



University Hospitals Dorset

NHS Foundation Trust

Trust Information

University Hospitals Dorset (UHD) operates across three sites- Royal Bournemouth, Poole and Christchurch Hospitals. January 2026 will see a major milestone for the Trust whereby all acute services will be delivered at the Royal Bournemouth Hospital with elective and outpatient services at Poole and Christchurch Hospitals. As a result, many of our services are undergoing an exciting period of transformation.

Our values define who we are as #TeamUHD. They underpin everything we do now and in the future. They define how we treat our patients, visitors, and each other, our valued teammates and colleagues.

Come and enjoy the wonderful mix of stunning coastline and idyllic countryside and join our Trust and be part of this exciting time!

GIM Registrar Training

At UHD you will spend twelve months across three distinct areas- Diabetes & Endocrinology, Respiratory and Same Day Emergency Care. The aim being to provide you with a breadth of General Medicine experience across inpatients, outpatients, ambulatory care and high dependency.

Key points:

- Wide range of outpatient exposure across the breadth of Diabetes & Endocrinology.
- Experience managing General Medicine inpatients throughout the twelve months.
- Develop skills in non-invasive ventilation, pleural procedures, lumbar puncture and focussed ultrasound.
- Extensive teaching and learning opportunities on a weekly basis.
- Ability to expand understanding in Medical Education, Healthcare Leadership and Research if desired.

Diabetes & Endocrinology

Successful GIM ST4 trainees will be based on our 18 bedded general medical ward at Royal Bournemouth Hospital where they will see patients where they will see patients admitted with general medical presentations and diabetes and endocrine conditions, alongside the consultant of the week. As well as our dedicated ward space, we also look after a small but variable number of outliers with similar presentations. The registrars will also work on the acute medical unit whilst on-call, seeing acutely unwell patients coming in with a wide variety of specialist and non-specialist presentations including diabetes and endocrine emergencies.

We are also the regional stroke and cardiac hub and you will potentially be involved in the acute care of these complex cases.

Registrars will be expected to see inpatient referrals from various specialities asking questions around diabetes and endocrinology (e.g. issues around sodium, calcium and other electrolytes, and questions on diabetes management, managing thyroid disorders, dealing with steroid-related questions etc) and discuss them with the consultants.

Registrars will also have an outpatient clinical commitment alongside other resident doctors, commensurate to their training needs, alongside having opportunities to sit in further specialised clinics. In the Diabetes and Endocrine department we run clinics for Type 1 Diabetes, Insulin Pump and Hybrid Closed Loop Clinics, MODY Clinics, Secondary Diabetes clinics, Community and Complex Type 2 Diabetes clinics, Neuropathy and Joint Retinopathy clinics, Diabetes Foot clinics, Antenatal Diabetes and Endocrine clinics, Young Person's Diabetes clinics, Lipid clinics, General Endocrine clinics and Specialised clinics for Thyroid, Calcium and Bone, Adrenal and Pituitary conditions among others .

Registrars coming to work at UHD will have various educational opportunities available. These include presenting at the weekly journal club, participate in weekly Endocrine-Biochemistry MDTs, participate in the departmental lunch time education meetings and attend the BERTIE course on Diabetes education and the national insulin pump course. We also encourage our trainees to teach their colleagues either at the IMT or GIM teaching days held in UHD, or present at the Grand Round. There are also opportunities to take part in SIMULATION training at the site. The registrars are also encouraged to sit in more specialised MDTs such as adrenal and pituitary.

We have an excellent multidisciplinary team consisting of consultants, specialist nurses, dieticians and podiatrists and a specialist diabetes psychologist all of whom participate in research, innovation educational, academic and governance related pursuits and we encourage our resident doctors to partake in projects such as Audits, QI projects and Research alongside these colleagues.

We also encourage our registrars to publish in reputed journals and participate in regional, national and international conferences such as Diabetes UK and British Endocrine Society.

We have a very friendly, cohesive, supportive department with many opportunities to learn, develop and excel in many aspects of general and specialty medicine.

Respiratory Medicine and Same Day Emergency Care (SDEC)

This hybrid placement will include exposure to inpatient Respiratory Medicine in addition to Same Day Emergency Care run by Acute Medicine. Whilst working within the Respiratory service, you will work alongside Respiratory Consultants to manage the inpatient ward including Consultant and autonomous ward rounds. This ward includes the management of patients requiring Non-Invasive Ventilation. There will be substantial opportunities for developing your pleural procedure skills, both within inpatients and outpatients. Furthermore, there are weekly Lung Cancer MDTs, Thoracic Radiology meetings and weekly departmental teaching.

Same Day Emergency Care at Bournemouth Hospital is a busy environment managing upwards of 30 patients per day. This will provide you with exposure to the acute unselected medical take and an understanding of ambulatory pathways designed to deliver improved patient care away from inpatient beds. There is dedicated Consultant presence in SDEC providing you with direct access to supervision and support. There will be opportunities for you to develop your procedural skills including Lumbar Puncture and Ultrasound guided

peripheral access. Furthermore, should you be interested in developing your Point of Care Ultrasound skills, there are multiple accredited individuals working within Acute Medicine who can support your accreditation in various Ultrasound modalities including echocardiography, renal tract ultrasound, lung ultrasound and rule-in DVT scans.

Teaching

- Weekly departmental teaching
- Weekly Grand Round meeting focussing on challenging clinical cases
- General Medicine SpR level simulation including focus on human factors
- Attendance at regional GIM SpR training days
- Support for study leave to attend other, externally provided, training courses or conferences.

Other Opportunities

- There are several education leaders within all the departments listed, providing you the chance to be involved with the delivery and development of education for healthcare professionals. This can include medical students, IMTs and PACES teaching in a bedside or more formal environment.
- The Trust is undergoing significant transformation with all acute services being delivered at the Bournemouth site. As a result, there are many opportunities to be involved with service development and redesign and quality improvement.
- UHD has a dedicated Research Clinical Director (working within Acute Medicine currently) and strong ties with Bournemouth University. Therefore, if you are enthusiastic about research, or want to be more involved with research, there will be numerous opportunities for you.

Contacts

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