



University Hospital Southampton

NHS Foundation Trust

Internal Medicine Single Accreditation Training Programme (IMS2) Wessex Deanery, Health Education England

The Trust

University Hospital Southampton NHS Foundation Trust (UHS) provides services to some 1.9 million people living in Southampton and South Hampshire, as well as specialist services to nearly 4 million people in central southern England and the Channel Islands. With a turnover last year of more than £1 billion, the Trust is one of the largest in the country. Every year over 13,000 staff: treat about 160,000 inpatients and day patients, including about 75,000 emergency admissions and manage around 150,000 patients in the Emergency Department.

UHS is a centre of excellence for training the doctors and nurses of the future. Its role in research and education, partnered with the University of Southampton, enables the organisation to work at the leading edge of healthcare development. We are a nationally leading trust for research into cancer, respiratory disease, nutrition, cardiovascular disease, bone and joint conditions and complex immune system problems. We're also one of only a few trusts in the UK that have the ability to care for people before their birth through to the end of life, providing almost every specialism they could need along the way, 24/7. So if you want to broaden your range of general medicine skills, UHS is a perfect fit.

Southampton was ranked 4th overall of UK cities in which to live and work, based on average salary, rent, property prices, commuting costs and overall quality of life. It has excellent schools and transport links, with an international airport, direct rail links to London and more widely around the UK, and daily ferry services to the Isle of Wight. Southampton has a diverse range of shops, entertainment, leisure facilities. We are within easy reach of the beautiful South Coast and New Forest. Excellent for walking, cycling and a range of water sports. The onsite Wellbeing Centre offers a gym and range of exercise classes.

The General Medicine Department

UHSFT was an early recogniser that "expert" Generalists were required to deliver and manage patients with acute, complex or multiple co-existing problems that require a comprehensive and holistic approach to balance their individual care needs. We specialise in providing acute medical services for adults aged 18-79 across a wide range of conditions, who are transferred from ED/AMU or ITU for downstream medical care. As a tertiary teaching hospital, we have access to a full range of diagnostic investigations and enjoy excellent speciality support when required. The breadth of exposure provides excellent opportunity to attain the wide clinical curriculum competencies.

At UHSFT we have two specialist general medicine teams, led by two substantive consultants (Dr E Estabrook, Dr K Akester), each with extensive Acute and General Medicine experience. Both Consultants have a strong interest in medical education with multiple roles in postgraduate education, trainee supervision, undergraduate training, simulation, consultant appraisal and coaching. Dr Akester is the current TPD for the Single Accreditation GIM Programme in Wessex. We are dedicated and committed to helping trainees attain their clinical, management, leadership and educational goals and curriculum competencies to achieve their CCT and believe in a supportive training environment that, where possible, is tailored to individual need.

The team comprises single and dual accrediting IM Stage 2 Trainees (Neurology/Rheumatology), IMT stage 1, F1s and locally employed doctors through our renowned Fellowship Scheme. We have two dedicated GIM base wards (total 42

beds,) which affords fantastic opportunity for effective multidisciplinary working. In addition to therapy staff, we work closely with ward-based pharmacists, discharge officers, medical assistants and the GIM Matron. There are daily MDT board rounds to ensure best individualised care, shortest LOS and ensure a timely well prepared, safe discharge from hospital. We provide 3-4 Consultant ward rounds/week, run “a virtual outpatient clinic” for result follow up and a GIM referral and liaison service to support surgical/ortho/gynae specialities.

Training Opportunities

- Participation in consultant, observed and own ward rounds.
- Opportunities to see and present, GIM referrals and ITU step down patients.
- Emphasis on trainee seeing and presenting cases to consultants providing on the job teaching and assessments.
- AMU on call to gain clinical and leadership experience/competency in managing the acute take.
- Outpatient clinics – available in a range of specialties and can be tailored to individual need/interest.
- Attachments available in SDEC (Same day emergency care) to develop ambulatory care skills.
- We are well networked across the hospital and where possible can arrange placements in other specialties. For example, in the last year our trainees have had placements in GI/Hepatology, ID and Micro and palliative care. This is bespoke to trainee need, depending on prior experience, interest and learning requirements.

Classroom sessions/skills lab

- Weekly GIM Departmental teaching program – opportunities to teach & receive specialty delivered teaching.
- Trust wide weekly Grand Round Case Presentation.
- Simulation sessions including procedures.
- Regional Training Day Programme
- NHS England (Wessex) provides a range CPD sessions eg Medical Education Conference, Tomorrows Teachers, New ES/CS Course (pre consultant appt)
- Opportunities to learn how to answer complaints, write coroners reports, attend patient safety meetings etc are available and SDT time supported.

Teaching opportunities

- There are many opportunities to get involved with teaching. Examples include delivering SIM sessions, MIP Medical Student clinical skills programme, PACES teaching and GIM Departmental teaching.

Leadership and QI Opportunities

- Lead the daily MDT board round.
- Support and mentor the juniors.
- Organise the GIM Departmental teaching and Mortality and morbidity rota.
- Opportunities to act up as a consultant in the last year of training, with supervision.
- Involvement in QI and leadership projects at Department/Care Group/Trust level.
- Opportunities for leadership roles eg application for Chief Medical Registrar, junior doctor committee representative (within trust/external eg associate RCP tutor, BMA)
- NHS England (Wessex) has a range of helpful courses eg Difficult conversations, Negotiating with Integrity
- Opportunities to shadow executives, to sit on board meetings, attend governance meetings.

For further information or any questions please contact :-

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