



Hampshire and Isle of Wight Community Upskilling Programme 2023

The Year of Readiness

Hampshire and Isle of Wight Integrated Care System (HIOW ICS) are delighted to launch the community upskilling programme for 2023. This exciting opportunity is the result of funding awarded by Health Education England (HEE) to support the development of an education programme for community staff that meets local needs and where possible, delivered by local experts.

The following free training has been developed in collaboration with partners across the ICS and forms the building blocks of a sustainable interprofessional learning offer across the system.

To book a place or if you have further queries about any of the courses, please contact the Education Lead for your organisation, who will support you through the application/joining process.

HIOW System Education Leads

- Hampshire County Council > Paula.hallam@hants.gov.uk
- Hampshire Hospitals NHS Trust > Katrina.mason@hhft.nhs.uk
- Isle of Wight NHS Trust > P.segar@nhs.net / anne-marie.phillips@nhs.net
- Isle of Wight Social Care > Sarah.teague@iow.gov.uk
- Portsmouth City Council > Roland.bryant@portsmouthcc.gov.uk
- Portsmouth Hospitals University NHS Trust > Joanne.smith@porthosp.nhs.uk
- Primary Care > primarycareschooltw.se@hee.nhs.uk
- Southampton City Council > Christopher.bishop@southampton.gov.uk
- Solent NHS Trust > Frances.haig@solent.nhs.uk
- Southern Health NHS Foundation Trust > Louise.hartland@southernhealth.nhs.uk
- University Hospitals Southampton > Alison.Trenergy@uhs.nhs.uk



Those working in the private, voluntary, and independent sectors, please contact us directly to discuss your training requirements > hiowicb-hsi.hiow.ahp.faculty@nhs.net



Course name	Community Rehabilitation – Long Term Conditions		
Education Provider	University of Winchester		
Overview	<p>This short course/ module will focus on physical activity approaches for people with long-term conditions. With a strong focus on building skills, knowledge and confidence for the population who live with long term conditions, this module will enable the learner to explore and appraise theories and application of behaviour change models and the social model of disability. The learner will explore population health approaches, social determinants of health and health inequalities to understand the needs of the local population, analysis and evaluation of factors and processes that facilitate effective collaboration within a multidisciplinary team, will ensure that learners are confident in developing innovative, transformative solutions / interventions that are community based and population driven. The module develops the credential endorsed by HEE for Community Rehabilitation: Physical activity for people with long-term conditions.</p>		
Target Audience	Registrants working towards an ACP role		
Method of Delivery	Face to face		
Dates/Venue/Times	1 March – 14 April 2023	Submit application to Include copy of degree certificate	
	17 April – 2 May 2023	Enrolment Online	
	Wednesday 10 May 2023	Online session 10am -12pm	Online Induction
	Wednesday 17 May 2023	10am – 1pm & 2pm-4pm	Teaching on campus
	Wednesday 31 May 2023	10am – 1pm & 2pm-4pm	Teaching Online
	Wednesday 14 June 2023	10am – 1pm & 2pm-4pm	Teaching on campus
	Wednesday 12/19 July 2023	9am – 12 and 1pm-5pm	Poster Presentation Assessment





Course name	Community Rehabilitation – Healthy Ageing			
Education Provider	University of Winchester			
Overview	<p>This short course/ module will enable the learner to explore rehabilitation theories, and interventions offered for populations to encourage their healthy ageing. The learner will develop critical skills to enhance their own rehabilitation practice and enable a self-managed approach to their clinical practice.</p> <p>The module develops learning aligned to the credential being created by HEE for Community Rehabilitation, Healthy Ageing and will be relevant to learners working in hospital and home teams, urgent community response teams, as well as frailty services, community nursing and therapy teams, and bed based reablement and rehabilitation.</p>			
Target Audience	Registrants working towards an Advanced Clinical Practitioner role			
Method of Delivery	Face to face			
Dates/Venue/Times	17th April 2023	Application Deadline		
	20-30 April 2023	Enrolment Online		
	Tuesday 2 May 2023	Teaching online	10-12 – Online Induction	
	Tuesday 9 May 2023	Teaching on campus	9:00am-12:00pm	13:00pm–15:00pm
	Tuesday 6 June 2023	Teaching on campus	9:00am-12:00pm	13:00pm–15:00pm
	Tuesday 4 July 2023	Teaching on campus	9:00am-12:00pm	13:00pm–15:00pm
	Tuesday 25 July 2023	Assessment on campus	All day	





