# Trainee of the year 2022 awards

1.1 Introduction:

Wessex School of Obstetrics and Gynaecology wishes to continue to recognise excellence in training through the award of prizes to those trainees who demonstrate a high level of achievement in training. The categories are divided into level of training and can include achievements in the preceding training year, except the Gold award where all achievements can be included.

It is also hoped that the awards will promote a culture of aspiring to excellence in training throughout our region by sharing these successes.

In total four trainee awards are available:

• ST1-2 Award

• ST3-5 Award

• ST6-7 Award

• Gold/ CCT Award (for excellence throughout the entire course of training)

Educational Supervisors, Clinical Supervisors and/or College Tutors may nominate trainees in each category for consideration of the award. Self-nominations are also encouraged. The process for selecting nominations for the awards should be transparent so this document will be uploaded to the Wessex deanery website. Nominations must be submitted by November 18th 2022 to [obsandgynae.wx@hee.nhs.uk](mailto:obsandgynae.wx@hee.nhs.uk) and the awards will be announced at the Trainees AGM on 9th December 2022.

If the number or quality of nominations received are too low to allow a prize in each category, the Head of School reserves the right to combine the tiers.

All educational supervisors (current or previous) will be invited to nominate trainees for the regional awards by November 18th 2022 using the attached electronic application form. Trainees and College Tutors will be advised when nominations are open. Clinical Supervisors or College Tutors can be involved in making nominations if required. Longlisted trainees will be invited to submit further information for the panel’s consideration using the Trainee Details form in appendix 2.

The anonymised nomination forms will be scored by a panel of at least three Wessex trainers who are not currently members of the STC (ie not college tutors or TPDs). The Head of School will also score the named application forms and check that trainees are eligible to apply. The nominations will be scored using the RCOG 2016 scoring system (appendix 3). The panel will discuss the submitted scores and agree with the Head of School the successful trainee for each category.

## 1.2 Rules of entry/ eligibility

* Trainees must be registered with the RCOG as a trainee in obstetrics and gynaecology
* Applications will be considered for individuals who have been both in or out of training in the last two years to ensure maximum flexibility in eligibility criteria.
* The awards should be for achievements above and beyond that required for satisfactory outcomes at ARCP.
* Entries for the ST1-2, ST3-5 and ST6-7 award relate to work and achievements in the last two years. Nominated individuals must confirm which award they wish to be considered for to assist fair scoring of applications.
* Entries for the Gold/ CCT award relate to work and achievements over the whole of the training up until CCT. This prize is awarded for those at ST7 level who have achieved an outcome 6 at ARCP.
* By accepting the award, individuals grant Wessex Deanery the right to publish their names, and a summary of their achievements both in printed format and on the Wessex Deanery website and in the School of Obstetrics and Gynaecology prospectus.
* All entries will be judged in an objective, transparent process and the decision of the judging panel is final.
* The panel reserves the right to withhold an award if it is felt that all entries are below the required standard.
* The panel reserves the right to combine tiers if the number of nominations for each category are too low to allow fair competition within that category.
* The panel reserves the right to withdraw an award if it has reasonable reason to believe its decision was based on inaccurate evidence.
* Applicants must be in good standing in order to be eligible for an award and the panel reserves the right to withdraw an award if it believes this to be untrue.

## 1.3 Trainee Selection

The following categories should be considered when selecting trainees for nomination.

* Professional self-development
* Contribution to research
* Contribution to teaching and training
* Contribution to patient safety
* Contribution to delivering, developing and leading a high quality service and clinical effectiveness

The trainee award nomination form is given in appendix one.

The scoring system by which nominations will be judged is given in appendix 3.

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# Appendix One: Trainee Nomination form

Trainee name:

Level of award: ST1-2 / ST 3-5 / ST 6-7 / Gold award (CCT)

Name of nominating clinician (or self-nomination):

Role: Educational supervisor / Clinical Supervisor / College Tutor / Other (please state)

Please email completed form to [obsandgynae.wx@hee.nhs.uk](mailto:obsandgynae.wx@hee.nhs.uk)

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Please select the domain(s) in which you (if self-nomination) or your trainee has demonstrated excellence in training (multiple areas may be selected)

PROFESSIONAL SELF DEVELOPMENT

CONTRIBUTION TO THE DELIVERY OF A HIGH QUALITY SERVICE

CONTRIBUTION TO PATIENT SAFETY

CONTRIBUTION TO RESEARCH

CONTRIBUTION TO TEACHING AND TRAINING

Please give a brief summary of your own (if self-nomination) or your trainee’s achievements within their domain(s) of excellence (max 300 words). Longlisted trainees will be asked to provide further details of their achievements.

