***FORM 1***

**HELLO!**

***England***

你好

WESSEX IMG SUPERVISOR FORM

**Bonjour**

**Hello**

**Hallo**

ﻣرﺣﺑﺎ

नम े

***NHS***

# GUIDANCE FOR THE SUPERVISOR

The purpose of this meeting (and subsequent meetings) is to explore your experiences of career/ training so far and to identify any areas in which we can support you in your progression throughout the training programme. It is important in my role as your supervisor to get to know you as a trainee, through learning about your previous experience and background (both relating to work and personal life) to ensure that I can support you as best I possibly can.

Training is a challenging time and there are various factors that can either support, or hinder progression – both from a personal and work perspective so we will explore a broad range of areas. If you have any concerns or feel like you are struggling in any capacity, you are encouraged to share these and reach out to ensure that we can provide support at the earliest opportunity. There is absolutely no shame in this, and it is much more beneﬁcial if you do speak up and reach out for support rather than holding back.

As part of the discussion, we will identify any areas that you would like additional support with, and set out an action plan to work towards, which may involve other people. Where relevant, I can also signpost you to other resources or groups.

You need to be able to drive – it is recommended you get it sorted sooner rather than later.

Please discuss any locum work planned to be done outside of training with the AD, your educational and clinical supervisor before doing so, ensuring that any work done does not take you over your contractual working limits. It must be declared on the Form R for ARCP, and the separate form must be signed by the placement and locum clinical supervisor. You must be making good progress to undertake any locum work.

# TRAINEE INFORMATION

Full name:

How is your name pronounced?

What do you prefer to be called?

Languages spoken at home now (encourage English to be spoken at home/ for phone):

First Language:

Date of Birth:

Nationality: Place of Birth:

Mobile No. Email Address: Preferred mode of contact:

**MEDICAL TRAINING BACKGROUND**

Qualiﬁcations:

Where did you obtain your medical degree?

When did you qualify? How was medicine taught?

Any other degrees (i.e. Pre-medicine, post-medicine)?

And what did you do after your medical degree?

Have you worked in any other countries? Yes [[ ] ] No [[ ] ]

If yes, please name the countries

Where are you working now?

How long have you been there?

# PLACEMENT CHECKLIST

Have you signed up for registrar membership of RCGP to gain access to the Fourteen Fish portfolio? Yes [[ ] ] No [[ ] ]

Have you been invited/attended the international medical graduate induction? Yes [[ ] ] No [[ ] ]

Have you been invited/attended department local induction? Yes [[ ] ] No [[ ] ]

**Have you received and understood your duty roster? Yes [****[ ] ] No [****[ ] ] (if no, speak to HR)**

**Do you know how to request annual leave? Yes [****[ ] ] No [****[ ] ] (if no, speak to HR)**

Do you know how to report sickness? Yes [[ ] ] No [[ ] ]

# SOCIAL FOR IMG TRAINEES

How long have you been in the UK?

Is this your ﬁrst time in the UK?

Has anyone come over with you?

Do you have any other family & friends in the UK: Yes [[ ] ] No [[ ] ]

Do you have children? Yes [[ ] ] No [[ ] ]

Have you found schooling or childcare for your children? Yes [[ ] ] No [[ ] ]

Where are you living now, and do you need to move pre-start?

Do you have any concerns about your accommodation? Yes [[ ] ] No [[ ] ]

How are you traveling to and from work?

Do you have any questions?

Can you drive in the UK? Yes [[ ] ] No [[ ] ] (if no, you need to learn and be able to drive in the UK or pay for your own transport to and from work and home visits)

Have you used the bus and train? Yes [[ ] ] No [[ ] ]

Do you know how to get food, clothing, and your shopping? Yes [[ ] ] No [[ ] ]

Do you have any health concerns? Yes [[ ] ] No [[ ] ]

Have you set up a UK bank account? Yes [[ ] ] No [[ ] ]

Have you registered with a GP? Yes [[ ] ] No [[ ] ]

 Do you have any issues with visas? Yes [[ ] ] No [[ ] ]

***Please refer to social and well-being team if any issues elicited in this area - link in the resources at the end***

# GP TRAINING NEEDS

Have you done your dyslexia screening? Yes [[ ] ] No [[ ] ]

Do you know what a reﬂective entry into the portfolio looks like? Yes [[ ] ] No [[ ] ]

***(This is covered in IMG induction and usually in ST1 induction)***

What are your hopes, aspirations, and expectations for GP training? Yes [[ ] ] No [[ ] ]

What are your training needs?

