# Identifying the potential doctor in difficulty

Interactive Development Session
GP Education Team
Portsmouth & Wessex

# Is there a problem?

#### Failure to achieve CCT:

- Costs to Deanery (£40K per 6 months)
- Pressure on training places
- Trainer motivation
- Trainee well-being

#### Who is at risk?

- IMGs (COGPED data)
- Low scorers at recruitment
  - Low scores Stages 2 / 3 = exam failure<sup>1</sup>
  - SJT paper (Stage 2) = increased panel attendance<sup>2</sup>
- "Commuters" (local evidence)
- <sup>1</sup> Wessex data (unpublished)
- <sup>2</sup> Remedios L, Deshpande A, Harris M, (2010) Helping international medical graduates to succeed in the nMRCGP. *Education for primary care*. **vol./is. 21/3**: 143-4

### COGPED Evidence: one indicator

#### 2010/2011 CSA Pass Rates Data

X Taken	UK Graduates	Non-UK Graduates
One	92%	41%
Two	98%	63%
Three	99%	74%
Four	(100%)	80%

# Deanery Strategies

- Culture and Learning training for GP educators (Prof Ross Freeman & Dr Majid Jalil)
- Deanery training package for GPST1/2 trainees to encourage self-identification
- Additional support for trainees at risk & GPST4 extensions
- New activities to identify those at risk asap

# REAM

# Rachel's Early Assessment Model

#### **REAM**

- Reason for development
- Pilot
- Proposed use

#### Structure

- CSA exam practice
- Change from hospital model
- 10 min consulting

#### InSPIRE DOCS

- Introduce yourself
- Starter question
- Psycho social/ Put problem in context.
- Ideas Concerns Expectations
- Red Flags
- Examination
- Diagnosis
- Options for treatment
- Check understanding
- Safety net

#### Non medical

- Negates the need for a level of medical knowledge or experience
- Examines the ability of candidates to apply a structure in a day to day conversation.
- Can identify some cultural differences

#### REAM cases

- Ethical dilemma (stained dress)
- Organisational anxieties (dinner party)
- Breaking bad news (car crash)
- Managing chronic disease (dripping toilet)
- Genetics/family tree (Uncle Patrick)
- Unidentified rashes (Animal)

# Marking Scheme: CSA domains

- Data Gathering
  - Positive / Negative descriptors
- Clinical Management Skills
  - Positive / Negative descriptors
- Interpersonal Skills
  - Positive / Negative descriptors
- See handout example

# Case example

#### Notes for actor:

- Opening statement: 'I am holding a dinner party and am feeling really anxious about it'
- You are about to host a dinner party for six guests. Your husband will be there too, making a total of eight. You do not know what to cook.
- You are concerned that some people may be vegetarians.
- You are not a great cook and have limited menus you feel confident with.
- You are not sure whether to cook something new and exciting or stick to the 'old favourites'
- You do not know what to wear.
- You do not have enough matching crockery and don't know if you should buy some new or just use mix and match.
- You are concerned that you will 'get it wrong' and embarrass yourself and your husband.
- You expect your GP to listen to all this and explore your options.

# Have a go

Us

goldfishbowl demonstration

■ You .....

in pairs

# REAM Activity

#### In pairs

- One be 'doctor' / other be 'patient'
- Chose your problem
- Use InSPIRE model to explore problem

- Did you find a solution that the 'patient' felt able to carry forward?
- Who did most of the talking / listening?

# Learning for Us

- Identifying poor consultation skills also illustrates lack of clinical knowledge & understanding of psycho-social context.
- Several strategies needed
  - Increased activities to identify needs
  - One-to-one practice with actors/feedback
  - Language development support
  - Individual trainer support mentor; locums
  - Trainer support groups

# And they said.....

- All the scenarios were absolutely original
- Allowed me to practice assessment without the worry of inadequate clinical knowledge
- This is an invaluable tool for consultations
- We are lucky to have such a wonderfully clever resource in our Deanery
- There were many things that made me think, and lots to go away and work on now!!