Course name	Reduced Carer Handling
Education Provider	A1 Risk Solutions
Overview	<p>Reablement focused moving and handling training, with an emphasis on reduced carer handling and enhanced and sustained care, including single handed care:</p> <ul style="list-style-type: none">• What is singled handed care?• What are the drivers for adopting reduced carer handling?• What are the barriers?• How can we influence others to adopt this ethos?• What equipment can we use to support reduce carer handling?• What techniques can we used to support reduce carer handling?• Practical time to become familiar with equipment / techniques
Target Audience	Social Care Occupational Therapy Support Workers/ rehab and reablement assistants
Method of Delivery	Face to face
Dates/Venue/Times	Dates to be confirmed





Course name	Virtual Dementia Tour
Education Provider	Training2care
Overview	This worldwide, scientifically and medically proven method of giving a person with a healthy brain and experience of what dementia might be like, allows delegates to enter the world of the person and understand which simple changes need to be made to their practice and environment to really improve lives of people with dementia
Target Audience	Community staff across all settings, including NHS, local authority, Primary Care Networks, care homes and domiciliary care
Method of Delivery	Face to face
Dates/Venue/Times	June and July – One per 'place' 27th June Isle of Wight

Course name	Autism Reality Experience
Education Provider	Training2care
Overview	Opportunity for staff to experience immersive and hands on training which has been developed to give non-autistic people an experience of the sensory processing difficulties faced by people on the autism spectrum
Target Audience	Community staff across all settings, including NHS, local authority, Primary Care Networks, care homes and domiciliary care
Method of Delivery	Face to face
Dates/Venue/Times	June and July – One per 'place' 27th June Isle of Wight





Course name	BEACH – Bedside Emergency Assessment Course for Healthcare Staff	
Education Provider	Portsmouth Hospitals University NHS Trust	
Overview	The BEACH® course is an educational programme designed to give clinical staff increased skills, knowledge and confidence in using a structured and prioritised approach in the initial recognition, assessment, care, escalation and handover of a deteriorating person within any healthcare setting.	
Target Audience	Band 2 – 4 support workers across all community settings	
Method of Delivery	Face to face	
Dates/Venue/Times	Queen Alexandra Hospital, Education Centre, Southwick Hill Road, Portsmouth PO6 3LY	
	Tuesday 30th May	Room 11&12
	Wednesday 31st May	Room 11&12
	Thursday 22nd June	Room 3&3a
	Tuesday 27th June	Room 11&12
	Wednesday 28th June	Room 11&12
	Tuesday 18th July	Room 11&12
	Wednesday 19th July	Room 3&3a
	Thursday 20th July	Room 3&3a
	Tuesday 15th August	Room 3&3a
	Thursday 17th August	Room 3&3a
	Wednesday 23rd August	Room 11&12
	Wednesday 13th Sept	Room 3&3a
	Tuesday 24th October	Room 11&12
	Thursday 23rd Nov	Room 3&3a
	Wednesday 29th Nov	Room 3&3a





