

Course dates 2022: Mental Health First Aid training – South East

Course number	Session dates	Session times
3	Tuesday 3 May 2022 Thursday 5 May 2022 Tuesday 10 May 2022 Thursday 12 May 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
4	Tuesday 17 May 2022 Thursday 19 May 2022 Tuesday 24 May 2022 Thursday 26 May 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
5	Tuesday 7 June 2022 Thursday 9 June 2022 Tuesday 14 June 2022 Thursday 16 June 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
6	Tuesday 5 July 2022 Thursday 7 July 2022 Tuesday 12 July 2022 Thursday 14 July 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
7	Monday 5 September 2022 Wednesday 7 September 2022 Monday 12 September 2022 Wednesday 14 September 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
8	Wednesday 21 September 2022 Friday 23 September 2022 Tuesday 27 September 2022 Thursday 29 September 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
9	Monday 3 October 2022 Wednesday 5 October 2022 Monday 10 October 2022 Wednesday 12 October 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
10	Tuesday 4 October 2022 Thursday 6 October 2022 Tuesday 11 October 2022 Thursday 13 October 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
11	Tuesday 1 November 2022 Thursday 3 November 2022 Tuesday 8 November 2022 Thursday 10 November 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30
12	Tuesday 15 November 2022 Thursday 17 November 2022 Tuesday 22 November 2022 Thursday 24 November 2022	12.00-14.30 12.00-15.00 12.00-15.00 12.00-14.30