

# Celebrating a New Kind of Doctor

Wessex Medical Educators' Forum 2019



9 and 10 January 2019

New Place Hotel, Shirrell Heath, Southampton

Developing people  
for health and  
healthcare

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# Celebrating a New Kind of Doctor

## Wessex Medical Educators' Forum 2019

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Welcome to New Place in 2019. We hope to build on the new venue and new format that we developed last year which was a mix of talks, examples of good practice, an opportunity for you to network and also to learn something new.

We talked last year about doing something in 2019 on the theme of wellbeing, and understanding how we might all better communicate between generations. The Associate Dean team has been instrumental in gathering ideas, sourcing speakers and generally trying to pull together an eclectic programme for this year which I hope will keep the spirit of this Forum alive and well – as well as being educational and fun.

2018 was a busy year – the first half being consumed by preparation for our 5-yearly GMC Regional Review which I'm delighted to say went off extremely well. There was a significant focus on Psychiatry across all 3 Providers and Wessex is now seen by the GMC as an exemplar of how to deliver good education and increase recruitment to the specialty. This deserves a massive thank you to the School of Psychiatry and all those involved in ensuring that doctors in training are inspired to follow this career path. Of course other specialities – mainly GP and those involved in the acute take – were reviewed and came out with great reports. A particular highlight for me was a showcase event where we invited a mix of Fellows from across Wessex who were all involved in various activities – Global Health, SCAS, Chief Registrars, Medical Education, Research, and Public Health Fellows to name but a few – just to talk about what being a trainee in Wessex was like. This was very well received by the GMC who got to understand the breadth of education in Wessex and the ethos that we have developed in providing extended development opportunities for our future doctors. None of this of course is possible without your support – so thank you again.

Finally, this year's Forum is tinged with a hint of sadness for me as I recognise that this will be my last as Postgraduate Dean. I am delighted to have been afforded the opportunity to have a handover period and it is a privilege to have Paul Sadler holding the reins day to day as I work on some national projects and I know he will both enjoy your full support and continue to lead on some exciting projects. I have told everyone in the 2+ years that I have been Dean that this has been the very best job of my career – because there is nothing as rewarding as working with a hugely committed Faculty who are pulling in the same direction and building a future generation of doctors and other clinicians. I move on to a new (and unsolicited) opportunity and challenge as Professor of Clinical Education at the University of Sydney, and Director of the Western Sydney Local Health District Education Network. I look forward to building on the learning and positivity from Wessex which I know has a lot to share with the rest of the world. I wish to thank each and every one of you for your support and collegiality which has made this job so fantastic – you welcomed me warmly and have supported me to be the best that I could be. And please accept this as an invitation to make contact and visit me when in Sydney – it would be fantastic to see you.

Enjoy New Place in 2019.

Best wishes

**Peter**

(Personal contact details: Peter.Hockey@pulmonology.co.uk;  
UK mobile +44 7710 077502; Australian mobile +61 415 995 604)



**We have applied for CPD points for the entire event**

# Day 1

## Wednesday 9 January 2019

Arden Suite

Time	Session	Lead
9.00am – 9:50am	<b>Registration and Refreshments</b>	
9.50am – 10.20am	Welcome and Review of Last Year	Dr Peter Hockey, Postgraduate Dean
10.20am – 11.20am	Themes Emerging from the Foundation programme review	Dr Mike Masding, Head of Foundation School Dr Phil Rushton, Associate Dean
11.20am – 11.50am	<b>Refreshments – Arden Foyer</b>	
11.50am – 1.00pm	The Millennial Learners – changing the way we learn and teach	Dr Georgina Burke, Consultant Neurologist, University Hospital Southampton NHS Foundation Trust
1.00pm – 2.00pm	<b>Lunch – Bristol and Dining Room in Manor House</b>	
<b>Afternoon Sessions – Held in Arden Suite</b>		
2.00pm – 2.30pm	SuppoRTTted Return To Training update	Dr Antonia Calogeras, Associate Dean for SuppoRTT, HEE Thames Valley and Wessex
2.30pm – 4.00pm	<ul style="list-style-type: none"> <li>• Training Tribulations – Edutainment</li> <li>• Addiction Medicine in Australia (OOPE)</li> <li>• Training overseas</li> </ul>	Dr Rachel Elliott, Associate Dean Dr Jennifer Dolman, Associate Dean Dr Emma Brandish, ST6 in General Adult Psychiatry Dr Andrew Livingstone, Intellectual Disabilities Psychiatrist Dr Susannah Bond, ST4 Psychiatry Trainee Dr Maryam Adil, Trust doctor in Diabetes and Endocrinology
4.00pm – 4.20pm	<b>Refreshments – Arden Foyer</b>	
4.20pm – 5.50pm	Opportunity for School meetings and other business meetings in the Business Centre or Manor House	Heads of School Other leads
6.00pm – 6.45pm	<b>Drinks Reception – Arden Foyer</b>	
6.45pm – 8.00pm	The Leadership Academy Lecture – differential attainment, ethnicity and determinants of performance – Arden Suite	Dr Katherine Woolf – Associate Professor in Medical Education at UCL Medical School and NIHR Career Development Fellow
8.00pm	<b>Dinner – Arden Suite</b>	

