

Wessex GP School Newsletter November 2025

Welcome from Dr Manjiri Bodhe (Head of School) & Dr Nick Moore (Deputy Head of School

Welcome to our November edition of the Wessex Head of School newsletter. We wanted to update you on what is being offered in Wessex for our Trainers and our Resident Doctors.

We have updated our website to include our Frequently Asked Questions.

Inductions

We hope that you were able to attend the recent Welcome to Wessex, GP School Speciality inductions and GP IMG Inductions and that you found these insightful.

The February 2026 ST1s will be receiving information shortly regarding their inductions.

GP School website - New IMG page

A new page, dedicated to resources for international graduate GP Residents themselves and those supervising international graduates, <u>has been added to the GP School website</u>. It includes a variety of resources including GP-specific versions of the "Hello Supervisor" forms; the "Spend a Penny" booklet; and the recently created visa FAQ document.

MPS Indemnity

As a doctor, you have a professional responsibility to ensure you are indemnified for your full scope of practice as a Resident Doctor (Please see the guidance on the <u>GMC website</u>). The NHS indemnity scheme does not provide advice or support in the event of a claim against you, so it is important to have this additional cover.

February 2026 cohort please keep an eye out for an email with more information in the coming weeks. If you do not have indemnity cover in place, please contact england.gp.wx@nhs.net.

Exams

Our patch teams receive a lot of queries about exam regulations. The RCGP website is an excellent and comprehensive resource, and we will usually signpost any questions to their pages. In practice a lot of issues can be resolved simply by checking their regulations and guidance first. There is also detailed information about the rules and deadlines to apply for reasonable adjustments. The link is MRCGP exams

FREE SCA webinars

The RCGP is running two SCA webinars which are free to RCGP members. The first is an introduction to the SCA and the second covers some case examples and top tips on supporting Resident Doctors with preparation for the SCA exam. The webinars are on 15th January and 29th January 2026 at 19:00 via Zoom. They can be booked via the RCGP website.

Providing additional information about reasonable adjustments for the RCGP

As you will be aware, an increasing number of our GP registrars apply for reasonable adjustments when they sit the AKT, SCA or both. In most cases, the RCGP can decide based on the evidence shared by the registrar, but on occasion they require additional information about how these adjustments are being managed in day-to-day practice.

Up until now, this has mean they have contacted the ES asking for a letter to answer the queries they have, which has been time consuming for our trainers.

They have now streamlined the questions they ask, and changed the format to an online form, available on the website. <u>Trainers and Educators</u>

Please note this is **NOT** required for all requests for reasonable adjustments, only when further information is required. Where this is the case, the RCGP will specifically request completion of the form.

Healthier Screen Time

The <u>Health Professionals for safer screens website</u> provides resources and guidance for all professionals to help support yourself, your families and patients in managing screen usage. Please see the video of the Clinician's Training module which will take you through the latest research, screening tools and advice on how to support patients as well as screening tools and PDF to help support your patients.

Recording consultations

As you may be aware the FourteenFish consult product has been phased out and you will no longer be able to use it to record consultations. You will be able to access your recordings until 14th March 2026.

Raising concerns about training and revalidation

The policy for raising concerns about training and revalidation for resident doctors has recently been updated. Full details are available here <u>Raising concerns about training and revalidation</u> (including complaints) | NHS England | Workforce, training and education

Wessex LMC 'How To' Webinars

Wessex LMC has a series of webinars that cover a range of topics that ST3 residents might find interesting. These relate to the broader responsibilities of being a GP in the NHS post CCT.

GP trainees are entitled to free LMC membership throughout their training and for the first year after completing their CCT. To join, simply create an account on the Wessex LMCs website here: www.wessexlmcs.com/register/.

The webinars are available here <u>"How to" Modules for GPs, Senior Leaders & Partners,</u> Educational Videos - Wessex LMCs

Medical Training Review

Professor Chris Whitty, the Chief Medical Officer, and Professor Stephen Powis, former NHS England National Medical Director, have now published their diagnostic report following the first phase of the review.

Your input, alongside that of over 8,000 medical professionals, patients, and educators across the country—including more than 6,000 resident doctors—has been invaluable in shaping our understanding of the challenges and opportunities within postgraduate medical training and identifying where fundamental change is needed.

The report identifies 11 recommendations for improvement, with four key priorities to modernise medical training:

- 1. Training must become more flexible doctors need programmes that adapt to individual career goals, not rigid pathways that limit professional development.
- 2. Excellence exists beyond formal training routes many outstanding doctors are successfully developing their skills before or outside traditional training posts.
- 3. Current training bottlenecks are damaging and must be addressed excessive competition ratios make it impossible for doctors to plan their careers sensibly or be assessed fairly.
- 4. We need to rebuild inclusive team structures creating environments where doctors at every stage of training feel valued.

The report acknowledges that there are risks to major changes but concludes that the gap between what is needed, and the current system justifies reform.

Phase 2 will now begin, involving collaborative design with medical royal colleges, postgraduate deans, the General Medical Council, NHS England, the Department of Health and Social Care, patient groups, and doctors from all stages of training.

You can read the full diagnostic report here