

Supported Return to Training Scheme for GP trainees Wessex

Wessex SuppoRTT

Prior to Absence

Ideally 3 months prior to absence, if absence is unexpected then discussion with trainer at a suitable later date.

Pre absence meeting

Discussion points:

- For maternity specific needs [Wessex Maternity Factsheet](#)
 - Use of KIT days [Wessex LMC guidance for KIT days](#)
- Upcoming ESR/portfolio needs
- Think about LTFT on return [HEE LTFT guidance](#)

Complete Pre absence form with ES

Upload to e-portfolio
Send to SuppoRTT Team
Send to Patch Office
[Pre absence Form*](#)

Inform relevant people

HR department or PM at practice
Patch Dean Programme Manager
SuppoRTT team
[Wessex Deanery Contacts](#)

Prior to Return

SuppoRTT will contact doctors by email at least 12 weeks prior to return date

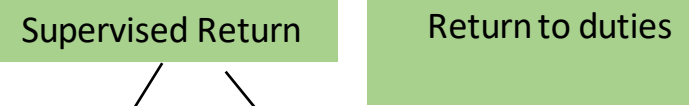
Pre return meeting

Pre-return meeting 8-12 weeks prior to return date with educational supervisor. Trainee and ES complete online form [Pre Return to Training Form*](#)

Highlight any concerns
Identify needs and signpost to appropriate resources
[SuppoRTT Mentoring](#)
Coaching,
Enhanced supervision,
Supernumerary time,

Return Period

Implement needs identified in pre return meeting



Enhanced Supervision
This can have a huge range of options and will be tailored to each individual. This should be reviewed with your educational supervisor.

Supernumerary induction
A supernumerary period is typically described as a short, intense period where the trainee is considered as an additional member staff. ***This period may not count towards training time if longer than two weeks***

Post Return Review with ES

Review progress since return and identify ongoing needs

*Forms can also be found via the time out of training tab on the trainee eportfolio