Dress code: Smart casual for day sessions and smart for Wednesday evening dinner

# Day 2

## Thursday 10 January 2019

Arden Suite and Business Centre

Time	Session	Lead
8.45am – 9.00am	<b>Registration and Refreshments</b>	
9.00am – 9.05am	Welcome back	Dr Jane Hazelgrove, Associate Dean
9.05am – 9.35am	Review of Day One	Dr Stuart Purcell, Consultant Psychiatrist and Director of Medical Education
9:35am – 10.55am	Speaking up and listening up – Open dialogue in the training relationship	Professor Megan Reitz, Professor of Leadership and Dialogue, Ashridge Executive Education, Hult International Business School
10.55am – 11.25am	<b>Refreshments and check workshop location – Arden Foyer</b>	
11.25am – 11.30am	<b>Move to the Business Centre for workshops – Session 1</b>	
11.30am – 12.15pm	Cognitive Bias Awareness	Dr Denise Cope, Associate Dean; Dr Jane Hazelgrove, Associate Dean
	Learning to Lead Toolkit launch	Maggie Woods, Deputy Director Leadership and OD – Thames Valley and Wessex Leadership Academy and Associate GP Dean, Health Education England, Thames Valley
	Balint Group for Medical Students	Dr Saadia Muzaffar, Consultant in Psychiatry, Southern Health NHS Foundation Trust
	Educating with NLP	Dr Sam Powell – Freelance GP, Programme Director, PSU Case Manager and Leadership Academy Mentor
	How to support trainees with exam challenges	Dr Hilary Swales, Consultant in PSU HEE Wessex and Consultant Anaesthetist UHS; Dr Poppy Mackie, Case manager, exam support expert and Consultant Anaesthetist UHS
	Virtual Reality (VR) – Does it have a role in medical education?	Dr Richard Elliott, GP TPD Portsmouth and ARCP Panel Chair Dr Bryony Sales, GP Associate Dean (Portsmouth)
	Thinking about challenging conversations between trainees and trainers	Dr Catherine Smith, Consultant Psychiatrist in Medical Psychotherapy, Southern Health NHS Foundation Trust

We have applied for CPD points for the entire event

## Day 2 (continued)

Thursday 10 January 2019

Arden Suite and Business Centre

Time	Session	Lead
12.15pm – 1.00pm	Lunch – Bristol and Dining Room in Manor House	
1.00pm – 1.45pm	Workshops – Session 2 Business Centre	
1.45pm – 1.50pm	Move to Arden Suite	
1.50pm – 2.10pm	Wessex Differential Attainment Data	Dr Fatima El-Bakri, Associate Dean (Interim)
2.10pm – 2.45pm	IMG Fellows Programme presentation	Dr Stuart Purcell, Consultant Psychiatrist, DME and Mentor Dr Maryam Adil, Trust Grade doctor Diabetes and Endocrinology Dr Nkolika Anyabolu, GP Dr Wajid Iqbal, ST5 Psychiatry trainee Dr Mariam Safdar, ST3 GP trainee Dr Wael Fayek Saleh, ST1 GP trainee
2.45pm – 3.15pm	MyDay: What we have learnt from our research	Mr Freddy Beer, Education Research Fellow, HEE Wessex Dr Matt Hammerton, Education Research Fellow, HEE Wessex
3.15pm – 4.00pm	Kintsugi – The art of repair	Mr Ross Fisher, Consultant Paediatric Surgeon, Sheffield Children's Hospital
4.00pm – 4.15pm	Summary	Dr Paul Sadler, Postgraduate Dean (Interim)
4.15pm	Close	

Dress code: Smart casual for day sessions and smart for Wednesday evening dinner

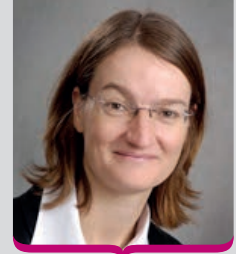
# Guest Speakers

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## **Dr Georgina Burke** **Consultant Neurologist, University Hospital Southampton** **NHS Foundation Trust**

Dr Georgina Burke is a Consultant Neurologist at Southampton University Hospitals NHS Trust. She obtained her MBBS and intercalated BSc from King's College, London. Dr Burke first came to Wessex in 1998 as a trainee, and returned in 2006 after obtaining a DPhil at Oxford University.

