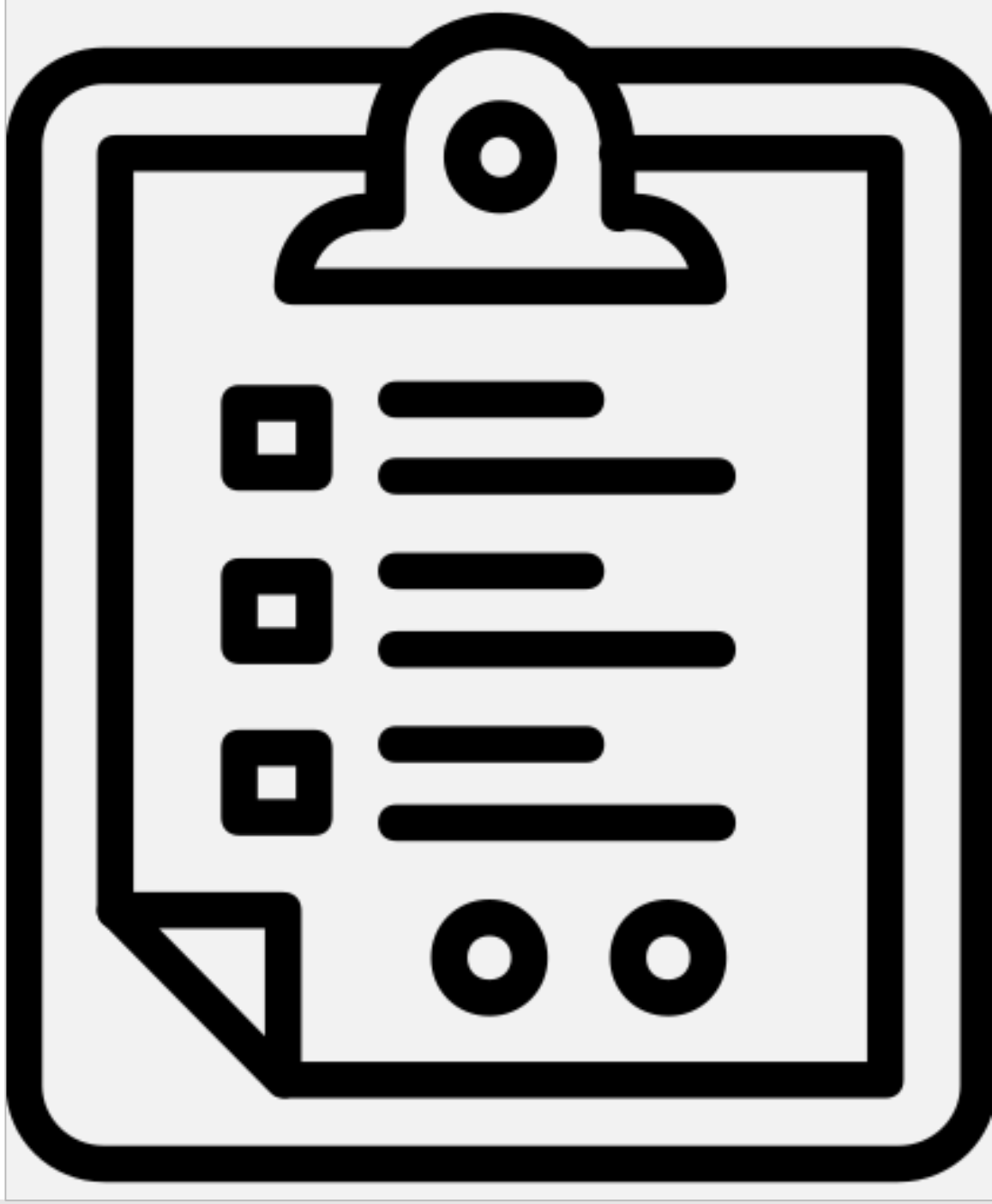
Dates: please see provider website

Provider: Wild Monday (You Are Not a Frog)

Delivery method: virtual

Level of Study: N/A

History Taking & Assessment



NHS England

Advanced History Taking and Assessment

This single, practice-focused module provides students with the opportunity to develop critical thinking by enhancing their knowledge and skills in taking a comprehensive patient history and performing a thorough physical and psychosocial assessment. Students are expected to demonstrate analysis and evaluation through their assessment skills, and ability to accurately communicate a patient / client health history and examination findings using appropriate terminology, reporting deviations from normal in a succinct manner to colleagues within the multidisciplinary team. Students must have support from their clinical manager to undertake this module because there is an expectation that students will be supervised in their practice area.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: face to face, Oxford/Swindon

Level of Study: Level 7

Advancing Clinical Decision-Making

This module will seek to enable clinical practitioners to interrogate and understand the complex factors underpinning decision-making in the context of health and social care. The module will underpin themes running through the advanced clinical pathways in significantly more detail. The aim, to embed critical thinking in clinical decision-making and the adoption of a systematic and empowered approach. Targeted at experienced nurses, midwives and AHPs already working at or towards an advanced level of practice.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

NHS England

Advancing Consultation and Clinical Assessment

This distance learning, single level 7 practice-focused module provides learners with the opportunity to enhance their knowledge, skills and critical thinking in undertaking patient consultation and clinical assessment. Learners will be guided and supported to develop and adapt their independent patient consultations and assessments in their clinical environment. Learners are expected to demonstrate elevated communication skills in presenting a client's health history and assessment findings, with an ability to critically analyse and evaluate their assessment skills and the effectiveness of the consultation process. Students must have support from their clinical manager to undertake this module because there is an expectation that students will be supervised in their practice area - see supervisor requirements.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Assessment of the Child in Primary Care

The two-day programme will cover common presentations, why children are different and the process of exclusion in making diagnosis as children often present with non-specific symptoms with both serious and non-serious illness. For nurses, doctors and allied professionals working in a primary care setting who need to develop and enhance their head-to-toe assessment skills of a presenting child (not neonates).

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Intermediate

NHS England

Comprehensive Assessment of the Older Person

This two-day course is aimed at nurses and allied health professionals it will enable the attendee to understand, recognise and use appropriate assessments as part of a systematic approach to improve the quality of assessment and outcomes of care for older people in acute or intermediate care settings.

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Advanced

Clinical Assessment and Biomedicine for Advanced Practice

Gain the skills required to assess patients across the patient journey, including knowledge of a wide variety of body systems and disorders. Take a history, complete a physical examination, and communicate your findings using appropriate terminology. With detailed knowledge of biomedicine, alongside findings from your clinical assessment you'll be able to produce evidence-based management plans which aid the patient. On this course, you will delve into various topics such as history taking using widely accepted consultation models to include medical, surgical, and mental health presentations across the lifespan.

You'll gain examination skills for the following systems:

Cardiac, Respiratory, Abdominal, Neurological, ENT, PV, Testicular and Prostate, Breast, Lymph, Ophthalmology, MSK and Dermatology in both adults and paediatrics.

Our study of biomedicine during the course will include the following:

- Anatomy, physiology and pathophysiology of the main body systems
- Biochemistry and microbiology
- Pathogenesis and clinical manifestations of disease
- Genomic and personalised medicine.

You'll be using evidence to understand the benefits and limitations of assessment methods and findings, Linking assessment with diagnosis and management. We will apply concepts in real-world scenarios and enhance your practical skills.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face-to-face, High Wycombe/Uxbridge

Level of Study: Level 7

NHS England

Decision making for healthcare settings

Designed for health and care professionals, this course enhances decision-making in complex clinical environments.

Learners will critically examine decision-making theories, risk management, and ethical frameworks. Topics include pattern recognition, uncertainty, and legal considerations. The course supports reflective practice and sound clinical judgement and enables learners to develop their decision-making skills and evaluate their own processes when dealing with rapidly changing situations, uncertainty, and risk.

Dates: please see provider website

Provider: University of Winchester

Delivery method: hybrid

Level of Study: Level 7

Diagnostic Reasoning in Practice

This Diagnostic Reasoning in Practice module is theory-based. It will enable you to critically appraise knowledge and evidence related to diagnostic tools used within practice. This knowledge will enable you to make efficient and effective decisions in relation to patients/clients healthcare needs and their management.

The main sciences will be applied to clinical practice and be developed using a problem based learning approach. This will involve you undertaking activities on the module Moodle site for each of the sciences.

This module requires on-campus attendance in alternate weeks on Wednesdays between 1-4pm.

This module is available to students on a postgraduate long award (PGC/PGD/MSc). **Non Advanced Practice students must contact the Module Leader before adding it to their programme. Module is also available as a standalone to associate students, please check entry requirements for details.***

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: blended, Headington

Level of Study: Level 7

NHS England

Enhanced Assessment and clinical reasoning skills for clinical practice

This masters level unit supports registered healthcare professionals working in primary, secondary, or urgent care to develop enhanced skills in physical assessment and clinical reasoning. Aimed at clinicians with at least one year of post-registration experience, it strengthens the ability to conduct structured history taking, physical examination, and appropriate diagnostic investigations. Learners will expand their understanding of anatomy, physiology, and pathophysiology while applying evidence-based approaches to clinical problem solving. The unit focuses on recognising normal and abnormal findings, identifying red flags, and forming preliminary diagnostic impressions to guide safe and effective patient management within diverse healthcare settings.

Dates: please see provider website

Provider: Health Sciences University

Delivery method: Blended, Bournemouth

Level of Study: Level 7

Enhanced Patient Assessment and Management

This Enhanced Patient Assessment and Management module provides you with the opportunity to develop a critical, problem-solving approach to the complex and holistic assessment and management of a discreet aspect of patient care, developing your knowledge in the relevant pathophysiology applied to stages of the assessment.
The module aims to develop your assessment skills to an enhanced level enabling you to recognise changes and respond to anomalies in the patient's clinical condition, planning, delivering, monitoring, and evaluating complex care and working effectively with the multidisciplinary team to optimise health and care delivery.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: face to face, Headington

Level of Study: Level 7

NHS England

History taking and assessment

Designed for practising health and care professionals developing advanced assessment skills, this course covers physical and mental health evaluations.

Learners will develop the knowledge and clinical skills required to systematically take a patient history, perform physical examinations and interpret diagnostic data. This will facilitate their ability to assess and manage patients with undifferentiated and undiagnosed conditions.

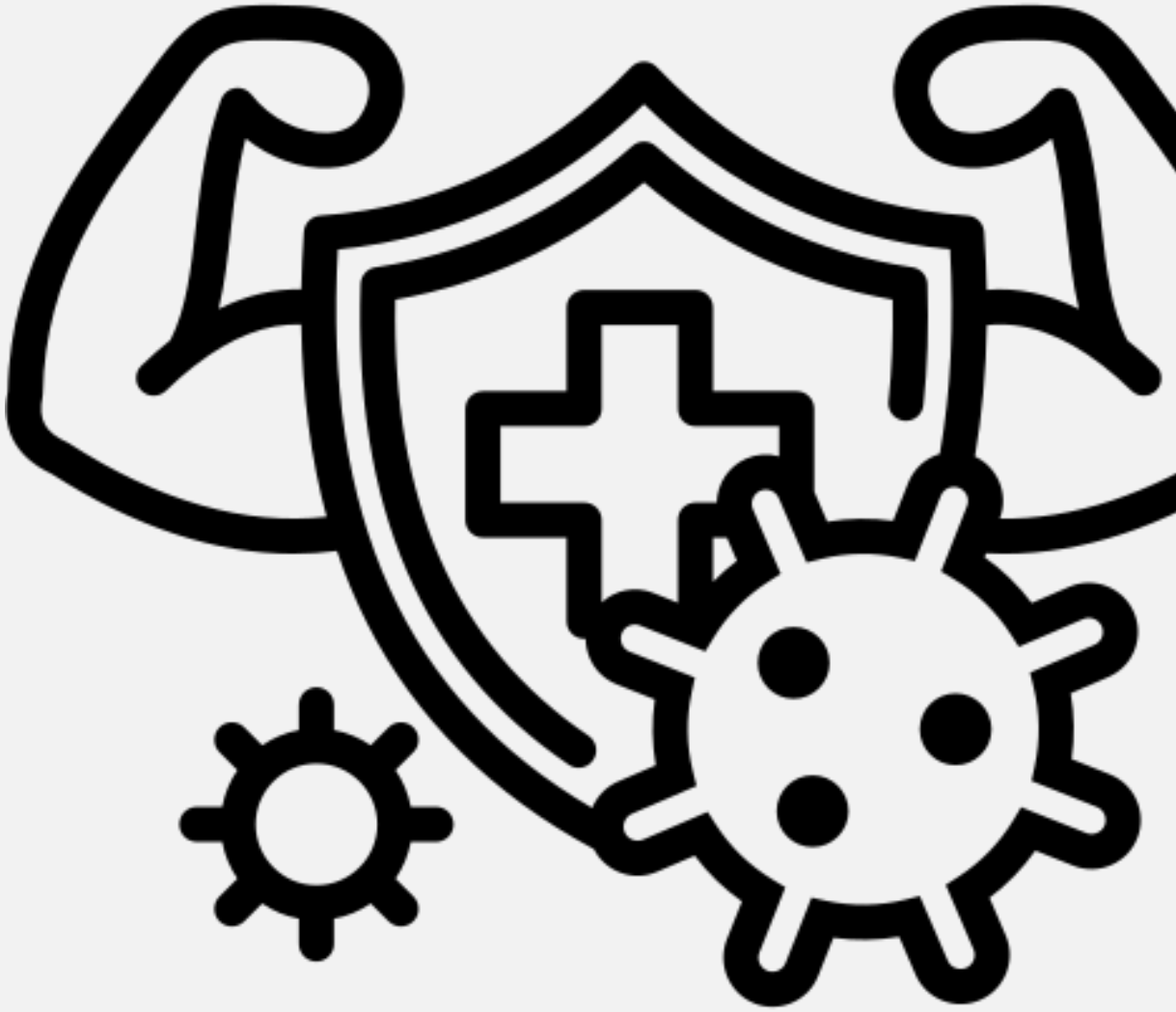
Dates: please see provider website

Provider: University of Winchester

Delivery method: face-to-face, Winchester

Level of Study: Level 7

Immunisation & Travel Health



NHS England

Annual OVG Immunisation Seminar AWAITING FUNDED PLACES

A one-day seminar for HCPs providing key updates and the latest news on the topic of immunisations.

This popular day seminar provides an ideal opportunity for practitioners to update their current immunisation knowledge and learn the latest news on the topic of vaccination.

Our target audience consists of (but is not limited to) practice nurses, health visitors, school nurses, community nurses and general practitioners.

Dates: please see provider website

Provider: Oxford Vaccination Group

Delivery method: face to face, Leonardo Royal Oxford Hotel

Level of Study: Intermediate

Immunisation Update - National cohort Immunisations (Adult/child)

An annual update of national cohort immunisations for both adults and children, for professionals who have already completed a two-day foundation course. This session content fulfils the mandatory requirements outlined in the Public Health England (2018) National Minimum Standards and Core Curriculum for Registered Healthcare Practitioners.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

NHS England

Childhood Immunisations

This 2-day course is for professionally registered staff involved in childhood vaccinations.

The programme follows the current Public Health England Standards for Immunisation, Department of Health guidance on childhood immunisation and the Green Book.

Dates: please see provider website

Provider: M&K Updates

Delivery method: virtual

Level of Study: Intermediate

Immunisation Training for Nurses & AHPs

This 2-day foundation course follows the guidelines of the National Minimum Standards and Core Curriculum for Vaccination Training (2025). It includes an overview of childhood and travel immunisations.

