

**2025 NATIONAL SELECTION
ST1 CARDIOTHORACIC SURGERY
SELF ASSESSMENT SCORES AND DESCRIPTORS**

Domain	Scores								Notes and specific evidence required to support self assessment score
	0	1	2	3	4	5	6	Range	
Section 1: Undergraduate Medical Career									
Academic Prizes & Awards	Shortlisted or finalist for an award but not winner of an award Certificate of merit, certificate of appreciation, runner-up etc.	One 1 st prize awarded for academic performance One or more bursary(ies), grant(s) or fellowship(s) awarded for research or travel	Two or more 1 st prizes awarded for academic performance		Graduated from final year medical school amongst top 10% overall		Graduated from final year medical school ranked 1 st overall OR Graduate from medical school with gold medal	0-6	For graduated from medical school in top 10% or graduated from medical school ranked 1st there must be a document from the medical school signed by them to confirm this to score.
Undergraduate Clinical Electives and Attachments	Electives or clinical attachments in Cardiothoracic Surgery in own institution of 2 weeks or less	One elective or clinical attachment in Cardiothoracic Surgery in own institution of more than 2 weeks One elective or clinical attachment in Cardiothoracic Surgery in non home institution of	One elective or clinical attachment in Cardiothoracic Surgery in non home institution of at least 4-week duration	Two or more separate electives or clinical attachments in cardiothoracic surgery in own institution of more than 2 weeks each		Two or more separate electives or clinical attachments in cardiothoracic surgery in non home institution of at least 4-week duration each		0-5	

		at least 2-week duration							
Section 2: Post graduate qualifications									
Higher Degrees	MD as primary medical qualification Registered for higher degree but not yet awarded.		Higher degree awarded in a subject not directly related to Cardiothoracic Surgery (MSc, MS, MCh, MPhil, MD, DPhil, PhD). Master in Education		Awarded master degree (MS, MCh, MPhil) with original research component directly related to Cardiothoracic Surgery.		Awarded doctorate degree (MD, PhD, DPhil) with original research component directly related to Cardiothoracic Surgery.	0-6	
Post graduate qualifications	USMLE ECFMG	MRCP	MRCS Part A		Full MRCS			0-4	
PG Cert & PG Dip	No evidence	1 or 2 postgraduate certificate(s) awarded following part or full-time supervised study relevant to research or service delivery in Cardiothoracic Surgery. (Include PG Cert in Education)	3 or more PG Cert. awarded following part or full-time supervised study relevant to research or service delivery in Cardiothoracic Surgery. 1 or 2 PG Dip(s) awarded following part or full-time supervised study relevant to research or	3 or more PG Dip. awarded following part or full-time supervised study relevant to research or service delivery in Cardiothoracic Surgery.				0-3	

ST1 CT Surgery 2025 Self Assessment Scores and Descriptors

			service delivery in Cardiothoracic Surgery. (Include PG Cert or PG Dip in Education)						
Section 3: Professional Development									
Research	Limited involvement in research e.g. data collection only	Substantive role in a completed research project <i>(Not recognised elsewhere in application i.e. not yet presented or published)</i> Recipient of one or more research grant as co-applicant Recipient of one or more personal research grant(s) as principal research grant holder with total value of less than £2,000	Recipient of one or more personal research grant(s) as principal research grant holder with total value of £2,000-£9,999 <i>(Post-graduate – i.e. must be after first university degree and medical school)</i>	Recipient of one or more personal research grant(s) as principal research grant holder with total value of £10,000-£19,999 <i>(Post-graduate – i.e. must be after first university degree and medical school)</i>	Recipient of one or more personal research grant(s) as principal research grant holder with total value of £20,000 or more <i>(Post-graduate – i.e. must be after first university degree and medical school)</i>			0-4	
Quality Improvement Project / Audit	Participation in QI / clinical audit e.g. data collection	Leadership in the design, conduct, and presentation	Leadership in the design, conduct, and presentation	Leadership and completion of 3 or more different				0-3	A document including the below bullet points should be submitted alongside evidence of Quality Improvement Project(s) /