Dr Burke's interest in education started with a gap year teaching maths and science O'Level in a rural school in Zimbabwe. She is currently Neurology TPD for Wessex, sits on the Neurology SAC committee and the SCE Examining Board. She is a regular reviewer for the journals Practical Neurology and Neuromuscular Disorders, and has co-edited a book "Medicine For Dentists". Dr Burke started researching the Millennial generation when asked to give a lecture on 'Does Technology Change Your Brain?' last year. She can be contacted at [georgina.burke@uhs.nhs.uk](mailto:georgina.burke@uhs.nhs.uk).



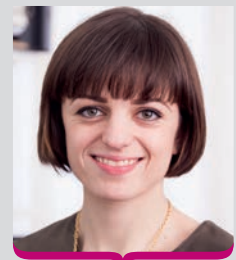
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## **Dr Katherine Woolf** **Associate Professor in Medical Education at UCL Medical** **School and NIHR Career Development Fellow**

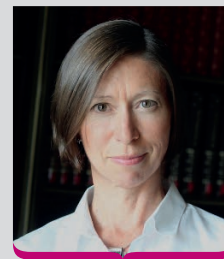
Dr Katherine Woolf is Associate Professor in Medical Education and Honorary Research Fellow in Psychology at UCL. She is a National Institute for Health Research (NIHR) Career Development Fellow, a Fellow of the Higher Education Academy, and educational advisor to the Membership of the Royal Colleges of Physicians (UK) examination.

Dr Woolf's research is about understanding and addressing inequalities in medical education, notably differential attainment by ethnicity, and more recently socio-demographic differences in selection into medical school. Her work has been used by the General Medical Council and Health Education England to improve the fairness of medical training at postgraduate and undergraduate levels.

Dr Woolf also has an interest in assessment, and contributed to the recent redesign of the MRCP(UK) clinical examination 'PACES 2020', as well as HEE's 2018 review of the Annual Review of Competence Progression (ARCP).



## **Professor Megan Reitz MA (Cantab), MSc, MRes, PhD Professor of Leadership and Dialogue, Ashridge Executive Education, Hult International Business School**



Megan is Professor of Leadership and Dialogue at Ashridge where she speaks, researches, consults and supervises on the intersection of leadership, change, dialogue and mindfulness. She is on the Thinkers50 radar of global business thinkers and is ranked in HR Magazine's Most Influential Thinkers listing. She has presented her research to audiences throughout the world and is the author of *Dialogue in Organizations and Mind Time*. She is currently writing a book for Financial Times called 'Speak Up' due for publication in 2019.

Her passion and curiosity centres around the quality of how we meet, see, hear, speak, learn with and encounter one another in organisational systems. Her research and publications, featured in Harvard Business Review and Forbes magazine, explore the neuroscience of leadership, the links between mindfulness and leadership capacities for the 21st century and the capacity to 'speak truth to power' and enable others to do the same.

Before joining Ashridge, Megan was a consultant with Deloitte; surfed the dot-com boom with boo.com; and worked in strategy consulting for The Kalchas Group, now the strategic arm of Computer Science Corporation. She was educated at Cambridge University and has a PhD from Cranfield School of Management. She is an accredited executive coach with Ashridge and The School of Coaching.

She is mother to two wonderful daughters who test her regularly on her powers of mindfulness and dialogue.

Megan can be contacted at [megan.reitz@ashridge.hult.edu](mailto:megan.reitz@ashridge.hult.edu)

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## **Mr Ross Fisher Consultant Paediatric Surgeon, Sheffield Children's Hospital**



Ross is Consultant Paediatric Surgeon at Sheffield Children's Hospital, Sheffield, UK. He is lead surgeon for Oncology and Trauma. He is Chairman of TARNlet, the national paediatric trauma database. He is firmly committed to advancing the state of medical education. His alter ego is @ffolliet who is an acknowledged leader in medical presentation skills. He leads workshops and presented on this topic worldwide. His website on presentation skills [ffolliet.com](http://ffolliet.com) receives greater than 6000 visits a month.

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**Health Education England – Wessex**

Southern House, Winchester, Hampshire SO21 2RU

t: 01962 718400

Email: [reception.wx@hee.nhs.uk](mailto:reception.wx@hee.nhs.uk)



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