Dates: please see provider website

Provider: M&K Updates

Delivery method: virtual

Level of Study: Intermediate

NHS England

Immunisation Update - Travel Health

Successful completion of this half day travel vaccination update will enable participants to effectively conduct risk assessments, analyse and address unique vaccinations requirements, differentiate between NHS and private vaccine schedules, promote effective health measures and gain understanding of appropriate prophylaxis and malaria risk.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

Immunisation Update

A half-day online immunisation update training course, delivered via Microsoft Teams. This training is primarily targeted at healthcare professionals and healthcare support workers who already administer, promote and/or advise about vaccines. 3 CPD hours of participatory learning.

Dates: please see provider website

Provider: Oxford Vaccination Group

Delivery method: virtual

Level of Study: Intermediate

NHS England

Immunisation and Influenza Update

A short-day immunisation and influenza training course, targeted at healthcare professionals and healthcare support workers, who already administer, promote and/or advise about vaccines.

The content is:

- aligned with Public Health England National Minimum Standards and core curriculum for immunisation training for registered healthcare practitioners
- focused on both adult and paediatric national immunisation programmes and policies (not travel vaccines)
- aimed at all healthcare professionals who administer/advise about immunisation
- delivered by a range of local immunisation specialists

Dates: please see provider website

Provider: Oxford Vaccination Group

Delivery method: face to face, Oxford Thames Hotel

Level of Study: Intermediate

Introduction to Immunisation

A 2-day training course aimed at healthcare professionals and healthcare support workers new to the role of administering, promoting, and advising on vaccination.

Aims of course

To relate to practice and emphasise key learning points for each content area outlined within the Public Health England National Minimum Standards and core curriculum for immunisation training for registered healthcare practitioners
To address current issues and be informed about local resources and teams to support practice
To provide a platform for delegates to ask questions

Dates: please see provider website

Provider: Oxford Vaccination Group

Delivery method: face to face, Oxford Thames Hotel

Level of Study: Intermediate

NHS England

Introduction to Immunisations for the Registered Professions

Designed specifically for Registered Nurses and Allied Health Professionals new to immunisation practice, this course provides essential training on the national immunisation schedules for both adults and children. The curriculum is structured around the Public Health England standards, encompassing vaccine schedules for influenza, PPV, Shingles, MMR, COVID-19, and the management of childhood immunisations, including catch-up programs as per Green Book Guidance.

Dates: please see provider website

Provider: BBO Training

Delivery method: face to face, Lambert Hotel, Oxfordshire

Level of Study: Introduction

Introduction to Travel Health

This is a two-day course providing HCPs with an introduction to Travel Health.

Educating participants of travel medication, risk assessment, travel risk reduction, vaccine preventable diseases, health promotion and preventative measures, vaccine schedules for safe effective travel service within Primary Care.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

NHS England

Tuberculosis (TB), Mantoux & BCG Immunisation Training for Nurses

This comprehensive course is suitable for health care professionals who will be providing Tuberculosis (TB) immunisation services including nurses, occupational health workers, midwives, neonatal nurses, school nurses and allied health professionals working in primary care. The course is also suitable for anyone who is required to perform scar checks and/or provide BCG vaccination and related screening, or just has a general interest in TB vaccination services will find this course useful.

Dates: please see provider website

Provider: M&K Updates

Delivery method: virtual

Level of Study: Intermediate

UK Clinical Vaccine Network Conference

Through year-round engagement – including expert discussions, working groups, and a quarterly newsletter – we engage and promote our membership. Our annual conference serves as the flagship event, bringing together key experts to discuss latest developments and provide a unique opportunity for networking.

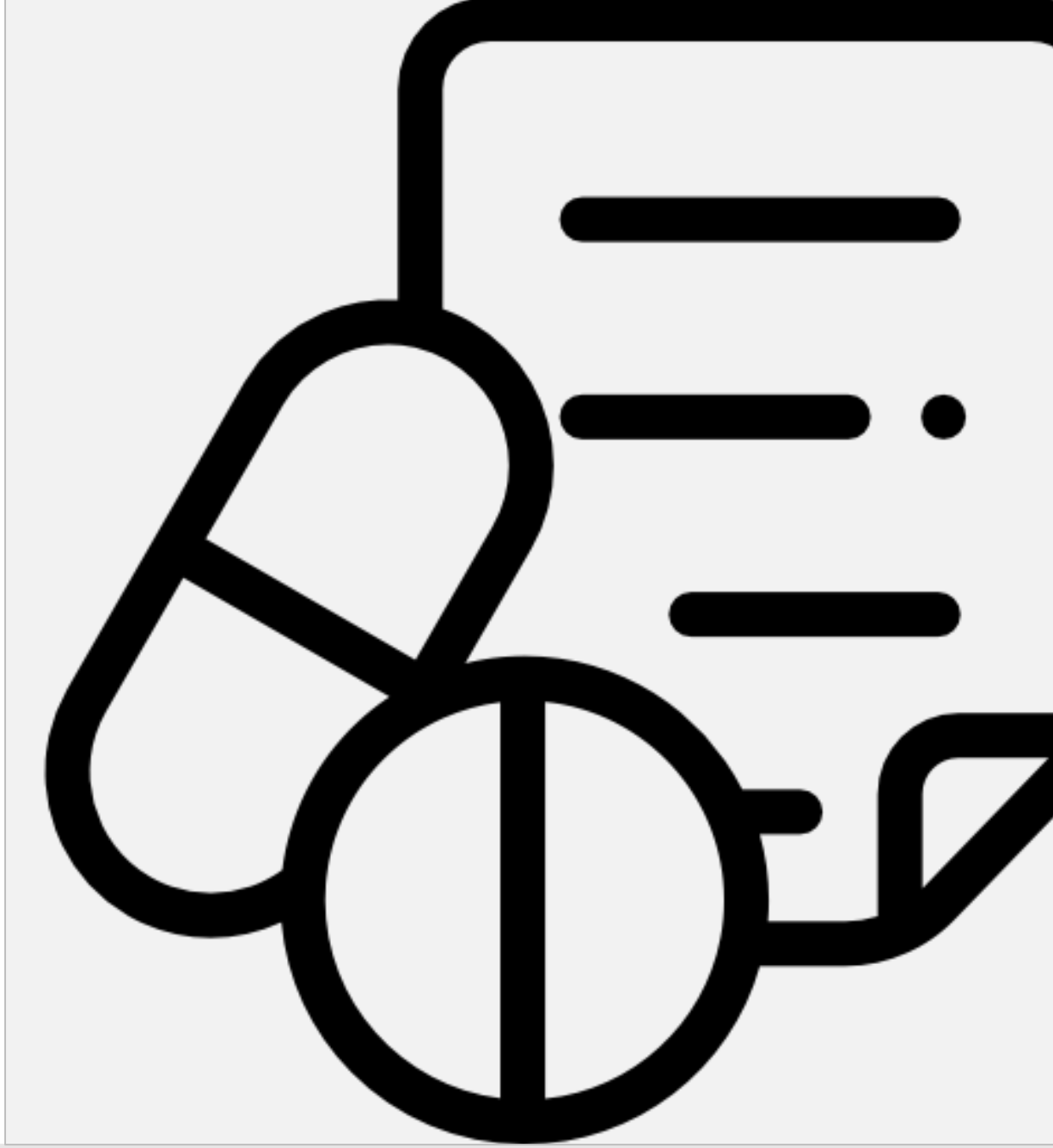
Dates: please see provider website

Provider: Oxford Vaccination Group

Delivery method: Online and face to face

Level of Study: Intermediate

Independent Prescribing



NHS England

Non-medical Prescribing Update

This informative and interactive one-day NMP Update course, designed for primary care health professionals who are seeking to enhance their prescribing skills and stay up-to-date with the latest developments in general practice. This course empowers you to provide safer and more effective care to your patients through informed and responsible prescribing practices.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

Non-medical Prescribing Update

This course is suitable for any prescriber who would like an update on current issues in prescribing practice. Providing outcomes of principles for safer prescribing, prescribing in children, frailty and renal impairment, prescribing for acute and long-term conditions and the medico-legal and ethical issues in healthcare.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Update

NHS England

Non-medical Prescribing Update Day

This one-day update course is designed for all non-medical prescribers to develop and maintain safe and effective prescribing practice. You will explore contemporaneous issues and challenges relating to prescribing practice and evaluate your individual prescribing scope of competence.

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Intermediate

Prescribing Safely in Geriatrics and Frailty Patients

A comprehensive approach to prescribing safely in geriatrics and frailty patients for any clinical setting. The course will explore the most relevant conditions presented in elderly care providing examples, patient cases and an interactive approach with attendees. The aim of the course is to allow attendees to explore the most relevant conditions in elderly care with a prescribing approach - so you will be able to identify adverse drug reactions, learn how to use tools to prescribe and de-prescribe safely, and how to manage a patient using an MDT approach.

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Advanced

Leadership Development

NHS England

Clinical and Professional Leadership

This Clinical and Professional Leadership module will help you gain a systematic understanding of current thinking about the processes of facilitating a culture of collaborative and inclusive leadership within complex public sector organisations.

It aims to help you to integrate the emergent changes in leadership theory within the practice environment and the impact of applying traditional private sector leadership styles uncritically within the public sector organisations.

It explores the relationship between transactional and transformational leadership and evaluates your ability to review, consolidate and extend their knowledge within your leadership role. The module explores how the effects of leadership on clinical teams influence the quality of healthcare.

You will be assessed 100% through coursework. This module can be taken as a standalone module over 6 weeks or as part of a programme of study.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 6

Coaching and Mentoring in Health and Social Care

This Coaching and Mentoring in Health and Social Care module is designed to enable you to explore the context, theory and application of coaching and mentoring within health and social care organisations.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: face to face, Headington

Level of Study: Level 7

NHS England

Data Analysis and Interpretation

This Data Analysis and Interpretation module offers you the ability to understand and evaluate statistical data with the use of software. You will also gain an understanding of how appropriate statistical techniques are chosen for a particular context.

You will develop information technology and academic writing skills to present and interpret statistical information in a report. This module does not assume previous statistical knowledge and the analyses included in the teaching and assessment are those which are commonly seen in health-related research and policy papers. You will be assessed 100% through coursework.

The module can be taken on campus in the September run (12 weeks) and online in the January run (6 weeks). You may also take this module as part of a programme of study.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: blended

Level of Study: Level 7

Improving the Quality of Healthcare

This course will enable healthcare professionals to critically explore the conceptual foundations of quality and governance in the context of their own working environment. You will gain an understanding of the broader theoretical concepts of quality and clinical governance initiative. It challenges accepted notions of measuring quality and performance in complex situations and explores how practitioners can develop more appropriate and effective frameworks. You will be introduced to the complexity of change management and the dilemmas in achieving organisational change through clinical governance.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: virtual

Level of Study: 6-15 credits

NHS England

Integrated System leadership

This course is for health and social care professionals seeking to enhance their leadership practice in complex systems.

Dates: We are taking expressions of interest for this course to commission a Primary Care cohort

Provider: University of Winchester

Delivery method: blended

Level of Study: Level 7

Leadership and Management in Healthcare

This short course will help develop your skills in leadership and management. Many of our lecturers maintain clinical currency by working in practice to ensure you receive the most up-to-date insights and training.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: blended, Uxbridge Campus

Level of Study: 20 credits, Level 6 or 7

NHS England

Mastering Professional Practice

This Mastering Professional Practice module is designed for postgraduate students who are registered health care professionals. It aims to extend your understanding of professional practice beyond that of competence to one of mastery.

In this module we'll examine the nature of professional practice, including the concepts and theoretical perspectives of your own profession. You'll analyse and debate key theories and issues in the advancement of your professional practice. You'll be able to blend this knowledge with your own experiences to arrive at a new way of knowing and enacting your professional role.

You'll be supported in the enhancement of self-awareness and personal/professional growth through the use of strategies that include reflective practice and critical thinking. You will be facilitated in analysing and debating real issues from your practice, using student-centred learning approaches such as online action learning and online group discussion. You will be assessed 100% through coursework.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Operational Management in Health and Social Care

This Operational Management in Health and Social Care module aims to provide you with an opportunity to examine the way in which the Health and Social Care environment utilises and controls its functions and resources.

You'll examine the national and local strategic and policy framework and implementation mechanisms involved and reflect on how these operate in your setting. You'll seek to maximise the efficiency and effectiveness with which you operationalise national policy and enable its translation into organisational policy and strategy. You'll identify and assess the benefit you are able to derive for the end user in doing so.

You will be assessed 100% through coursework. This module can be taken as a standalone module of 200 hours of study over 12 weeks or as part of a programme of study. You will be assessed 100% through coursework.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: face to face, Headington

Level of Study: Level 7

NHS England

Public Health Leadership

Engage in inter-professional learning on a topic fundamental to delivering public health services - leadership.

We'll equip public health practitioners at all stages of the leadership spectrum to develop and apply the relevant
-knowledge base
-research evidence
-concepts
-and skill-sets
to be effective leaders in both public and private sector health and care environments.

This module seeks to enhance leadership practice at personal, organisational and inter-organisational levels. We'll discuss core theories of leadership and management and how they can be applied to developing teams to improve engagement and operational performance.

There will be a strong emphasis on personal development. We'll promote a learning community where you can nurture a network of learning relationships to support current and future leadership development.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Three Step Leadership and Management

This 3-day course enables development of skills in managing yourself, your job and managing others. Focusing on key elements such as your team role, personal developmental needs, time management, confidence, effective communication skills, managing difficult working relationships, leadership styles, use of power and influence, negotiation and conflict resolution strategies and improving job performance

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Advanced

Lifestyle Medicine

NHS England

Lifestyle Medicine

Our one-day online course designed to blend the latest medical insights with practical lifestyle strategies, ensuring a holistic approach to health. Suitable for anyone working to support patients and populations with making health behaviour change.

What we cover

- Why is lifestyle medicine needed?
- The scale of the problem
- What is a modern developed lifestyle?
- Why lifestyle medicine ?
- The social determinants of health
- 6 pillars of lifestyle medicine - Nutrition; Physical activity; Sleep; Minimizing harmful substances; Mental wellbeing and stress; Healthy relationships
- Putting lifestyle medicine into practice - As an individual; As a practice; At network/cluster level
- National initiatives e.g. Active practice and Parkrun practice
- Group consultations
- Health coaching and behaviour change
- Starting a walk, jog or swim at your practice, network or cluster
- Completing the Red Whale Lifestyle Medicine course and reading the associated articles will provide the additional training required to practice as a GPwERLM.