Appendix 2: **Trainee further details form**

Congratulations on being nominated for the Wessex Trainee of the Year award. The judging panel would be grateful if you could give further detail on your achievements over the last two years of training (or over the training programme if nominated for the Gold/CCT award).

Please complete all the boxes, adhering to a 300 word limit per category.

Name:

Training award level: ST1-2 / ST 3-5 / ST 6-7 / CCT

Please submit completed form by email to [obsandgynae.wx@hee.nhs.uk](mailto:obsandgynae.wx@hee.nhs.uk)

----------------------------------------------------------------------------------PROFESSIONAL SELF DEVELOPMENT: Explain how you have planned and executed your professional development.

CONTRIBUTION TO THE DELIVERY OF A HIGH QUALITY SERVICE: Explain how you have contributed to improving quality of care and clinical effectiveness. Please give examples of projects undertaken and impact on the delivery of healthcare in your workplace.

CONTRIBUTION TO PATIENT SAFETY: Explain how you have contributed to patient safety. This can be in the clinical or research setting.

CONTRIBUTION TO RESEARCH: Please detail your contribution to research (be explicit about your role).

CONTRIBUTION TO TEACHING AND TRAINING: Please detail you involvement in and contribution to teaching and training in O+G.

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# Appendix Three – Trainee Awards Scoring

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|  | **SCORING GUIDANCE** | | | | | **Score** |
| **CRITERION** | EXAMPLES OF ACHIEVEMENTS  (non exclusive, and expectations should be according to level of training) | Delivers **as expected** for level of training | **Above expectations** for level of training | **Outstanding** performance for level of experience | **Exceptional** trainee, performing well above average | /12 |
| **Self Development** | -Ambitious and innovative in goal setting both clinically and non clinically  -Proactive in personal development with consistent delivery of personal goals  -Wider appreciation of personal development in the evolving medical environment | 0 1 2 3 | 4 5 6 | 7 8 9 | 10 11 12 |  |
| **Delivery of a high quality service** | -Delivers high quality care (e.g. with high level feedback/ awards)  -Role within established care quality improvement projects (e.g. enhanced recovery)  -Identifies areas of improvement, initiates and delivers change  -Regional and national involvement | 0 1 2 3 | 4 5 6 | 7 8 9 | 10 11 12 |  |
| **Patient Safety** | -Actively engages in patient safety initiatives  -Attendance and active involvement with patient safety groups – local, regional and national  -Initiates and delivers on novel patient safety initiative | 0 1 2 3 | 4 5 6 | 7 8 9 | 10 11 12 |  |
| **Research** | -Active engagement in research under guidance of and part of a larger research team  -Involvement in research planning  -Senior/ lead investigator  -Supervision and training of junior colleagues in research skills  -Publication in peer reviewed journals/ oral presentation at regional/ national/ international level  -Research as part of a higher qualification | 0 1 2 3 | 4 5 6 | 7 8 9 | 10 11 12 |  |
| **Teaching and Training** | -Clear commitment to (prescripted) formal undergraduate/ MDT/ junior teaching  -Initiates and organises formal teaching  -Involvement in the organisation and delivery of national and international teaching and training | 0 1 2 3 | 4 5 6 | 7 8 9 | 10 11 12 |  |
| **Global Score** | /20 |  |  |  |  | Total Score  /80 |

* As these awards aim to recognise trainees working above and beyond what would be normally expected for them at their level of training (outcome 1 at ARCP), it is anticipated that the majority of scores will range 4-9.
* By definition, an exceptional achievement should be particularly noteworthy, even at this high level, and it is expected that few trainees will score 10 and above in each category.
* The achievement list is not exhaustive and not defined for each scoring classification as expectations will differ according to trainee’s ST level
* This score sheet favours consistency in standards of performance across the breadth of clinical and non clinical work, as befits a high achieving trainee. However it is acknowledged that excellence in a field is often achieved to the slight detriment of other areas, and the global score allows for this.