

Wessex Foundation School

Newsletter

August 2026

A very warm welcome to our new F1s and a congratulations to our recently progressed F2s who will be stepping into their new roles, which will include providing peer support to the F1s as they begin their medical career.

Ensure that you are familiar with who your local Foundation team are as they are best placed to support you with any queries. Details for each Trust can be found [here](#).

Trainee Self Service (TSS)

Foundation doctors are now registered on TSS.

ACTION: TSS will be used to share important communication. Please either register or update your email on TSS to your personal email address, instead of your university email as you will lose access to your university email and access to TSS.

Less Than Full Time Training (LTFT)

Please familiarize yourself with the LTFT guidance and deadlines on the [Wessex site](#). To ensure your application can be reviewed in a timely manner, ensure that you have evidence of support from your FPD and any necessary evidence at the time of application. Welfare and wellbeing applications will now be approved for the duration of Foundation training.

Foundation Representatives

Recruitment will soon begin for Foundation representatives, please see details of the role [here](#). Representatives are the voice of your cohort at a school level. Meeting dates will be published on our website, with the first meeting scheduled for October.

Important Dates

**Deadline to apply for
LTFT for December**

11 August 2026