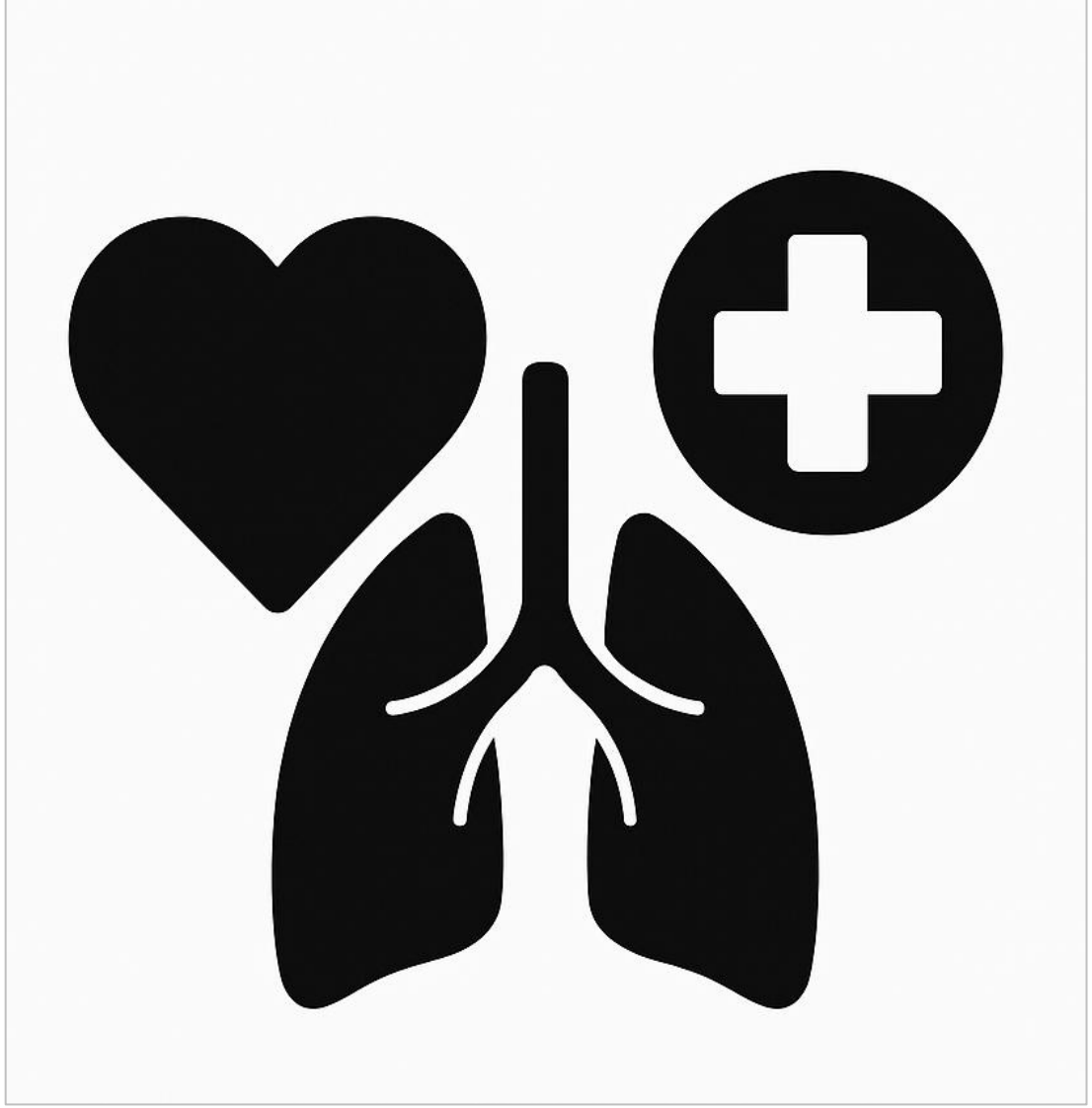
Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

Long Term Conditions



NHS England

Chronic Kidney Disease

This course is suitable for anyone who would like to develop their knowledge and understanding of the diagnosis and holistic management of chronic kidney disease (CKD). It covers risk factors, diagnostic tests, and the pharmacological and lifestyle interventions that can optimise outcomes including blood pressure and lipid management. The course is built around two key case studies which help you to put theory into practice.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Intermediate

Community Rehabilitation: Long-term Conditions

This course is for health and care professionals working with people living with long-term conditions, focusing on physical activity and behaviour change. This course is for health and care professionals working with people living with long-term conditions, focusing on physical activity and behaviour change.

Dates: please see provider website

Provider: University of Winchester

Delivery method: hybrid

Level of Study: Level 7

NHS England

Diagnosis & Management of Vitamin B12 Deficiency

This 1-day course will adhere to guidance from NICE (2024) which aims to improve the diagnosis and management of vitamin B12 deficiency, in order to reduce complications and improve quality of life for people with suspected or confirmed vitamin B12 deficiency.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Stroke Care

This module enables you to gain knowledge and understanding of the care of an individual who has had a stroke. The role of the health care practitioner in various environments will be explored. You'll be supported to gain a deeper understanding of the risk factors contributing to a stroke, before acute interventions are explored and analysed.
Focusing on therapeutic interventions, decision making and education of rehabilitation.

You'll be equipped with strategies that promote awareness of high-quality care, which in-turn will influence patient safety and satisfaction.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: distance learning

Level of Study: 20 credits level 6 or level 7 or non accredited

Men’s Health

NHS England

Men's Health

Our full-day online course is a comprehensive and evidence-informed approach to dealing with men's health issues in primary care. Everything from cancer to erectile dysfunction, cardiovascular and much more.

What we cover

- PSA testing in asymptomatic men
- LUTS and prescribing in LUTS
- Abdominal aortic aneurysm (AAA)
- Suicide/perinatal mental health
- Acute prostatitis
- Acute scrotal pain
- Urinary tract infections in men
- Testicular cancer
- Haematospermia

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

Men's Health Day

Awaiting info

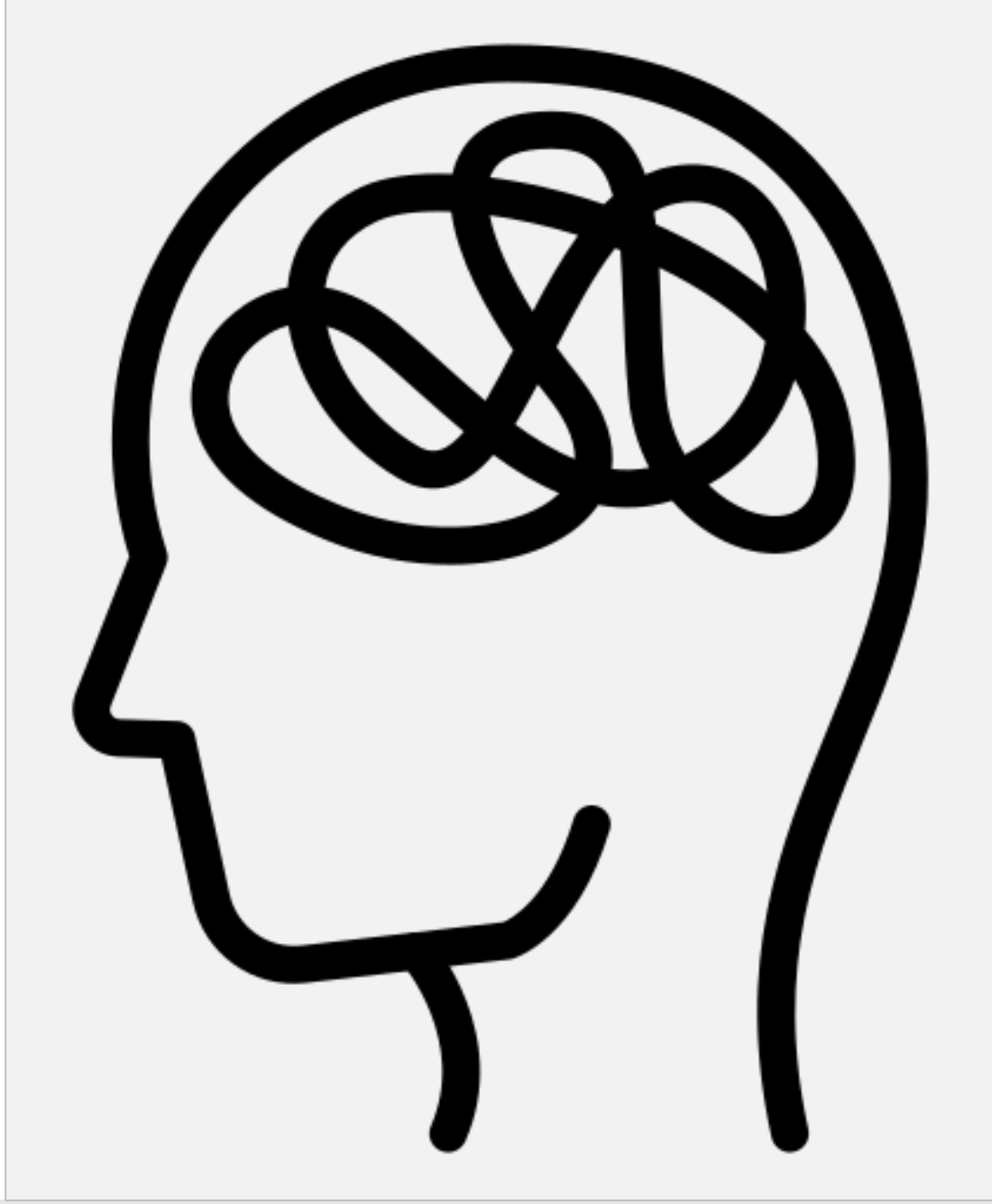
Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

Mental Health



NHS England

Advanced Therapeutic Mental Health Skills for Practitioners

This course is designed for qualified adult nursing staff, and will help you develop your experience and skills to work effectively and compassionately with patients diagnosed or exhibiting mental health symptoms. Led by our supportive and experienced staff, this module will cover:

- principles, and defining mental health and mental disorder
- depression, anxiety and psychosis
- care of the young person
- trauma in mental health care
- substance use and misuse.

On successful completion of the module, you should be able to:

- demonstrate the professional confidence, knowledge and skills required to identify and deliver evidence-based good practice when caring for patients with complex mental health conditions
- critically agree a plan of care that will enable a therapeutic alliance, inform a differential diagnosis and make appropriate referrals to mental health services based on evidence based practice
- develop appropriate management plans for patients diagnosed with mental health conditions/symptoms on the basis of effective person-centred risk/safety assessments and evidence based practice
- communicate effectively with patients with complex mental health needs using the three phase model.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face to face, Uxbridge Campus

Level of Study: 20 credits, level 6 or 7 or non accredited

Managing Mental Health in Non-Mental Health Settings

This course supports health and care professionals in recognising and responding to mental health needs in general healthcare settings.

There is a focus on decision making that underpins clinical
assessment and treatment of mental ill health. Learners will develop the knowledge and clinical skills required to identify and respond to a mental health presentation and be involved in formulating a safe, evidence based and collaborative treatment plan. Students will critically reflect on how theories of education and leadership impact on leading and managing their teams and services.

Dates: please see provider website

Provider: University of Winchester

Delivery method: hybrid

Level of Study: Level 7

Mental Health

Our one-day online Mental Health course is designed to give you a range of tools and skills you can use within a 10-minute consultation, and a structured approach to mental health appointments. What we cover

Creating new narratives for a range of mental health disorders - and how to explain these effectively in a way that helps patients to get better

Evidence-based management including therapies and drug dilemmas - everything from psychological therapy to drug-based treatments, self-care and promoting physical health

Bread and butter conditions like depression and anxiety - practical skills we can use with patients, promoting self-care, resources to share and pitfalls to avoid

Recognition and management of other common mental health conditions including PTSD, OCD, eating disorders and perinatal mental health problems

'Microskills' for improving wellbeing like behavioural activation, problem-solving and self-compassion that you can start using with patients the next day

Managing risk and complexity – assessing risk and supporting individuals with complex conditions like bipolar disorder, psychosis, and those at risk of suicide.

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

Mental Health and Learning Disability

This course will support staff to enhance their knowledge and skills in mental health and learning disability care within the Primary Care setting. Day one will have an overview of mental health disorders and appropriate interventions, an introduction to performing annual review for mental health patients. Day two will define and identify a range of learning disabilities and explore their impact on individuals' lives and strategies for support. There will also be an introduction for performing annual reviews for learning disability patients.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

NHS England

Self Harm and Suicide Awareness

Course participants will gain a better understanding of patients presenting with self harm and suicidal thoughts. After completion of the course, you will be able to identify risks and assist patients by providing appropriate care and support, referring them to the correct services for ongoing treatment.
This course has a multidisciplinary approach and will be attended by Nurses, Doctors, Allied Health Professionals (AHPs), Healthcare Assistants (HCAs) and anyone who comes into contact with people with Self Harm or Suicidal thoughts.

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Introduction

Understanding Mental Health in Primary Care

This two-day course is intended to give practitioners and introductory overview of several mental health conditions. It will also look at cultural aspects, history taking, and enabling people to gain a deeper understanding of a wide range of conditions.

Dates: please see provider website

Provider: M&K Updates Ltd

Delivery method: virtual

Level of Study: Introduction

Minor Illness & Injury

NHS England

Assessment and Management of Minor Injuries in Primary Care

This is a two-day online course. There are so many injuries aches, and pains that find their way onto lists in General Practice. This course can be used as an update for those already seeing injuries or as the basis to learn and understand MSK examination and management of a wide range of injuries seen in Primary Care.

Dates: please see provider website

Provider: Aspire Clinical Training

Delivery method: virtual

Level of Study: Intermediate

Clinical Management of Minor Injury and Illness

This module aims to provide you with an in-depth understanding of the assessment, diagnosis, and management of minor injuries and illnesses across the lifespan. We enable you to develop advanced clinical skills in the context of primary care or urgent care settings.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: blended, Uxbridge Campus

Level of Study: 30 credits, Level 6 or 7

NHS England

Introduction to Minor Illness

These two days are dedicated to nurses and other allied healthcare professionals who are either new to or revisiting the realm of minor illness assessment and treatment. The course progression is designed to take you from foundational knowledge to more confident and adept management of patients, encompassing both adults and children.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

Management of MSK Presentations and Injuries

This is a two day online course.

There are so many injuries aches, and pains that find their way onto lists in General Practice. This course can be used as an update for those already seeing injuries or as the basis to learn and understand MSK examination and management of a wide range of injuries seen in Primary Care.

Dates: please see provider website

Provider: Aspire Clinical Training

Delivery method: virtual

Level of Study: Intermediate

NHS England

Minor Illness Update

By catering to experienced registered healthcare professionals already practicing in the area of minor illness, this 'Minor Illness Update' Day equips participants to elevate their existing skills, apply the latest insights, and enhance patient care through informed, compassionate, and effective practices.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

Minor Illness Update Update Day

This one study day is updated for every delivery and covers new and recent guidance on Minor Illnesses seen in Primary Care.

The day looks at what national ailments are causing issues currently, whilst exhaustive, may include other illness.

Time for peer discussion is included and encouraged in order to share the wealth of knowledge and expertise seen in Primary Care.

Dates: please see provider website

Provider: Aspire Clinical Training

Delivery method: virtual

Level of Study: Intermediate

NHS England

Paediatric Minor Illness: Assessment and Management in Primary Care

This is a two-day online course. This course aims to builds confidence and competence in the Management of Paediatrics in Primary Care. The course can be used as an update for those working with children in Primary Care, but also aims to encourage and support practitioners to see younger children in practice.

Dates: please see provider website

Provider: Aspire Clinical Training

Delivery method: virtual

Level of Study: Intermediate

Theory and Practice of Minor Illness Management in Primary Care

This 6-month course covers all areas of Minor Illness. The aim of the course is to enable a practitioner to have the skills, confidence and competence to work in a Minor Illness setting. This may be someone upskilling within Primary Care or a practitioner joining Primary Care from Secondary or Tertiary care.

Dates: please see provider website

Provider: Aspire Clinical Training

Delivery method: face to face, Mercure Lambert Hotel

Level of Study: Intermediate

Musculoskeletal Conditions

NHS England

Annual Injection Therapy Competency Day

Maintain, Refresh and Advance Your Injection Therapy Practice.

This 'new' practical and interactive annual one-day competency course will enable injection therapists to maintain and evidence ongoing competency in Injection Therapy. This engaging and practical one-day programme provides an opportunity to revisit both common and less frequently performed injection procedures, while exploring recent developments, best practice guidance and current clinical thinking.

Dates: please see provider website

Provider: Society of Musculoskeletal Medicine (SOMM)

Delivery method: virtual

Level of Study: Update

Cervical Spine & Upper Limb Foundation Unit 1

A 4 day unit covering the cervical spine, shoulder, elbow and wrist/hand. The unit is highly practical and combines this with theory lectures, clinical reasoning, and a review of functional anatomy.

This unit provides core training that enables clinicians working in the MSK field to examine, diagnose and treat common disorders accurately and effectively. The units are ideally suited to clinicians working with MSK patients in all settings including hospital out-patients (physiotherapy, rheumatology), sport, general practice, private practice and orthopaedics.