Course name	Mental Health First Aid																									
Education Provider	Mental Health First Aid (MHFA) England Courses																									
Overview	<p>With Mental Health First Aid (MHFA) England training you will be accessing the very best evidence-based Mental Health First Aid (MHFA) course available. Our training is grounded in research and developed with clinical practitioners. It is proven to increase MHFAiders® confidence in supporting people with mental health issues. With our new offer, training doesn't stop when the course comes to an end. We provide continuous support for MHFAiders® – well beyond your initial certification – so you are confident, empowered and motivated to carry out your role.</p> <ul style="list-style-type: none"> • 91% of people had a better understanding of mental health after completing their MHFA England. • Since MHFA England was founded in 2007, our Instructor Members have trained hundreds and thousands of MHFAiders® • All MHFA England Instructor Members are accredited by the Royal Society of Public Health, meaning you can expect a quality assured and consistent training experience. • We are committed to improving the mental health of the nation. 																									
Target Audience	Staff across all settings																									
Method of Delivery	Virtual																									
Dates/Venue/Times	<p>2 day course running 9am – 5pm each day</p> <table border="1"> <tr> <td>Cohort 1</td> <td>Thurs 6th April</td> <td>Wed 12th April</td> </tr> <tr> <td>Cohort 2</td> <td>Wed 19th April</td> <td>Tues 25th April</td> </tr> <tr> <td>Cohort 3</td> <td>Tues 9th May</td> <td>Tues 16th May</td> </tr> <tr> <td>Cohort 4</td> <td>Wed 17th May</td> <td>Wed 24th May</td> </tr> <tr> <td>Cohort 5</td> <td>Wed 7th June</td> <td>Mon 12th June</td> </tr> <tr> <td>Cohort 6</td> <td>Tues 20th June</td> <td>Tues 4th July</td> </tr> <tr> <td>Cohort 7</td> <td>Fri 23rd June</td> <td>Wed 5th July</td> </tr> <tr> <td>Cohort 8</td> <td>Mon 10th July</td> <td>Mon 17th July</td> </tr> </table>		Cohort 1	Thurs 6th April	Wed 12th April	Cohort 2	Wed 19th April	Tues 25th April	Cohort 3	Tues 9th May	Tues 16th May	Cohort 4	Wed 17th May	Wed 24th May	Cohort 5	Wed 7th June	Mon 12th June	Cohort 6	Tues 20th June	Tues 4th July	Cohort 7	Fri 23rd June	Wed 5th July	Cohort 8	Mon 10th July	Mon 17th July
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Course name	Frailty and Oncology																							
Education Provider	Wessex Cancer Alliance																							
Overview	<p>A short series of three frailty and oncology awareness raising half day events will be held across Wessex during April 2023-June 2023</p> <p>The events will cover:</p> <p>Event 1: Preventing frailty, Identification of pre-frailty and frailty assessment with people with cancer</p> <p>Event 2: Management of frailty in people with cancer – considerations, impact of frailty on cancer and impact of cancer on frailty</p> <p>Event 3: Learning from others sharing best practice in the management of frailty in people with cancer in different settings i.e., home, care home, primary care</p>																							
Target Audience	Primary care teams e.g., GPs, practice nurses, Additional Roles Reimbursement Scheme roles and care home workers, support workers as well as nurses, Advanced Clinical Practitioner and students studying a range of clinical education programmes																							
Method of Delivery	Face to face																							
Dates/Venue/Times	<table border="1"> <thead> <tr> <th>Workshop</th> <th>Topic</th> <th>Date</th> <th>Time</th> <th>Venue</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>Preventing Frailty, identification of pre-frailty, and frailty assessment in people with cancer</td> <td>Thursday 27th April 2023</td> <td>1-4.30pm</td> <td>Cherbourg Room, Novotel, 1 West Quay Road, Southampton SO15 1RA</td> </tr> <tr> <td>2</td> <td>Management of Frailty in people with cancer - considerations, impact of cancer on frailty and impact of frailty on cancer</td> <td>Thursday 1st June 2023</td> <td>1-4.30pm</td> <td>McAliister Suite, AFC Bournemouth, Vitality Stadium, Bournemouth BH7 7AF</td> </tr> <tr> <td>3</td> <td>Learning from others and sharing of good practice in the management of frailty in people with cancer in different settings</td> <td>Thursday 15th June 2023</td> <td>1-4.30pm</td> <td>Holiday Inn, Herbert Avenue, Southampton SO15 1HJ</td> </tr> </tbody> </table> <p>To register for one or more of these events email england.wessexcanceralliance@nhs.net providing the event date, your name and role, the organisation where you work and your email address.</p>				Workshop	Topic	Date	Time	Venue	1	Preventing Frailty, identification of pre-frailty, and frailty assessment in people with cancer	Thursday 27th April 2023	1-4.30pm	Cherbourg Room, Novotel, 1 West Quay Road, Southampton SO15 1RA	2	Management of Frailty in people with cancer - considerations, impact of cancer on frailty and impact of frailty on cancer	Thursday 1st June 2023	1-4.30pm	McAliister Suite, AFC Bournemouth, Vitality Stadium, Bournemouth BH7 7AF	3	Learning from others and sharing of good practice in the management of frailty in people with cancer in different settings	Thursday 15th June 2023	1-4.30pm	Holiday Inn, Herbert Avenue, Southampton SO15 1HJ
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Course name	Personalised Anticipatory Care Planning
Education Provider	Wessex Academy for Skills in Personalised care
Overview	<p>When we think about anticipatory care planning, we often think of people who are close to the end of their life, who are planning for their death. However, anticipatory care planning should mean so much more. Anyone with a long-term condition, which is likely to deteriorate, should be encouraged to think about and plan for changes in their health and functioning; how they would like their condition to be managed when they deteriorate? The benefits of having these conversations is that people have more choice and control in their care, which is based on the things that matter the most to them.</p> <p>This course is aimed at health or social care professionals, who work with people with long term conditions, which are likely to deteriorate at some point in the future. We will explore ways in which we can start to have these conversations; to develop anticipatory care plans, which are based on what matters to the person, supporting them to live as well as they can, throughout the changes in their condition.</p> <p>We will focus on:</p> <ul style="list-style-type: none">• What does anticipatory care planning encompass?• Who can undertake anticipatory care planning?• What are the important features of a personalised anticipatory care plan?• How do we go about having conversations with people about making an anticipatory care plan?
Target Audience	Health and social care professionals
Method of Delivery	Virtual
Dates/Venue/Times	Sept and Oct dates to be confirmed





