

Primary Care Placements

1. **Name** – MJ

2. **University** - University of Reading

3. **Students profession** - 3rd Year Pharmacy student (MPharm)

4. **Background e.g., what made you want to study and join this profession?**

I have always loved medicine and healthcare for as long as I can remember but I felt that medicine was a bit too physically hands on for me and so pharmacy allowed me to still help people but without touching or dealing with the more graphic side of it!

5. **What did you enjoy most about your placement?**

I was given my own clinics for CVD prevention where patients booked in to have their BP and BMI measured. This gave me autonomy and responsibility and made me feel like a valued member of the team, while also allowing me to build my own skills.

6. **What activities did you carry out in your placement?**

I shadowed GP and clinical pharmacists' clinics, ran CVD prevention clinics, referred to smoking and healthy living services, assisted with the baby immunisations clinic, reviewed blood results, helped code incoming documents, book patients appointments and shadowed smoking cessation clinic.

7. **What are you most proud of from your placement?**

I picked up a young patient who was fit and healthy with a very high BP of about 160/95. The patient was subsequently started on antihypertensives the next day. This made me feel like I had made an active difference in a patient's life and reduced the likelihood of him experiencing any CVD.