Dates: please see provider website

Provider: Society of Musculoskeletal Medicine (SOMM)

Delivery method: blended

Level of Study: Intermediate

NHS England

Lumbar Spine & Lower Limb Foundation Unit 2

A 4 day unit covering the lumbar spine, hip, knee and ankle/foot. The unit is highly practical and combines this with theory lectures, clinical reasoning, and a review of functional anatomy.

This unit provides core training that enables clinicians working in the MSK field to examine, diagnose and treat common disorders accurately and effectively. The units are ideally suited to clinicians working with MSK patients in all settings including hospital out-patients (physiotherapy, rheumatology), sport, general practice, private practice and orthopaedics.

Dates: please see provider website

Provider: Society of Musculoskeletal Medicine (SOMM)

Delivery method: blended

Level of Study: Intermediate

MSK and Chronic Pain

Our one-day online MSK and Chronic Pain course is designed to give you a whole new set of skills, and revitalise your enjoyment of caring for patients with long term MSK conditions and chronic pain. What we cover

The science behind chronic pain and why all pain is felt in the brain

Skills to assess pain using a full range of biopsychosocial tools and how you can translate this assessment into supporting patients with self-care

Skills around promoting health behaviour change and patient activation

The 'bad boy' drugs opiates and gabapentinoids and how, when and whether we should be deprescribing

Peripheral, regional MSK issues involving case-based learning: shoulders, elbows, hands, hip, knee, foot and ankle problems

The MSK big three: back pain, osteoarthritis and inflammatory arthritis and ideas to take back to the practice.

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Advanced

NHS England

Musculoskeletal Problems in General Practice

These two days are dedicated to nurses and other allied healthcare professionals who are either new to or revisiting the realm of minor illness assessment and treatment. The course progression is designed to take you from foundational knowledge to more confident and adept management of patients, encompassing both adults and children.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Spinal Manual Therapy Masterclass

This one-day course aims to provide clinicians with a great overview of the current evidence base surrounding Manual Therapy and allow students to learn new effective treatment techniques for the Cervical, Thoracic and Lumbar spine.

Manual therapy techniques taught on the course will be 'Musculoskeletal medicine' techniques and students will cover the cervical, thoracic and lumbar regions. There will be case based discussions and students will be encouraged to explore how they would integrate spinal manual therapy into a holistic treatment approach for their patients. There will also be lectures looking at the history of manual therapy, evidence-based practice, critical thinking and the future of manual therapy in physiotherapy practice.

The course is multi-professional, and you will learn in a welcoming relaxed environment, guided by experienced SOMM tutors. The day will be highly interactive and there will be ample opportunities to discuss how the new treatment techniques could be integrated into your day-to-day clinical practice

Dates: please see provider website

Provider: Society of Musculoskeletal Medicine (SOMM)

Delivery method: face to face

Level of Study: Advanced

NHS England

Thoracic Spine, Sacroiliac Joint & Advanced Techniques Unit 3

The unit 3 (thoracic spine, sacroiliac joint & advanced techniques) is open to people who have completed both units 1 (cervical spine & upper limb) and unit 2 (lumbar spine & lower limb).

A 5-day unit (4 days plus exam day) covering the thoracic spine and sacroiliac joint, advanced techniques, principles of lumbar injections, and a review of units 1 & 2 in preparation for the Society of Musculoskeletal Medicine membership examination on the final day. This unit can also be valuable as a refresher course for those who have attended our units previously.

Units 1, 2 and 3 provide core training that enables clinicians working in the MSK field to examine, diagnose and treat common disorders accurately and effectively. The units are ideally suited to clinicians working with MSK patients in all settings including hospital out-patients (physiotherapy, rheumatology), sport, general practice, private practice and orthopaedics.

An exam is taken after Unit 3 and this, with completion of a portfolio reflective essay and professional development plan leads to the SOMM Diploma in Musculoskeletal Medicine. The SOMM Diploma is credit rated by Queen Margaret University, Edinburgh, and is worth 60 credits at Master's level.

Dates: please see provider website

Provider: Society of Musculoskeletal Medicine (SOMM)

Delivery method: blended

Level of Study: Intermediate

Theory & Practice of Injection Therapy Course

Our injection Therapy module is endorsed by the Chartered Society of Physiotherapy (CSP). The Theory and Practice of Injection Therapy module is credit rated by Queen Margaret University, Edinburgh, and is worth 20 credits at Master's level.

Reflects the latest MSK practice and evidence in injection therapy. The balance of theory lectures and practical sessions is well-maintained. Each injection technique will be covered in detail with relevant anatomical knowledge, current evidence and clinical guidelines in this field. The module presents an analysis and critical appraisal of the evidence for the appropriate use of injection therapy in MSK practice. It endeavours to encourage students to explore this for themselves during their training and enhance their clinical reasoning skills and critical thinking.

The SOMM Theory & Practice of Injection Therapy course requires access to MSK patients, an eligible supervisor, completion of 10 supervised injections, and is aimed at experienced registered healthcare professionals working in MSK care

This course comprises of Unit 1 & Unit 2, Unit 2 occurs 6 months post completion of unit 1. Total length of course is 5 days (3 days - unit 1 & 2 days - unit 2)

Please note following your funding application you will be required to complete an additional information form to ensure you adhere to CSP, SOMM & NHSE funding requirements. (Funding decision if approved is confirmed from November 2026 onwards)

Dates: please see provider website

Provider: Society of Musculoskeletal Medicine (SOMM)

Delivery method: Face-to-face

Level of Study: Advanced

Nutrition and Hydration

NHS England

Fundamentals of Human Nutrition

This module will help you understand the basic principles of biochemistry and physiology and why they are essential in the study of nutrition. For this reason, the underlying biochemistry and physiology form the backbone of this module. The main emphasis is on nutrients required by humans, their sources in food in the UK and worldwide. Other aspects covered include the critical assessment of dietary reference values and nutrient intake.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: face to face, Headington

Level of Study: Level 7

Older People

NHS England

Older People and Frailty

Our half-day online course where we explore key concepts and skills which are crucial in supporting our older patients - both at home and in nursing home settings. We explore real-life case scenarios and tools you can use at the surgery, on home visits or out in nursing homes. What we cover

What is normal ageing…and what isn't?

The terrible triplets - Frailty, multimorbidity and polypharmacy

How to do a really good medication review and feel good about deprescribing

The three D's of deterioration - delirium, depression and dementia

Common primary care problems - Falls.

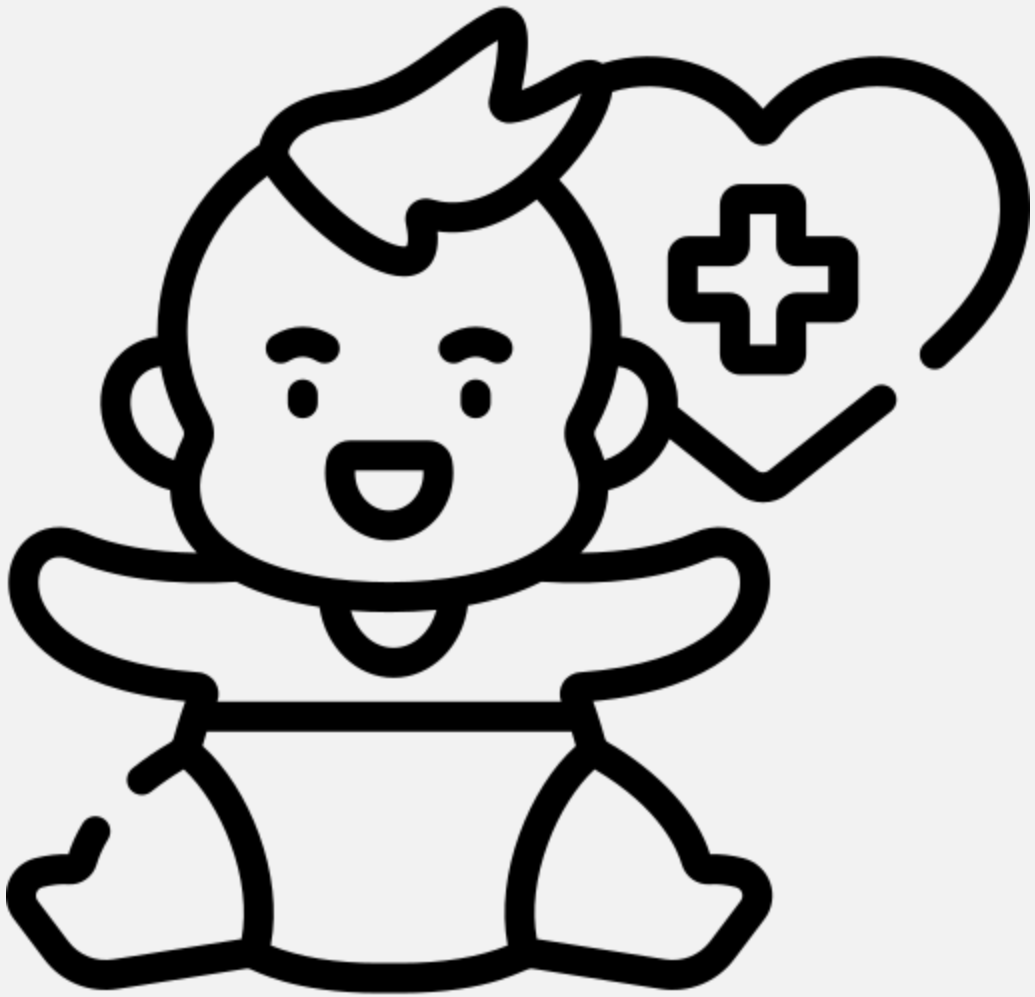
Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

Paediatric



NHS England

Child and Adolescent Mental Health

Our half-day online course covers key topics on child and adolescent mental health in primary care. Designed to support primary care clinicians who see and manage children and adolescents with mental health problems, to build their skills in this area. What we cover

Assessing children and adolescents with mental health concerns

Understanding the impact of adverse childhood experiences (ACEs) on mental and physical health

Building skills in the recognition and management of depression and anxiety in children and young people

Some key microskills to support young people while they wait to be seen

Spotting and referring eating disorders

Developing your skills in how to assess and support young people with self-harm

How to talk about and assess suicide risk

Understanding neurodiversity in a CAHMS setting; ADHD, autism and Tourette's disorder.

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

Psychosocial Care of Children, Adolescents and their Families

This Psychosocial Care of Children, Adolescents and their Families module opens with a focus on developing psychosocial assessment skills from a sound theoretical basis. It then moves on to explore how using your assessment of family strengths and difficulties can inform planned interventions. A range of therapeutic approaches are introduced and you are encouraged to reflect on their use within your specific practice environment. This module will develop your understanding of the psychosocial needs that are expressed through a child's behaviour and emotions, and your ability to identify and implement ways of managing them.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

NHS England

Risk and Protection of Children

This module in Risk and Protection of Children critically examines contemporary childhood from an international perspective with a particular focus on children's experiences of harm in society. You will have the opportunity to understand the legal and policy contexts of child protection and safeguarding work.

The module explores explanatory models for understanding child maltreatment, along with evidence of the signs and symptoms of significant harm to children, including incidence and prevalence rates.

You will be required to critically appraise international research evidence on the risk factors associated with child abuse and neglect. Child protection interventions and responses to child maltreatment will be debated in relation to social and cultural contexts.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Public Health

NHS England

Communicable Disease and Public Health

This practice-focused module will enable you to develop a sound knowledge and understanding of the complexity of communicable diseases in the context of Public Health. It is applicable for students working in all healthcare settings. We will examine the history, causes and epidemiology of communicable diseases from a broad public health perspective.

Associated morbidity and mortality, nationally, internationally and globally will be considered together with trends in established and emerging infections. Methods to prevent and control infection will be explored including outbreak management, using surveillance, screening and vaccination strategies. You will have the opportunity to increase your knowledge and understanding of the legal and ethical aspects of public health practice.

You will be assessed 100% through coursework. The module may be taken as a standalone module over 6 weeks or as part over a programme of study.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Community Empowerment and Advocacy

This Community Empowerment and Advocacy module teaches approaches, theories and tools effective for promoting healthy behaviour within communities.

We will first focus on recognising and addressing sources of bias towards and within communities (both personal and socially generated). We will then show you how to assess the existing needs and resources within social groups and organisations which can be used to support communities in their own development.

We'll evaluate historical and current beliefs surrounding how to effect change, and you will be encouraged to plan a health promotion strategy for a community with a consideration of need, practical planning and ethics.

Teaching is built around the examination of case studies. It draws on examples from history and from present-day practice. These will cover examples where advocacy is used to tackle public health problems originating from a variety of causes.

You will reflect on your learning during the module using a system of structured reflections on your own practice. You will be assessed 100% through coursework.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Professional Development

NHS England

Study Skills for Health and Social Care Professionals

This Level 6 Study Skills for Health and Social Care module aims to provide health and social care professionals with the skills required for successful future study at level 6 and level 7. The module will explore study skills, basic numerical and IT skills and analytic and critical thinking skills, and will introduce students to a range of information technologies for learning and communication.

This module is taught online. Familiar and consistent pedagogic and technological design and language have been used across all module content to ensure coherent student experiences and to build a sense of belonging.

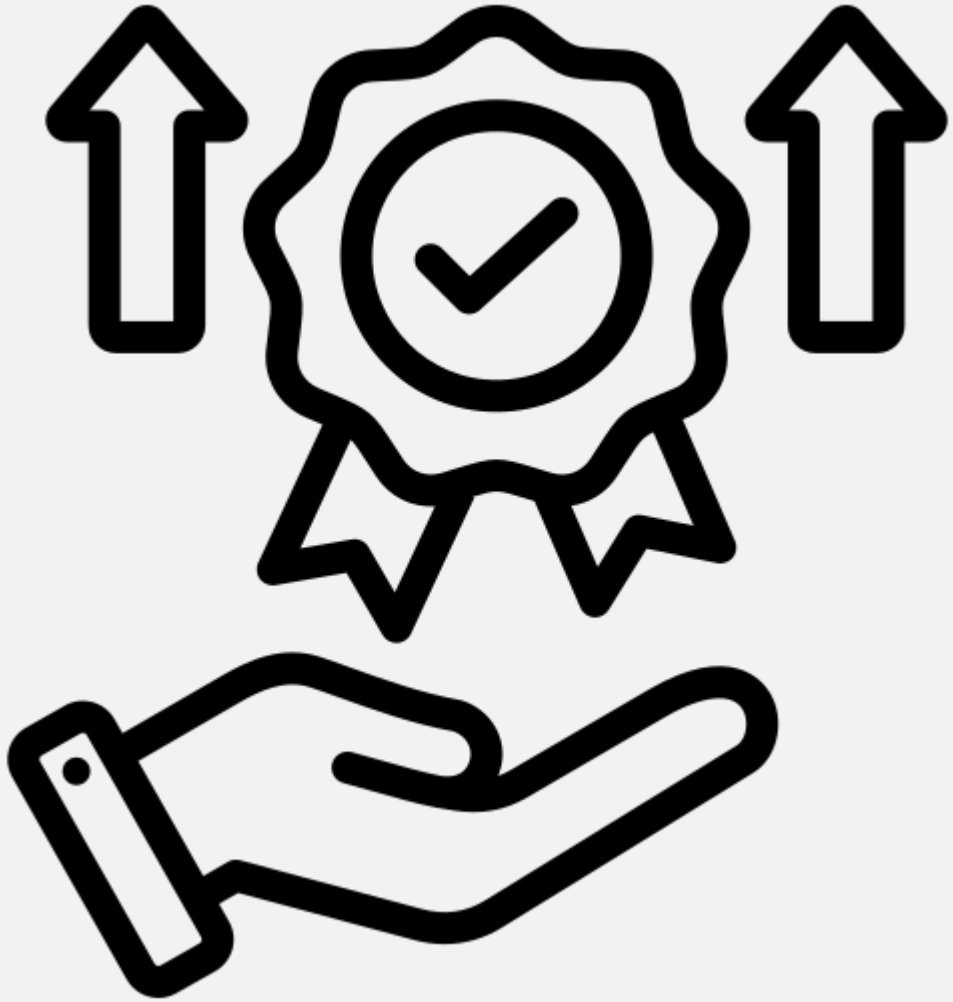
Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 6

Quality Improvement



NHS England

Advocacy and Education for Quality Improvement in Practice

Throughout this module, learners will develop an understanding of facilitating the A-equip (Advocating and Educating for Quality Improvement) model in practice (NHSE, 2021). This model will support practitioners to deliver a high standard of care through quality improvement processes, staff development, education and leadership to facilitate the wellbeing of themselves and those around them.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Advocacy and Evidence Based Practice

This Evidence Based Practice module aims to explore and critique theories, models and strategies for evidence-based practice, with application to the health and social care setting. We will examine the purposes, uses and limitations of various approaches to evidence-based practice, with consideration of political and economic dimensions.