What would you like to accomplish during this placement?

#  SUPPORT

Do you have any other concerns or anything else you would like to discuss? Yes [[ ] ] No [[ ] ]

# PD INFORMATION

Full name:

Mobile and Email:

Date of Interview: Signature:

***FORM 1***

你好

**HELLO!**

***NHS***

***England***

WESSEX IMG SUPERVISOR FORM

**Bonjour**

**Hallo**

ﻣرﺣﺑﺎ

# SUPERVISOR CHECKLIST

**Hello**

नम े

Here is the link for the social and well-being team: [https://www.hiowpeople.nhs.uk/img-welfare-service/](https://wessex.hee.nhs.uk/trainee-information/trainee-journey/international-medical-graduates/)

Dyslexia screening: Complete dyslexia screening as sent by Sally Claughton

Here is the link for PSW if needed: [https://wessex.hee.nhs.uk/wellbeing-and-support/psw/](https://wessex.hee.nhs.uk/trainee-information/trainee-journey/international-medical-graduates/)

Spend a penny booklet: [https://www.gpeducation.org.uk/img](https://wessex.hee.nhs.uk/trainee-information/trainee-journey/international-medical-graduates/)

Share helpful resources:

 HEE Wessex induction for IMG doctors: [https://wessex.hee.nhs.uk/trainee-information/trainee-](https://wessex.hee.nhs.uk/trainee-information/trainee-journey/international-medical-graduates/) [journey/international-medical-graduates/](https://wessex.hee.nhs.uk/trainee-information/trainee-journey/international-medical-graduates/)

 The PSW oﬀer individual support sessions for trainees, addressing adjusting to a diﬀerent cultural, ethical and professional environment, exam support, diagnosis of learning diﬃculties, <https://wessex.hee.nhs.uk/wellbeing-and-support/psw/>

 Free GMC welcome to UK practice workshop: [https://www.gmc-uk.org/about/what-we-do-and-why/](https://www.gmc-uk.org/about/what-we-do-and-why/learning-and-support/workshops-for-doctors/welcome-to-uk-practice/trainers-or-supervisors) [learning-and-support/workshops-for-doctors/welcome-to-uk-practice/trainers-or-supervisors](https://www.gmc-uk.org/about/what-we-do-and-why/learning-and-support/workshops-for-doctors/welcome-to-uk-practice/trainers-or-supervisors)

 <https://gprecruitment.hee.nhs.uk/recruitment/guidance-for-applicants/resources-for-imgs>

 Joining the BMA – various resources to support IMGs from practical advice such as setting up a bank account to communication with others– 50% discounted membership until September 2021 for doctors new to the UK: [https://www.bma.org.uk/advice-and-support/international-doctors/how-the-bma-can-](https://www.bma.org.uk/advice-and-support/international-doctors/how-the-bma-can-help-you/bma-services-for-international-doctors) [help-you/bma-services-for-international-doctors](https://www.bma.org.uk/advice-and-support/international-doctors/how-the-bma-can-help-you/bma-services-for-international-doctors)

 E-Learning for Healthcare induction for international doctor's programme:

<https://www.e-lfh.org.uk/programmes/nhs-induction-programme-for-international-medical-graduates/>

 Professional support can also be accessed via the doctor's support network: <https://www.dsn.org.uk/professional-support>

The RCGP provides an overview of the curriculum and other resources which could be explored with the trainee to support with identifying development areas etc.

<https://www.rcgp.org.uk/training-exams/training/gp-curriculum-overview.aspx>

Information about the ARCP can be found here: <https://wessex.hee.nhs.uk/academic-training/academic-arcp-information/>

Wessex provide enhanced learning opportunities for GP trainees: <https://wessex.hee.nhs.uk/general-practice/gp-training/>

Learning events can also be found here: https://www.rcgp.org.uk/search?search=wessex%20faculty

Information regarding study leave can be found here:

<https://wessex.hee.nhs.uk/trainee-information/trainee-journey/study-leave/>