



# HELLO!

## WESSEX IMG/ SUPERVISOR FORM

### GUIDANCE FOR THE SUPERVISOR

The purpose of this form (and subsequent meetings) is to explore your experiences of career/ training so far and to identify any areas in which we can support you in your progression. It is important to get to know you as a trainee, through learning about your previous experience and background (both relating to work and personal life) to ensure the best support for you.

Training is a challenging time and there are various factors that can either support, or hinder your progression – both from a personal and work perspective, so we will explore a broad range of areas. If you have any concerns or feel like you are struggling in any capacity, you are encouraged to share these and reach out to ensure that we can provide support at the earliest opportunity. There is absolutely no shame in this, and it is much more beneficial if you do speak up and reach out for support rather than holding back.

As part of this, we will identify any areas that you would like additional support with, and set out an action plan to work towards, which may involve other people, and where relevant, other resources.

You need to be able to drive – it is recommended that you get this sorted sooner rather than later. Your placements could be anywhere in a large area covering Hampshire/ Dorset/ W. Sussex/ Wiltshire and public transport is not always reliable or easy.

Remember that the exams are “exit” exams to prove you are fully ready to be a GP and should not be taken too early in your training. None are to be done in ST1 and only proceed to the AKT late in your 2<sup>nd</sup> year **IF** your trainer is convinced that you are ready.

Please discuss any locum work planned with your Associate Dean, your educational and your clinical supervisor **before** doing so, ensuring that any work done does not take you over your contractual working limits. You must declare it on the Form R for ARCP, and the separate form must be signed by the placement and locum clinical supervisor. You must be making substantial progress to undertake **any** locum work.

## TRAINEE INFORMATION

Full name:

How should we pronounce your name?

What do you like to be called?

Languages are spoken in your home now:

We encourage you to speak English whenever you can outside work, in addition to listening to English radio, TV, or podcasts.

First Language:

Date of Birth:

Nationality:

Place of Birth:

Mobile No:

Email:

Preferred mode of contact:

Qualifications:

Where did you obtain your medical degree?

When did you qualify?

How was medicine taught?

Any other degrees (i.e. Pre-medicine, post-medicine)?

And what have you done since your qualifications (work wise and other life experiences)?

Have you worked in any other countries? Yes ☐ No ☐

If yes, please name the countries:

Where are you currently working?

## PLACEMENT CHECKLIST

Have you signed up for membership of RCGP to gain access to the Fourteen Fish portfolio? Yes ☐ No ☐

Have you been invited to/attended the international medical graduate induction? Yes ☐ No ☐

Have you been invited to/attended your new department's local induction? Yes ☐ No ☐

Have you received and understood your duty roster? Yes ☐ No ☐ (if no, speak to HR)

Do you know how to request annual leave? Yes ☐ No ☐ (if no, speak to HR)

Do you know how to report sickness? Yes ☐ No ☐

## SOCIAL ASPECTS

Is this your first time in the UK?

How long have you been in the UK?

Has anyone come with you?

Do you have other family & friends in the UK: Yes ☐ No ☐

Do you have children?

If yes, have you found schooling or childcare for your children? Yes ☐ No ☐

Where are you living now, and do you need to move pre-start?

Do you have any concerns about your accommodation?

How will you travel to and from work?

Can you drive in the UK? Yes ☐ No ☐ (if not, you need to learn and be able to drive in the UK or pay for your own transport to and from work and home visits)

Have you used the bus and train? Yes ☐ No ☐

Do you feel confident finding food, clothing, and other shopping? Yes ☐ No ☐

Have you set up a UK bank account? Yes ☐ No ☐

Are you registered with a GP? Yes ☐ No ☐

Do you have any health concerns we should know about?

Do you have any issues with visas? Yes ☐ No ☐

*If you have ticked yes in any of these areas, you can self-refer to the IMG Welfare team - see link in the resources at the end*

## GP TRAINING NEEDS

Have you done your dyslexia screening? Yes ☐ No ☐

Do you know what a reflective entry into the portfolio looks like? Yes ☐ No ☐  
(This is covered in IMG induction and usually in ST1 induction as well)

What are your hopes, aspirations, and expectations for GP training?

What do you feel are your current most important training needs?

What would you like to accomplish during this first placement?

Do you have any other concerns or anything else you would like to discuss?

## Supervisor Information

Name:

Mobile and Email:

Date of Interview:

## Some helpful resources

- Here is the link for the social and well-being team: <https://www.hiowpeople.nhs.uk/img-welfare-service/>
- Dyslexia screening: You should complete the dyslexia screening sent by Sally Cloughton
- Spend a penny booklet: <https://www.gpeducation.org.uk/img>
- HEE Wessex induction for IMG doctors: <https://wessex.hee.nhs.uk/trainee-information/trainee-journey/international-medical-graduates/>
- The PSW offer individual support sessions for trainees, addressing adjusting to a different cultural, ethical and professional environment, exam support, diagnosis of learning difficulties, <https://wessex.hee.nhs.uk/wellbeing-and-support/psw/>
- Free GMC welcome to UK practice workshop: <https://www.gmc-uk.org/about/what-we-do-and-why/learning-and-support/workshops-for-doctors/welcome-to-uk-practice/trainers-or-supervisors>
- <https://gp recruitment.hee.nhs.uk/recruitment/guidance-for-applicants/resources-for-imgs>
- Joining the BMA – various resources to support IMGs from practical advice such as setting up a bank account to communication with others– 50% discounted membership until September 2021 for doctors new to the UK: <https://www.bma.org.uk/advice-and-support/international-doctors/how-the-bma-can-help-you/bma-services-for-international-doctors>
- E-Learning for Healthcare induction for international doctor's programme: <https://www.e-lfh.org.uk/programmes/nhs-induction-programme-for-international-medical-graduates/>
- Professional support can also be accessed via the doctor's support network: <https://www.dsn.org.uk/professional-support>
- The RCGP provides an overview of the curriculum and other resources which could be explored with the trainee to support with identifying development areas etc. <https://www.rcgp.org.uk/training-exams/training/gp-curriculum-overview.aspx>
- Information about the ARCP can be found here: <https://wessex.hee.nhs.uk/academic-training/academic-arcp-information/>
- Wessex provide enhanced learning opportunities for GP trainees: <https://wessex.hee.nhs.uk/general-practice/gp-training/>
- Learning events can also be found here: <https://www.rcgp.org.uk/search?search=wessex%20faculty>
- Information regarding study leave can be found here: <https://wessex.hee.nhs.uk/trainee-information/trainee-journey/study-leave/>