We'll consider the concepts of decision-making from the practitioner, purchaser, provider and consumer perspectives. We will also explore some available tools for critical-appraisal and the transfer of evidence to professional knowledge.

The module will include sharing the work of experts, researchers and the student group for discussion and critique.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: Level 7

Research

NHS England

Advanced Research Design

This Advanced Research Design module aims to equip you with skills to find, appraise and utilise research, as well as plan and design a piece of research work. It seeks to prepare you to define a suitable research question and to use this as a basis for identifying appropriate research methodologies for a small-scale research project or dissertation.

This module is designed to enable you to plan and outline a rationale for a piece of primary research, secondary analysis, literature review or audit. It focuses on research as part of a body of evidence used for health and social care practice, and provides an overview of methodologies and methods commonly used in health and social care policies and working environments.

You will be assessed 100% through coursework. The module can be taken as a standalone module over 12 weeks or as part of a programme of study. The module is delivered on campus in the September run and online in the January run.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: blended, Headington

Level of Study: 7

Applied Research for Professional Practice

The Applied Research for Professional Practice short course is designed to provide enhanced knowledge of research methodologies for healthcare practitioners. On this programme we'll cover areas such as:

- Appraisal of the sources of knowledge and epistemology concerning the field of practice
- The relationship between knowledge, research, theory and practice Theories and paradigms of research
- Reviewing literature and the critical analysis of existing research Generation of new knowledge through the research enquiry, commencing with the development of a research questions and hypotheses
- Developing a systematic literature search
- Different research approaches, designs and data analysis for the chosen topic (Designing appropriate research)
- Methods of data collection, sample selections
- Reliability, validity and applicability of the research results
- Ethical issues that arise when undertaking research; the role and function of the local research ethics committee
- Statistical analysis of data generated through research and basic software packages for analysing data
- Critical appraisal tools such as CASP
- Presentation, analysis and interpretation of data
- Presentation of research reports and issues involved in writing a research proposal

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face to face, Uxbridge Campus

Level of Study: 7

NHS England

Applied Research Methods

This Applied Research Methods module primarily aims to prepare advanced health and social care practitioners for practice-based research. It enables you to explore the variety of research methods that are used in health service and practice research.

We will examine both primary and secondary research approaches including qualitative and quantitative methods, clinical audit and service evaluation.

You will be expected to identify a practice or professional dilemma consistent with your programme of study that may be investigated using one of these means. You will take this forward should you continue to the dissertation module.

The module aims to equip you with the understanding and skills to take forward a realistic, small-scale research project of your own using one of the methods studied.

You will be assessed 100% through coursework.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: face to face, Headington

Level of Study: 7

Applied Research Methods for Advanced Practice

This module primarily aims to prepare advanced health and social care practitioners for practice-based research. It enables you to explore the variety of research methods that are used in health service and practice research. We will examine both primary and secondary research approaches including qualitative and quantitative methods, clinical audit and service evaluation.

You will be expected to identify a practice or professional dilemma consistent with your programme of study that may be investigated using one of these means and take this forward should you continue to the dissertation module. The module aims to equip you with the understanding and skills to take forward a realistic, small-scale research project of your own using one of the methods studied.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: blended

Level of Study: 7

NHS England

Epidemiology and Research Methods

This Epidemiology and Research Methods module will provide you with an introduction to the concepts and methods within epidemiology and to qualitative methods for public health research and intervention evaluation.

It covers the principles of epidemiological research, provides an overview of different study designs and when each design is indicated drawing on real-life examples. It also teaches the interpretation of results of epidemiological studies, explains sources of bias and confounding and different methods of statistical measurements used in epidemiology.

You will also be introduced to qualitative research, with focus on action and participatory methods.

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: 7

Research Design

This Research Design module focuses on issues, techniques and skills for data collection and analysis in quantitative, qualitative or mixed mode approaches to research.

You will have the opportunity to explore the research process, methods, data analysis and the ethical considerations associated with health and social care research.

You will be assessed 100% through coursework. You can take this module as a standalone module of 150 hours of study over 12 weeks

Dates: please see provider website

Provider: Oxford Brookes University

Delivery method: distance learning

Level of Study: 6

Respiratory

NHS England

Advancing Asthma Care

This course moves beyond the basics of asthma focusing on developing knowledge and skills to enable translation of learning to the delivery of high-quality care in clinical practice.

You will learn:

- How to evaluate the impact asthma has on individuals, local health services and their local community
- Distinguish factors underlying the quality and accuracy of asthma diagnosis
- Create comprehensive, individualised, management plans for a range of patients
- Compare types of asthma and emerging precision medicine therapies
- Apply evidence and guideline-based recommendations to acute asthma management and follow up care in all settings
- Analyse personalised care approaches in supporting patients to self-manage their asthma

45 hours course with 4 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Advanced

Advancing COPD Care

This module aims to give an in-depth understanding of the breadth of COPD.

Content includes:

- How history taking and important diagnostic tests, such as spirometry, are used to ensure safe and accurate diagnosis
- How to appreciate and apply the principles of COPD management, integrating behaviour change theory, lifestyle adaptations and appropriate drug therapy
- How to effectively review and care for patients at all stages of disease, including acute exacerbation management and palliative care
- Important interventions such as pulmonary rehabilitation
- Managing respiratory failure, with reference to current evidence and guidance
- The impact of COVID-19 on COPD care

45 hours course with 4 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Advanced

NHS England

Advancing Paediatric Asthma Care

This course will provide the outcomes of evaluating the impact of asthma on children and their families, local health services and their local community.

Learners will:

- Consider environmental issues and their relationship with asthma care
- Distinguish factors underlying the quality and accuracy of asthma diagnosis
- Create comprehensive individualised management plans for a range of patients
- Apply evidence and guideline-based recommendations to acute asthma management and follow up care in all settings
- Identify, assess and manage children with severe asthma appropriate to their healthcare setting and clinical role

30 hours course with 4 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Advanced

Asthma Foundation

This course offers an overview of asthma and the impact that it has on health and wellbeing in patients of all ages. The focus of this course is early and accurate diagnosis, appropriate management tailored to individual patient needs and preferences, and the avoidance of asthma attacks/asthma deaths through supported self-management, early interventions and effective organisation of care.

15 hours course with 2 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Foundation

NHS England

Asthma Paediatric Update

The focus of this course is to provide an update on clinical management and current issues in asthma for healthcare professionals already delivering asthma care to children.

On completion of this course, it is expected that learners will be able to:

- Discuss the current issues impacting asthma outcomes for children, young people and families
- Evaluate the adoption of guideline recommendations into diagnosis pathways
- Analyse recent changes to recommendations for asthma management and consider how these can be implemented for CYP
- Ensure the needs of children experiencing asthma attacks are fully met
- Consider the application of theory to practice in a range of situations

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Update

Asthma Update

The focus of this course is:

- a revision of early and accurate diagnosis in children and adults, and appropriate management tailored to individual patient needs and preferences
- an evaluation of contemporary issues in asthma care including risk management, environmental considerations, remote consultations and treatable asthma traits.

This course is suitable for health professionals experienced in managing patients with asthma who have previously completed foundation/diploma level asthma training.

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Update

NHS England

Asthma Update

This comprehensive one-day course is designed to empower registered healthcare professionals (HCPs) practicing in primary care with the latest advancements and insights in the field of asthma care. Building on the participants' existing expertise, this update day aims to enhance their proficiency in managing asthma effectively and providing the highest level of patient care. Exclusively tailored for registered healthcare professionals already experienced in asthma care within the primary care setting, this course is a unique opportunity for these practitioners to stay current with the latest developments in the field.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

Bronchiectasis

This course is suitable for any healthcare professional working in primary care / community settings, who is involved in the care of patients with bronchiectasis. The course covers epidemiology, pathophysiology, diagnosis, treatment options, self management strategies, and exacerbations management. The course has been designed by an experienced respiratory nurse who strives to improve the quality of life of patients living with a respiratory disease.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Update

NHS England

COPD Foundation

This professional education module aims to give students an understanding of the foundations of COPD care and provides an overview of the disease and its impact. Students will gain an understanding of how history taking and important diagnostic tests, such as spirometry, are used to ensure safe and accurate diagnosis. They will appreciate and apply the principles of COPD management, using lifestyle change and appropriate drug therapy to reduce the burden and risks associated with COPD, learning how to effectively review and care for patients at all stages of disease, including acute exacerbation management.

15 hours course with 2 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Foundation

COPD Update

The course provides an overview of current developments in COPD care. Students will revisit the importance of history taking and the use of quality assured spirometry, and other tests, that promote safe and accurate diagnosis. They will learn about updated COPD management guidelines, exploring the evidence base for lifestyle interventions and appropriate drug therapy to reduce the burden and risks associated with COPD.

Course materials will promote the use of a structured COPD review to provide effective care for patients at all stages of disease, including acute exacerbation management. The course content is mapped to nationally recognised standards and professional codes, and successful completion will equip students with the knowledge and skills to improve guideline-based care and further develop their professional practice.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Update

NHS England

COPD Update

Join us for a comprehensive and enriching COPD Update Day, specifically designed for Registered Healthcare Professionals who are currently practicing in the field of Chronic Obstructive Pulmonary Disease (COPD). This course aims to enhance your existing knowledge and skills, keeping you up-to-date with the latest developments in COPD management.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

Interstitial Lung Disease (ILD)

This module aims to give students an understanding of the foundations of care for patients with interstitial lung diseases. The course provides an overview of the prevalence of different ILDs and their impact. Students will gain an understanding of the importance of safe and accurate diagnosis. Current evidence on ILD management will be explored, including the role of non-pharmacological approaches and the importance of supportive care.

15 hours course with 2 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Foundation

NHS England

Introduction to Asthma

This two-day Introduction to Asthma course is specifically designed for healthcare professionals in primary care settings. It provides a comprehensive overview of asthma management, from diagnosis to ongoing patient care. This interactive course is ideal for those new to asthma care or looking to refresh their knowledge.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

Introduction to COPD

These introductory days are tailored for nurses and other healthcare professionals who are new to the realm of COPD care or have not received formal training in this area. Led by Paula Matson, a Respiratory Specialist and Practice Nurse, the program is designed to build a foundational understanding of COPD and empower participants to provide effective care to COPD patients in primary care settings. These introductory sessions offer a comprehensive journey from the fundamentals of COPD understanding to a confident approach in patient review and management, emphasizing the importance of early intervention and holistic care in primary care settings.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

NHS England

Introduction to Paediatric Asthma

Asthma is the most common medical condition in children and young people; it is vital that all healthcare professionals working with this age group appreciate and understand the diagnostic process and appropriate management options for individual children. This course provides an introduction to asthma in children and young people and will enable healthcare professionals to apply their learning to real world clinical practice. The value of integrated care, and how healthcare professionals in primary and secondary care as well as schools and emergency/ambulatory settings, can work together is explored.

7.5 hours course with 1 month to complete

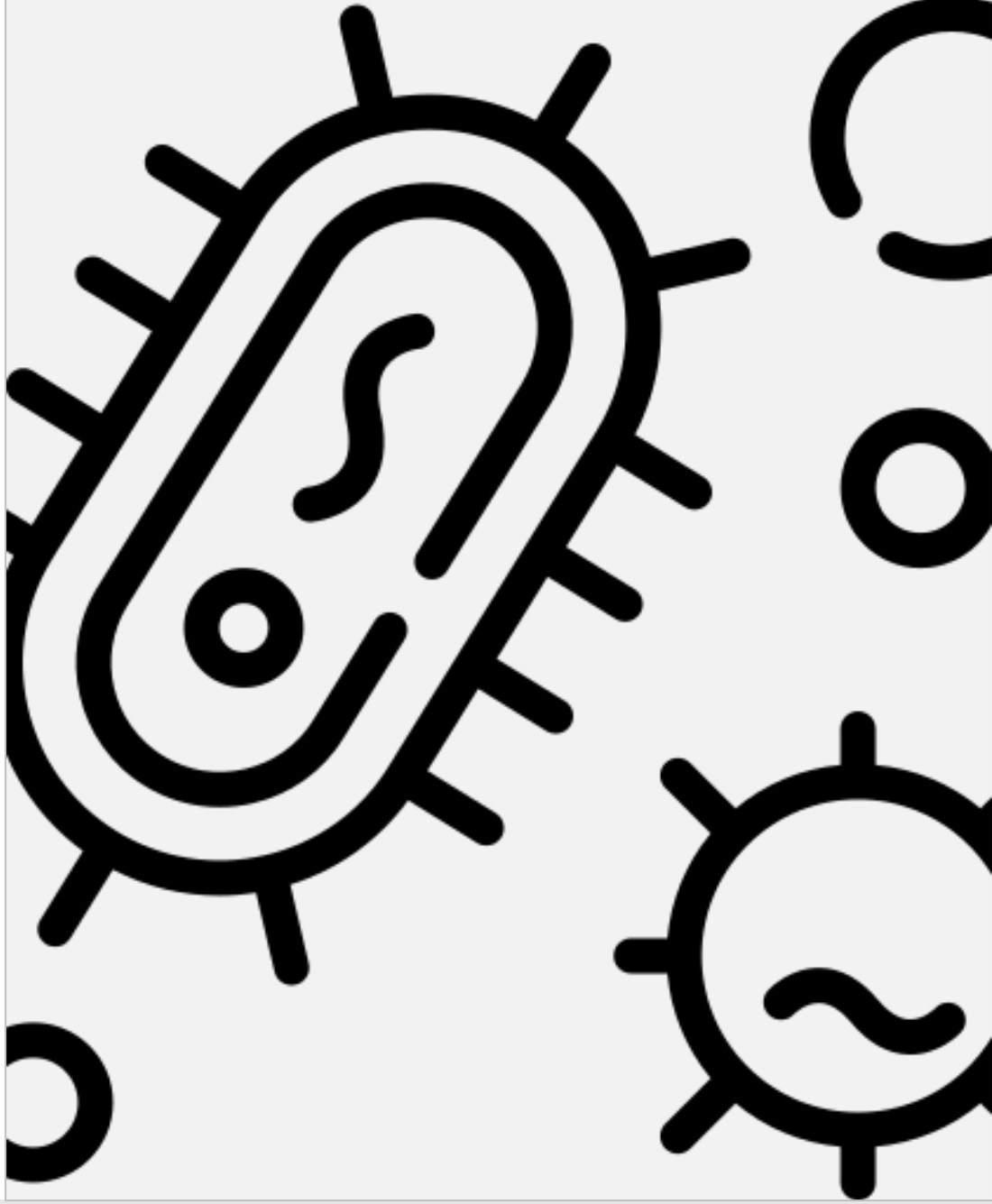
Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Intermediate

Sepsis



NHS England

Recognising a Patient with Sepsis

This one-day course is about recognising the early signs of sepsis in a patient, with the aim of preventing it from developing into a more serious condition. Healthcare Associated Infections are becoming an increasing problem in healthcare, particularly with the development of antibiotic resistance.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Sexual Health

NHS England

Sexual Health Course for Nurses and AHPs

A two-day programme designed to develop awareness, skills and knowledge for the delivery of a coordinated sexual health service. Will appeal to practice nurses, youth workers and other health and social care workers involved in sexual health.