ST1 CT Surgery 2025 Self Assessment Scores and Descriptors

	-audit project commenced but not yet completed	of 1 to 3 completed QI / clinical audit project(s) registered with audit department OR Leadership and completion of 1 QI / audit cycle registered with audit department (i.e. <i>completed both audit AND re-audit</i>)	of 4 or more completed QI / clinical audit projects registered with audit department OR Leadership and completion of 2 different QI / audit cycles registered with audit department (i.e. <i>completed both audit AND re-audit</i>)	QI / audit cycles registered with audit department (i.e. <i>completed both audit AND re-audit</i>)					<p>Audit(s) to the Self Assessment portal:</p> <ul style="list-style-type: none"> Title and reasons for choice Aim Method of baseline data collection Method of data collection after change implemented Method of planning and implementing changes Stakeholder engagement Evaluation of results and plan for maintaining changes Reflection on learning <p>This document should also be signed off by the Consultant Supervisor.</p>
Postgraduate Awards and Prizes	Bursaries, grants and fellowships awarded for research or travel	Awards or prizes awarded by a local or regional peer group related to achievement in medicine or surgery	National award(s) reflecting outstanding achievement in medicine or surgery	International award(s) reflecting outstanding achievement in medicine or surgery				0-3	
Section 4: Supporting Activities									
Presentations	Departmental presentations	Poster presentations at national or	Personally delivered 1 to 2 oral	Personally delivered 3 or more distinct				0-3	

ST1 CT Surgery 2025 Self Assessment Scores and Descriptors

		international meetings	presentation(s) as the podium presenter at a national or international society involving a major personal commitment	oral presentations as the podium presenter at a national or international society involving a major personal commitment					
Publications	Letter to editor Abstract E-comments Pay to publish journal articles	Co-author for 1 to 4 peer-reviewed publications (listed in PubMed) OR published book chapter(s) OR First author for 1 to 2 peer-reviewed publication (listed in PubMed) <i><u>NB</u> Joint first authorship would only be accepted and scored when it is clearly stated by the publishing journal.</i>	Co-author for 5 or more peer-reviewed publications (listed in PubMed) or published book chapters OR Author or editor of a relevant textbook OR First author for 3 to 4 peer-reviewed publication (listed in PubMed) <i><u>NB</u> Joint first authorship would only be accepted and scored when it is clearly stated by the publishing journal.</i>	First author for 5 or more peer-reviewed publications (listed in PubMed) <i><u>NB</u> Joint first authorship would only be accepted and scored when it is clearly stated by the publishing journal.</i>				0-3	Screenshot from PubMed to be provided when uploading evidence to the Self Assessment portal. If a publication is not retrievable on PubMed it will not score.
Organisational and Leadership Skills	Rota master or similar roles	Official role in local or regional committee work,	Overall Chair, Secretary or other equivalent					0-2	

ST1 CT Surgery 2025 Self Assessment Scores and Descriptors

<i>(within 3 years' of application closing date i.e. Dec 2021 onwards)</i>		project development, charity work etc. OR Official role in local or regional branch of a national body	leadership role of a national or international body or society						
Teaching	Ad hoc teaching commitment (<i>i.e. less than monthly for at least 6 months duration</i>) Talks given to members of the public	Evidence of regular teaching commitment to clinical professionals e.g. medical students, nurses etc. (<i>minimum frequency of monthly for at least 6 months duration</i>)	Faculty of a course with evidence of a published programme AND formal participant feedback	Formal teaching role for 6 months or more e.g. anatomy demonstrator (<i>minimum 50% WTE for at least 6 months duration</i>)	Formal teaching role for 12 months or more e.g. anatomy demonstrator (<i>minimum 50% WTE for at least 12 months duration</i>)			0-4	Applicants should upload evidence in form of contract to the Self Assessment portal. The contract must specify the number of hours worked per week and be signed by the HR department to score.
Achievements outside of medicine	No evidence	I have recognised achievements outside of medicine at a significant level that have not fitted into any other domain (Note: Examples include but not limited to representing country/county at sport, significant achievement in the field of performance arts.	I have recognised achievements outside of medicine at a significant level within the last 3 years that have not fitted into any other domain (Note: Examples include but not limited to representing country/county at sport, significant achievement in the field of					0-2	

ST1 CT Surgery 2025 Self Assessment Scores and Descriptors

		Supporting evidence required)	performance arts. Supporting evidence required)						
--	--	-------------------------------	---	--	--	--	--	--	--

Maximum score available 48