Course name	Positive Risk Taking
Education Provider	Jo May – Clinical matron for Frailty and Falls - HHFT
Overview	<ul style="list-style-type: none">• To understand the importance of recognising risk in the context of discharge planning and community management planning in particular for individuals living with frailty• To have an understanding of what is meant by risk: for us and for our patients and how we can influence risk• To develop an understanding of what is involved in risk decision making and the importance of patient choice• To understand the legal implications of risk decisions and our roles and responsibilities• To understand the positive benefits of managing risk effectively and how to articulate them for documentation purposes and the benefit of our patients
Target Audience	Registrants
Method of Delivery	Virtual
Dates/Venue/Times	5th May and further date to be confirmed





Course name	Ready-Step-Go
Education Provider	University of Southampton
Overview	<p>Having good foot health means that people can walk, work, and have better wellbeing through good mobility and being able to access their lives. Conversely, poor foot health is a known determinant of worse health outcomes, including reduced quality of life, increased healthcare utilisation, and increased unplanned hospital admissions; particularly for people living with long term conditions (LTCs) affecting the lower limb, e.g., cardiovascular disease. The number of people living with LTCs is increasing, as is the number of people living with poor foot health, reduced mobility, or in need of amputation. However, access to support for people to maintain foot health is limited; there are approximately 4,000 podiatrists within the NHS nationally, and within the South East of England there is approximately 1 Podiatrist to every 30,000 people. Access to NHS Podiatry service is restricted to people at imminent high risk of amputation or loss of life. Thus, there is a provision gap and need for better access to education and personalised support for foot health.</p> <p>The training provided will increase knowledge about foot health assessment, hygiene and basic care, introduction to assessing and managing risk, and the wider foot health.</p>
Target Audience	Care Navigators, Social Prescribers, Support workers, care homes staff, domiciliary staff
Method of Delivery	Virtual
Dates/Venue/Times	TBC



System Workforce Readiness

NHSE and HEE have identified a need to develop community practice to meet future models of care. The plan is to further develop the staff who provide care to patients and their families, in the community.

A survey has been developed to assess the readiness of the staff, in the South East, to be further developed (upskilled).

The information you provide will inform HEE's funding allocation for this workforce.

Please complete the following survey by Friday 31st March

AHPs: <https://ahs.onlinesurveys.ac.uk/readiness-of-hee-south-east-ahps>

Nurses: <https://ahs.onlinesurveys.ac.uk/readiness-of-hee-se-nurses-and-associated-support-workforce>

Managers: <https://ahs.onlinesurveys.ac.uk/readiness-community-to-upskill-managers-survey>



Those working in the private, voluntary, and independent sectors, please contact us directly to discuss your training requirements > hiowicb-hsi.hiow.ahp.faculty@nhs.net