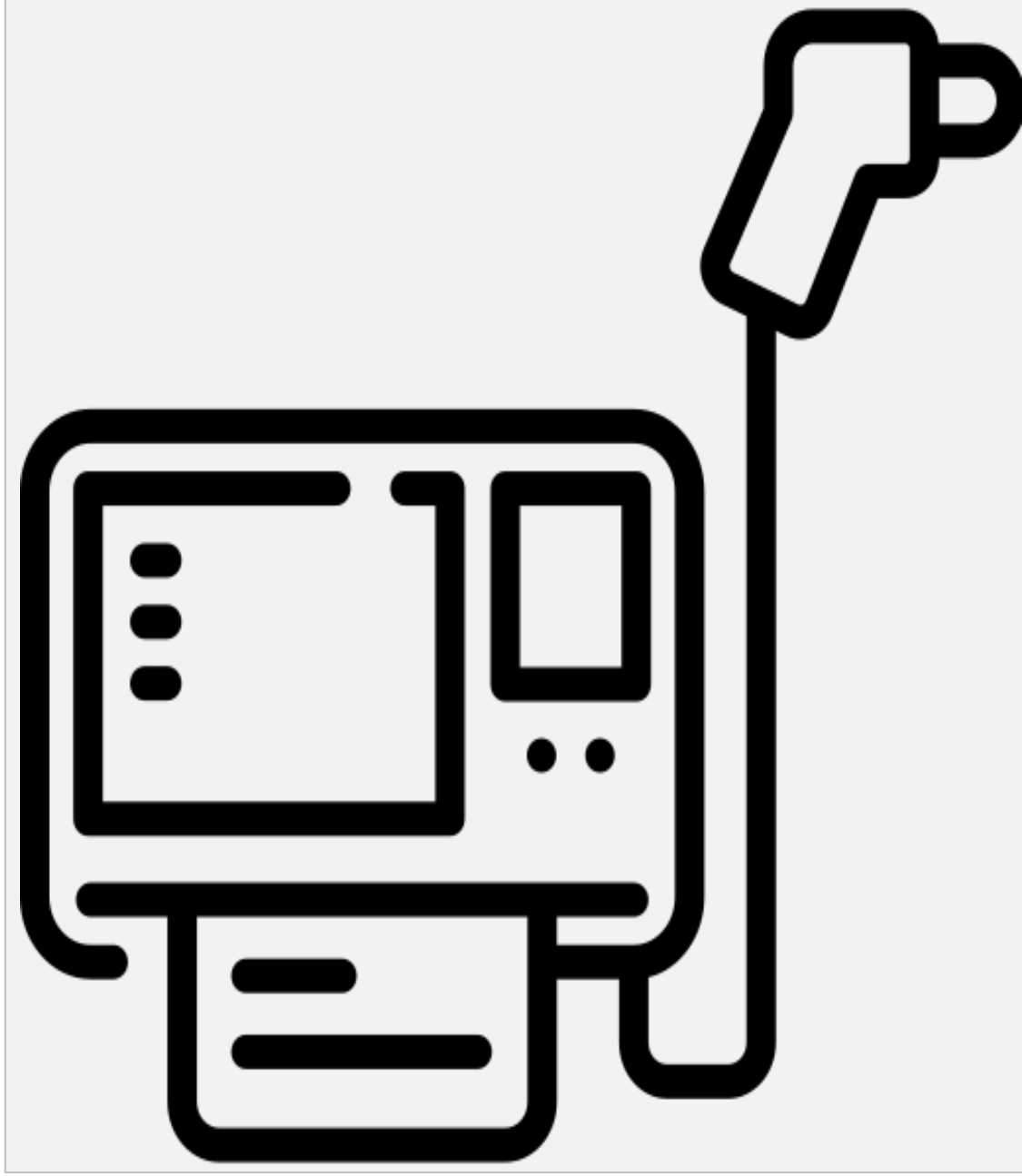
Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Spirometry



NHS England

Advancing Spirometry

The content of this spirometry course will enable learners to confidently perform and report spirometry whilst at the same time providing them the underpinning knowledge to question the diversity of guidance and practice, whether reviewing evidence or peer performance.

The course will prepare delegates for portfolio assessment. Throughout the course learners will collate a reflective learning log which will contain key documents, reflections and understanding required to take the ARTP assessment, but will also enable the learner to appreciate the difference between numerical reporting and clinical interpretation using current, 'real life' anonymised case studies.

45 hours course with 4 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Advanced

Performing Paediatric Spirometry

Spirometry is not just for adults - children and young people can also perform spirometry. Understanding respiratory illness at an earlier stage can be vital in maintain health throughout younger years, but also in adulthood. Although the equipment and the test itself do not differ entirely from adult spirometry, there are some key differences those working with Children and Young people need to be aware of to get the most accurate results possible.

The course content follows the Association of Respiratory Technology and Physiology (ARTP) standards for spirometry, which are the gold standard in the UK.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Introduction

NHS England

Reporting Paediatric Spirometry

This course is aimed at anyone reporting spirometry with children and young people (CYP). It may be that you do also perform, or your role may be only to report the trace. This course will follow our very successful Seven steps to success format to ensure that a trace is fit for purpose and then is reported. As with all our spirometry courses it will prepare delegates for ARTP assessment with awareness of their requirements.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Introduction

Spirometry Performing and Reporting

This course is aimed at anyone undertaking spirometry who wishes both perform and undertake basic numerical reporting of spirometry. It clearly defines the difference between reporting and interpreting and can serve as revision for those who have been practising for many years.

This course will prepare delegates for ARTP assessment for the Spirometry and Reporting part of the register. As the ARTP are the ONLY current assessors of competence all training providers will be working towards that assessment.

15 hours course with 2 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Foundation

NHS England

Spirometry Reporting & Interpretation the 7 steps

Aimed at healthcare professionals who do not perform spirometry but are required to oversee results and prepare a clinical report (ARTP website). It can also be used by those who have previously undertaken spirometry training or education and now wish to focus on the results of the test.

This course looks at spirometry interpretation and clearly defines the difference between numerical reporting and clinical interpretation leading to diagnosis. It will help to prepare you for the reporting only part of the ARTP register by teaching a systematic approach and using case studies to support reflective practice.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Introduction

Spirometry Update

This course is aimed at anyone who has previously undertaken spirometry training or education and is feeling a little ‘out of practice’ or ‘rusty’! It can serve as revision for those who have been practising for many years but aims to also provide new and thought provoking content to challenge the way you practice.

7.5 hours course with 1 month to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Update

NHS England

Spirometry: Performing Only

This course is aimed at anyone undertaking spirometry who have no wish or need to undertake reporting or clinical interpretation. It can serve as revision for those who have been practicing for many years or as an introduction for those who have never undertaken spirometry before.

15 hours course with 2 months to complete

Dates: please see provider website

Provider: Rotherham Respiratory

Delivery method: virtual

Level of Study: Foundation

Supporting Staff

NHS England

Root Cause Analysis

This one-day workshop designed specifically for healthcare professionals to meet the standards of the NHS Serious Incident Framework. The day will provide clinical leaders with practical skills to enable them to undertake a root cause analysis and develop an action plan in order to improve quality and safety in their clinical setting.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Advanced

Personal and Professional Practice for Patient Safety

This stand-alone module will provide nurses and allied health professionals, working in their first two year of clinical practice, with a framework for decision making, an understanding of the NHS patient safety strategy and its implications for their own clinical practice. Students will have the opportunity to critically appraise and apply theoretical concepts to practice. They will expand their understanding of accountability and competence to adopt sound, consistent, proportionate and ethical approaches to clinical decision making.

Dates: please see provider website

Provider: University of Winchester

Delivery method: virtual

Level of Study: Level 7

Supervision

NHS England

Introduction to Workplace Supervision

This seminar is for Allied Health Professionals (Level 6 & above). High quality workplace supervision for healthcare professionals is essential for supporting the development of confidence and capability and underpins patient and practitioner safety. Workplace supervision can support a culture of openness and candour and provide the opportunity to reflect on practise and discuss challenges, with the support and guidance of another professional.

This short course aims to introduce the concept of workplace supervision through exploring the role of the supervisor, the skills and attributes required for effective supervision and introduce theories and models of supervision to provide an evidence base for application in the workplace.

This is 2.5 CPD Hours

Dates: please see provider website

Provider: Health Sciences University

Delivery method: virtual

Level of Study:

Resilience Based Clinical Supervision

FoNS are delighted to provide a programme which is delivered virtually, comprising of 13 hours participated learning spread over 5 days.

To enable clinical educators, advanced practitioners and those already familiar with models of clinical supervision or reflection (Champions), to develop the necessary knowledge, skills and confidence to implement RBCS (Cascade) across practices/PCNs and/or organisations.

This supports the development of a resilient organisation and workforce, who are able to protect themselves from the emotional and physiological impacts of their roles and develop cognitive transformation practices, education and environmental support.

Please choose one cohort with dates stipulated and remember each date within that cohort has required attendance.

Dates: please see provider website

Provider: Foundation of Nursing Studies (FoNS)

Delivery method: virtual

Level of Study: Intermediate

NHS England

Clinical Supervision - Training for Supervisors | M&K Update

This one-day workshop is designed for Nurses and Allied Health Professionals.
Clinical supervision is the term used to describe a formal process of professional support and differs from line management and the supervision of learners and students.
It provides a confidential environment for staff to:
Reflect on and review their practice.
Discuss their mental health and well being
Develop their analytical skills
Change or modify their practice
Build their confidence

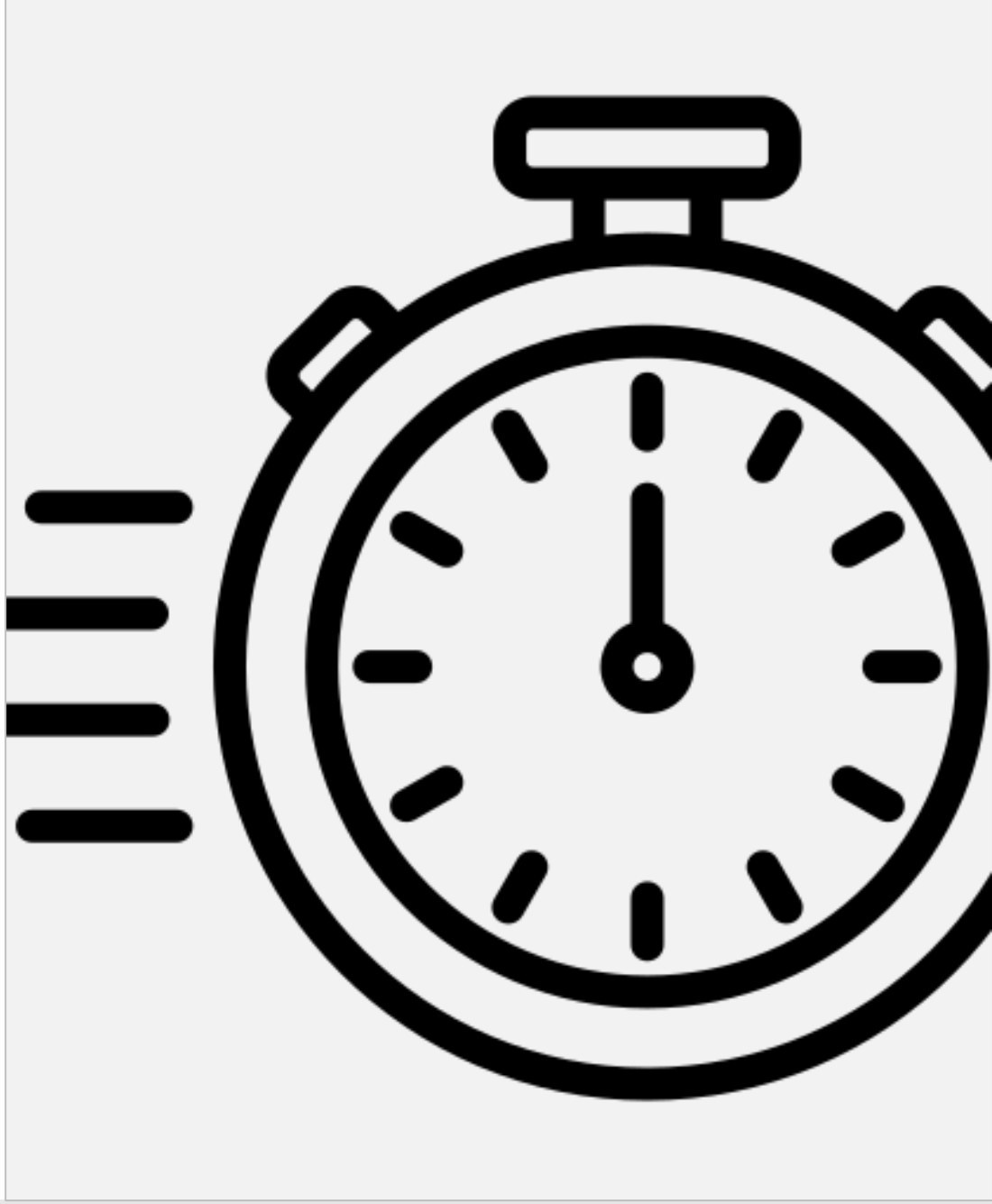
Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Advanced

Urgent and on the Day



NHS England

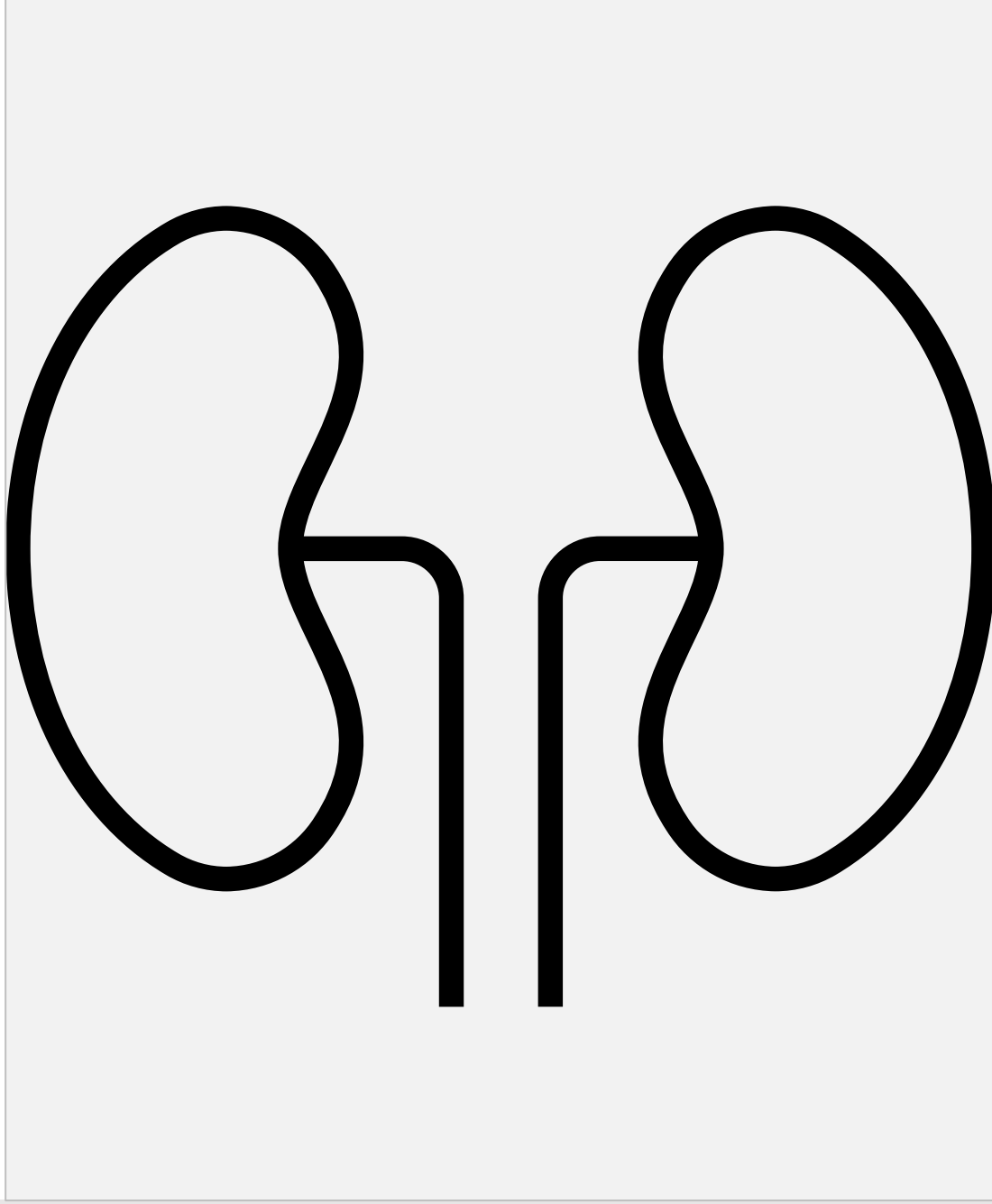
Urgent and on the day Primary Care

Our one-day online Urgent and On-The-Day Primary Care course is jam-packed with more than 30 topics and is designed to suit the needs of the whole multidisciplinary primary care team.
What we cover:

- An approach to fever in kids
- Cough in children - Bronchiolitis, croup and viral wheeze
- Breathlessness - Acute asthma and COPD exacerbation
- Ear issues - Otitis media and externa; Sudden hearing loss
- Sore throats
- Back pain - Cauda equina syndrome and spinal cord compression
- Pain when walking - Limp in children; Gout; Cellulitis
- Belly pain - Ectopic pregnancy; Acute scrotal pain; Pelvic inflammatory disease
- Pain when peeing - All things UTI
- Eye issues - Conjunctivitis; Giant cell arteritis
- Rashes - Chicken pox and shingles PEP
- Anaphylaxis and BLS update
- Venous thromboembolism (DVT & PE)
- Delirium
- Bites
- Fits and funny turns in children
- Diagnosis of diabetes in children
- Bacterial meningitis and meningococcal disease
- Headaches
- Dermatology with ‘Spot the Rash’.

Dates: please see provider website
Provider: Red Whale
Delivery method: virtual
Level of Study: Intermediate

Urology



NHS England

Urological Care in Primary Care

This 1-day course is designed to equip clinicians with the knowledge to appropriately assess and manage common urological complaints in primary care. You will be able to conduct a comprehensive urological assessment including the evaluation of urinary incontinence, storage and voiding symptoms, prostate assessment, PSA testing and investigation of haematuria. Recognise red flag symptoms and early signs of urological cancers to ensure timely referral and appropriate management in line with current clinical pathways.

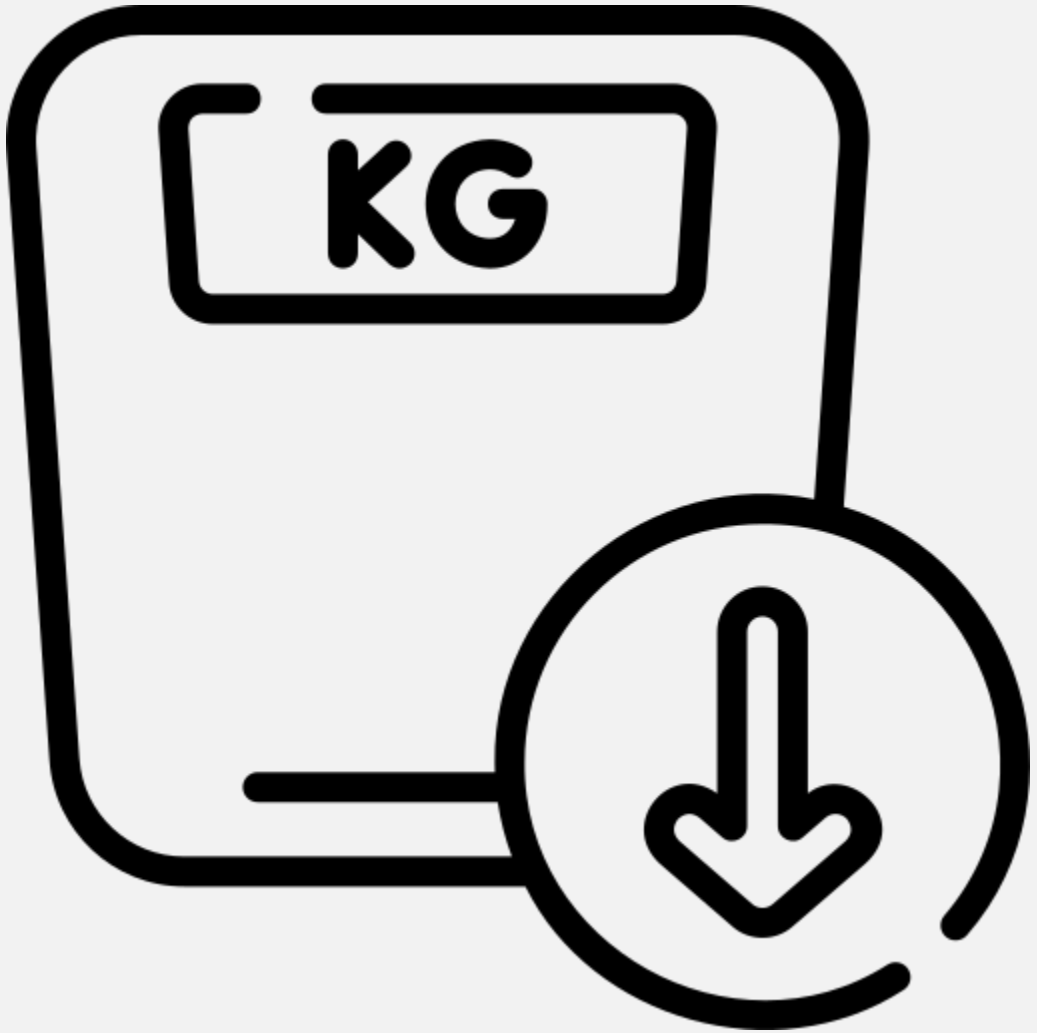
Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Weight Management



NHS England

Obesity Medicine: Weight Management, GLP-1s and Beyond

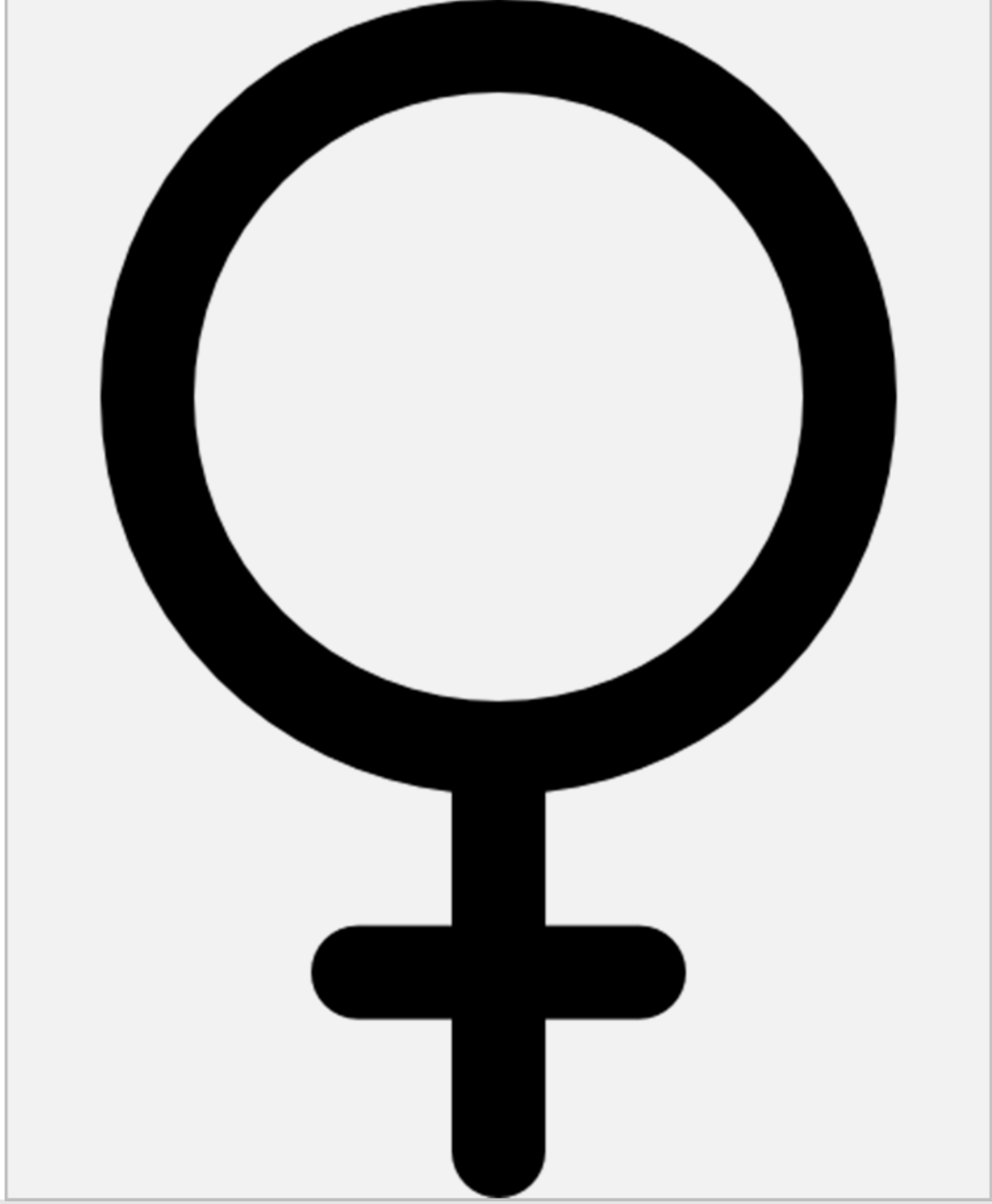
Our one-day online Obesity medicine course will help you transform your practice and patient outcomes in this fast-evolving field of medicine. Learn about the latest in holistic obesity management and treatment strategies, and discover innovative, evidence-based methods to enable us to offer better patient care and improved outcomes.

What we cover

- Understanding obesity: explore the underlying pathophysiology and social determinants
- Changing pharmacological landscape: gain insights into the mechanisms, safety profiles and clinical applications of new obesity medications, including the practicalities of prescribing
- Case-based learning: analyse real-world examples and patient scenarios to see how emerging therapies are applied in practice, plus hear patient insights as they share their experiences
- Lifestyle and behavioural interventions: learn strategies for integrating nutritional counselling, physical activity, sleep hygiene and behavioural therapy into treatment plans
- Managing comorbidities: understand the relationship between obesity and related conditions such as diabetes, cardiovascular disease and mental health
- Confident conversations and coaching skills: learn from behaviour-change experts Dr Hart and Dr Williams, with practical tips to help you embed coaching frameworks into clinical practice.

Dates: please see provider website
Provider: Red Whale
Delivery method: virtual
Level of Study: Advanced

Women’s Health



NHS England

Contraception and Sexual Health in Primary Care

Our half-day online course is a comprehensive, relevant and pragmatic update on contraception and female sexual health issues in primary care.

What we cover

- Emergency contraception and quick-starting
- What's new in the world of contraception: LARC and Intrauterine system update, progestogen only pills, Combined hormonal contraception, injectables
- Medical problems, drugs and contraceptive choices
- Contraception in women with a history of migraine
- Approaching bleeding issues on contraception
- Investigation and management of vaginal discharge – including bacterial vaginosis, trichomonas, candida and infections
- Acute pelvic pain and pelvic inflammatory disease
- 'Bad sex' - dyspareunia and psychosexual issues..

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

Contraception and Sexual Health in Primary Care

The primary objective of this course is to empower qualified nurses to deliver exceptional contraceptive and reproductive sexual health services in collaboration with their medical colleagues within the Primary Care setting. This course endeavours to raise awareness of sexual and contraceptive health issues within this patient group and foster safe practice through the utilisation of Patient Group Directions (PGDs) and protocols.

Dates: please see provider website

Provider: BBO Training

Delivery method: face to face, The Lambert Hotel

Level of Study: Intermediate

NHS England

Contraception Update

An update day that covers the latest information and updates in the field of contraception. This training is ideal for healthcare professionals who are already practicing in the area of contraception and are seeking to enhance their knowledge and ensure they are delivering the most up-to-date advice to their patients. The course covers all contraceptive methods, including emergency contraception, long-acting reversible contraceptives (LARC's), injectables, and oral contraception.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

Essential Contraception following Childbirth

This course is aimed specifically for healthcare professionals who provide care following childbirth. It provides an interactive day with scenario based learning, presentations, time for discussion, questions and role play.

It is relevant for practitioners working with patients following birth, who need an introduction to Contraception and provides a useful update for more experienced staff.

At the end of the course, you will be able to:

- Describe the currently available contraceptive methods
- Discuss the main advantages and disadvantages of these contraceptive methods
- Identify contraindications to contraceptive methods by using the UKMEC
- Understand when contraception can be started after pregnancy
- Introduce contraception into consultations with pregnant and recently delivered women
- Understand the use of “Bridging Contraception”

Dates: 20 October 2026

Provider: The College of Sexual & Reproductive Healthcare (CORSH)

Delivery method: virtual

Level of Study: Foundation

NHS England

Contraception Course for Practice Nurses

This 2 day evidence-based course using information from The College of Sexual and Reproductive Healthcare (CoSRH), NHS sources and the UKHSA will be structured to help you safely perform pill checks, administer contraceptive injections as prescribed and discuss alternative methods of contraception where this is appropriate.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Introduction to Contraception for Healthcare Professionals

This course is specifically tailored for Primary Care staff who are seeking to expand their understanding of basic contraceptive advice. During this training, we will cover all contraception methods, including long-acting reversible contraceptives (LARC's), emergency contraception, and basic asymptomatic sexually transmitted infection (STI) screening.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

NHS England

Gynaecology Assessment & Examination

This evidence-based, two-day, comprehensive workshop aims to develop the clinical knowledge and examination skills of Nurses and Allied Health Professionals working in first contact care. The course covers a wide range of commonly presenting gynaecological conditions.

Contents are underpinned by reference to contemporary national guidelines and competences, from organisations such as the National Institute for Health and Care Excellence (NICE); Public Health England (PHE); the Royal College of Obstetricians Gynaecologists (RCOG) and the Royal College of Nursing (RCN)
Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Heavy Menstrual Bleeding

This half-day standalone course is designed specifically for Nurses and Allied Health Professionals (AHPs) working in General Practice. The session provides an evidence-based overview of two common but often under-recognised conditions in women's health: Polycystic Ovary Syndrome (PCOS) and Heavy Menstrual Bleeding (HMB).The focus is on building practical confidence in recognising symptoms, conducting structured assessments, and understanding first-line management options within primary care. A key theme of the session is clinical safety – knowing when red flags indicate the need for GP review or referral to Gynaecology.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

NHS England

LARC & IUC Removal Training

Welcome to our comprehensive training in IUD/IUS removal and patient counselling. In this dynamic course, participants will delve into the essential understanding of how intrauterine devices (IUDs) and intrauterine systems (IUSs) function, emphasising their critical role in safe and effective contraceptive care. Throughout the session, attendees will gain the confidence and competence needed to conduct IUD/IUS checks and removals safely, while also exploring strategies for patient counselling to facilitate informed decision-making. With a dedicated focus on preparing patients for intrauterine contraceptive (IUC) fitting, this course aims to enhance practice efficiency and deepen participants' understanding of all long-acting reversible contraceptives (LARCs).

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Advanced

Introduction to Menopause

This comprehensive two-day course serves as an invaluable introduction to menopause care within the primary care setting. Understanding menopause, its effective management, and the ensuing implications for women's well-being are pivotal aspects for healthcare practitioners, particularly practice nurses who frequently engage with women facing menopausal transitions during their consultations.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

NHS England

Management of the Menopause Certificate

The BMS Management of the Menopause Certificate is a complete online education package that enables eligible healthcare professionals to develop the confidence needed to deal with 95% of patients who walk through their door, leaving only the 5% of complex cases to be referred for specialist menopause care.

The Management of the Menopause Certificate comprises six interactive learning modules:

- Assessment of women presenting with menopausal symptoms
- HRT practical prescribing
- Premature ovarian insufficiency (POI)
- Menopause and HRT – health effects, benefits and risks
- Breast cancer
- Abnormal bleeding in perimenopause and postmenopause and unscheduled bleeding on HRT

Dates: please see provider website

Provider: British Menopause Society

Delivery method: virtual

Level of Study: Intermediate

Menopause Foundation

Our half-day online course covering a comprehensive, holistic and evidence informed approach to supporting women through the menopause transition.

What we cover:

- Definitions diagnosis and implications of menopause including the role of FSH
- Shared decision making around choices for managing menopausal symptoms and headlines from the new NICE guidelines
- A pragmatic guide to prescribing HRT, specifics of HRT regimes and troubleshooting
- Approaching and managing bleeding problems on HRT
- Alternatives to HRT
- Managing sexual problems, including the role of testosterone
- Menopause in certain groups, including women with a history of breast cancer, liver disease, premature ovarian insufficiency and endometriosis
- HRT, cognition and dementia.

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Intermediate

NHS England

Menopause Masterclass

This one-day Menopause Masterclass is aimed at clinicians who already have a good working knowledge of menopause management and want a deeper understanding of more complex and challenging issues, and how to approach them in a pragmatic and evidence-informed way.

What we cover:

- Managing menopause in women with complex medical histories or at increased risk of complications: including vascular disease (heart disease, stroke and VTE), migraine, and cancer (breast and other malignancies)
- Expert insights into HRT: how to prescribe safely, effectively and individually. A closer look at some of the challenges, including symptoms that persist despite HRT, when to test hormone levels and the use off-licence regimens
- Alternatives to HRT: an evaluation of the evidence and efficacy
- Mental health issues: the latest guidance and emerging evidence on the psychological and cognitive side of the menopause transition
- Sexual problems: including when to recommend testosterone
- A holistic approach to menopause care: how to encourage and incorporate lifestyle optimisation as a core intervention for long-term health and wellbeing
- Q&A-based learning: using clinical scenarios and delegate interaction to develop deeper understanding and embed skills.

Dates: please see provider website
Provider: Red Whale
Delivery method: virtual
Level of Study: Advanced

Menopause Update

This specialised training day is meticulously designed for healthcare professionals, including nurses, allied healthcare practitioners (AHPs), and general practitioners (GPs), who are already practicing in the field of menopause care. With established NICE (National Institute for Health and Care Excellence) Guidance, practitioners can gain heightened confidence in effectively managing women experiencing menopause-related issues.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

NHS England

Menopause - Diagnosis & Management

If you are new to the menopause or looking to increase your confidence in basic menopause care this 1-day course is designed to provide information evidence and tools to develop confidence in general menopause care. The course is founded on current evidence-based practice covering the key principles of assessment diagnosis and management of the perimenopause and menopause giving consideration to premature ovarian insufficiency, early menopause, menopause, post menopause and genitourinary syndrome of the menopause.

Contents are underpinned by current national guidelines and competences from organisations such as the British Menopause Society (BMS) the National Institute for Health and Care Excellence (NICE) the Royal College of Obstetricians and Gynaecologists (RCOG) and the Faculty of Sexual and Reproductive Healthcare (FSRH).

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Pelvic Organ Prolapse and Ring Pessary Management

This half-day course is designed to empower healthcare professionals with the knowledge and skills necessary to proficiently perform ring pessary fitting and exchange. Participants will benefit from a structured learning experience that includes supervised practice to achieve competencies in this crucial aspect of women's health care.

Dates: please see provider website

Provider: BBO Training

Delivery method: face to face, The Lambert Hotel

Level of Study: Introduction

NHS England

SRH Essentials for Primary Care

The SRH Essentials Course is aimed specifically at healthcare practitioners working in primary care settings. It provides an interactive day with scenario based learning, presentations, time for discussion, questions and role play. It is relevant for those needing an introduction to SRH and also provides a useful update for more experienced staff. These courses are delivered in a variety of locations across the UK. SRH Essentials is not a competency based course and it is not assessed.

At the end of the course, you will be able to:

- Develop the skills and confidence to consult with patients about their sexual and reproductive healthcare needs Recommend an appropriate method of emergency contraception.
- Review the COC, POP and injection contraceptive methods
- Carry out sexual health risk assessments
- Identify when patients are at risk of STIs

Dates: 17 November 2026

Provider: The College of Sexual & Reproductive Healthcare (CORSH)
Delivery method: virtual

Level of Study: Foundation

Women's Health

Our one-day online Women's Health course covering key topics for primary care. Suitable for the whole primary care team and meets the CPD requirements for recertification of DFSRH and letters of competence.

What we cover

- Update in contraception including – Drug interactions and choosing contraception, Intrauterine systems, Progestogen only pills and combined hormonal contraception, contraception options for women with migraine, contraception and HRT
- Sexual health: Causes of vaginal discharge – what to do about bacterial vaginosis, trichomonas and candida, PID and acute pelvic pain
- Primary care gynaecology - Managing period problems in adolescents, bleeding on contraception and bleeding on HRT. Endometriosis and chronic pelvic pain, management of fibroids
- Amenorrhoea – Investigation of amenorrhoea, PCOS and functional hypothalamic amenorrhoea
- Miscarriage and recurrent miscarriage – our role in primary care
- Menopause – 'Headlines' from the new NICE guidelines, HRT regimes and progestogen doses, Sexual issues and testosterone
- Pelvic floor dysfunction and urinary incontinence.

Dates: please see provider website

Provider: Red Whale

Delivery method: virtual

Level of Study: Introduction

NHS England

Women's Health for Primary Care Clinicians

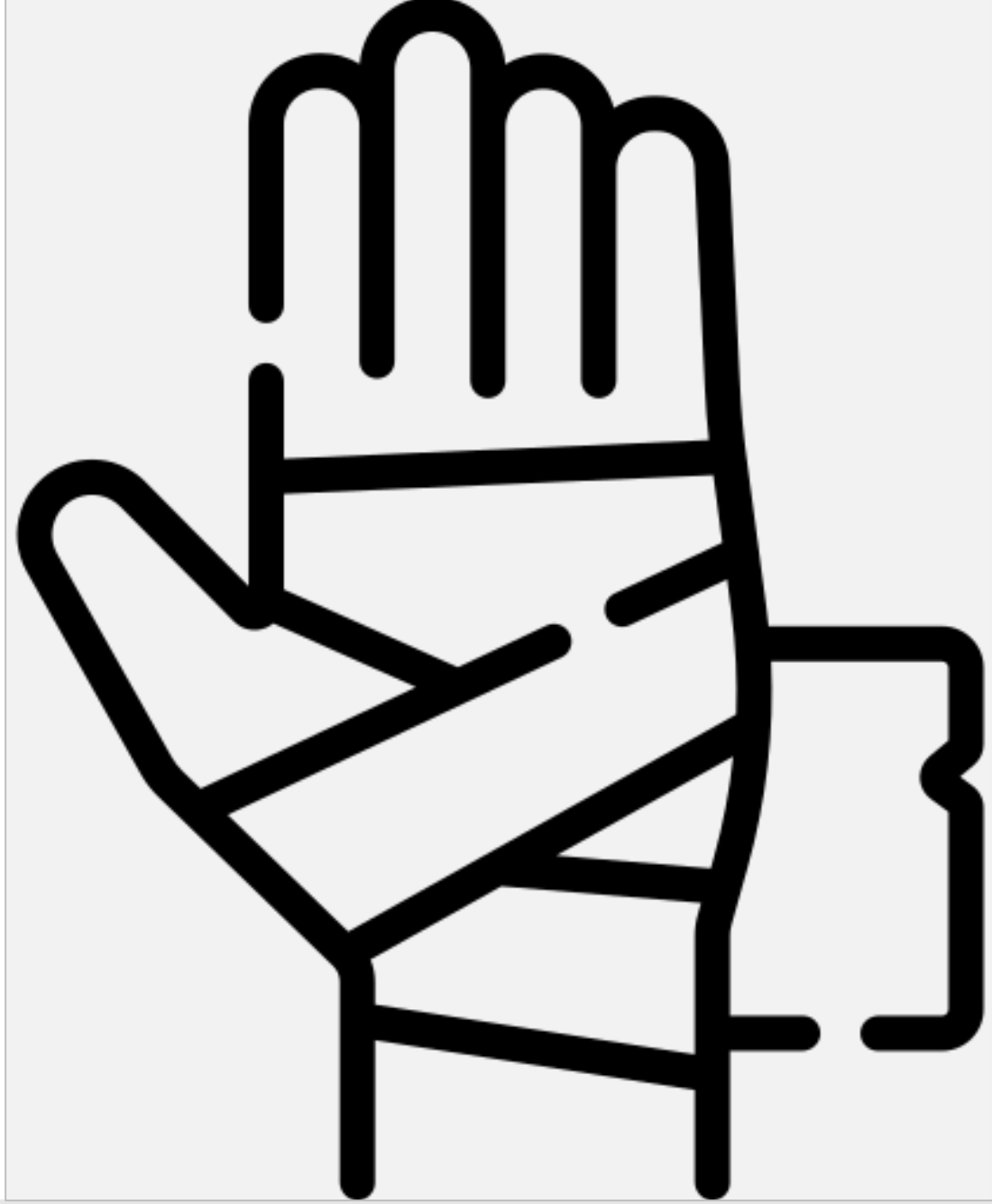
This 2-day course is designed for nurses and allied health professionals using evidence-based practice to develop and increase their knowledge base on women's health issues. Enabling them to deliver and promote effective healthcare for women who present in primary care settings

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Foundation

Wound Care



NHS England

Introduction to Doppler Assessment

This course covers:

- The Physiology of Arterial and Venous Conditions
- The Logic Behind Doppler Evaluations
- The Constraints and Interpretations of Doppler Assessments
- Practical Challenges and Solutions and enables you to acquire proficiency in Doppler assessment procedures

Dates: please see provider website

Provider: BBO Training

Delivery method: face to face, The Lambert Hotel

Level of Study: Introduction

Introduction to Wound Care

This interactive course is designed for nurses and healthcare professionals who are new to wound management in the Primary Care setting. The course will provide you with the knowledge and skills to confidently manage wound care for both adults and children.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Introduction

NHS England

Management of Venous Leg Ulcers

This one-day course aims to facilitate nurses working across primary and secondary care environments to use an evidence-based approach to the management of leg ulcers. Leg ulcers affect mortality and morbidity, and evidence-based knowledge and skills can enhance their management and improve patient outcomes. Healthcare professionals are in a key position to enhance care through the evidence-based approach to leg ulcer management. Action planning will be discussed during the session for how you may achieve competence of your skills in clinical practice.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Principles of Leg Ulcer Management

The healthcare worker involved in leg ulcer management needs to be able to develop wound assessment skills and select from an expanding range of interventions to meet the needs of patients with ulcers of the lower limb of varying aetiology.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: blended, Uxbridge Campus

Level of Study: 20 credits, Level 6 or 7

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Principles of Wound Care

This course is designed for registered practitioners working in any clinical environment with an interest in wound management, particularly if you're already responsible for caring for people with a variety of acute and chronic wounds. Through gaining a deeper understanding of the physiology of wounds, the impacts on wound healing and the importance of holistic assessment and treatment, you'll develop the skills, knowledge and behaviours required to deliver personalised, evidence based wound care.

Dates: please see provider website

Provider: Buckinghamshire New University

Delivery method: face to face, Uxbridge Campus

Level of Study: 20 credits, Level 6 or 7

Wound Care Update Day

This update offers an opportunity to refresh and expand your understanding of key concepts and best practices of wound care, through theoretical learning and practical skill-building. Aims include improved assessment, management and prevention of complex wound conditions.

Dates: please see provider website

Provider: BBO Training

Delivery method: virtual

Level of Study: Update

NHS England

Wound Management for Nurses and AHPs

This one-day course will provide the latest research and treatment guideline on wound management. To increase understanding of wound classification and the correct dressing choice for a range of wound types.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Intermediate

Prevention & Management of Pressure Ulcers

This 1-day course aims to enable nurses and AHPs to understand who is at risk of pressure ulcers and what can be done to prevent pressure ulcers developing.

It is important that healthcare professionals can differentiate between moisture lesions and pressure ulcers as treatment differs. When pressure ulcers develop the nurse needs to able to stage the pressure ulcer, assess the wound and use appropriate dressings and treatment.

You will also explore the reasons why pressure ulcers fail to heal and advocates a holistic approach to management and treatment of pressure ulcers.

Dates: please see provider website

Provider: M&K Update Ltd

Delivery method: virtual

Level of Study: Foundation

Contents

NHS England

Free CPD Resources

Course Title	Provider
Mental Health Resources For Children and Young People | YoungMinds	Young Minds
Asthma (Adults) – elearning for healthcare	ELearning for Health (e-LFH)
Asthma (Children and young people) – elearning for healthcare	ELearning for Health (e-LFH)
Empowering patients to manage chronic breathlessness – elearning for healthcare	ELearning for Health (e-LFH)
Healthcare professionals | Asthma + Lung UK	Asthma + Lung UK HCP hub
NCSCT e-learning	National Centre for Smoking Cessation and Training (NCSCT)
Webinars and videos | Primary Care Respiratory Society	Primary Care Respiratory Society
BTS Webinars	British Thoracic Society
Range of Primary Care Courses from Future Learn	Future Learn
Range of Health and Care Courses from Nescot College	Nescot College
Education resources - The UK Sepsis Trust	Sepsis UK
Open Learn Courses	OpenLearn
e-Learning Modules – Pan London Practice Learning Group	Pan London Practice Learning Group

Contents

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Summary of acronyms

Acronym	Full Text
AHP	Allied Health Professional
ARTP	Association for Respiratory Technology & Physiology
BOB	Buckinghamshire, Oxfordshire, Berkshire West
CHD	Coronary Heart Disease
CKD	Chronic Kidney Disease
COPD	Chronic Obstructive Pulmonary Disease
CPD	Continuing Professional Development
CYP	Children and Young People
DNA	Did not attend
ECG	Electrocardiogram
HCA	Health Care Assistant
HCP	Healthcare Professional
HMB	Heavy Menstrual Bleeding
IUC	Intrauterine Contraception
ILD	Interstitial Lung Disease
IUD	Intrauterine Device
IUS	Intrauterine System

Acronym	Full Text
LARC	Long-acting Reversible Contraception
MMR	Measles, Mumps and Rubella
PCOS	Polycystic ovary syndrome
PCN	Primary Care Network
PGD	Patient Group Directions
PPV	Pneumococcal polysaccharide vaccine
QR code	Quick Response code
STI	Sexually Transmitted Infection
TV	Thames Valley
TVW	Thames Valley and Wessex

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Thames Valley and Wessex Primary Care School

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