

GP Quality Improvement Fellow

A brief outline of my Fellow year 2013-4

Bryony Sales

8th January 2015

Haven Hotel, Sandbanks

GP Quality Improvement (QI) Fellow Programme



Health Education Wessex

- Post CCT, part time (60%), up to 2 days in GP
- QI projects, medical education & leadership
- Postgraduate Certificate in Medical Education at University of Winchester

Project achievements

- Audio-COT
- Burnout
- Communication skills
- Dementia

Audio-COT (Consultation Observation Tool)

- Development of tool
- RCGP Workplace Based Assessment core group: national pilot
- International/National conferences: Ottawa, AMEE (Milan), RCGP (oral presentation) & Wessex MEF (runner up prize)
- ‘Green journal’ article submission
- Awarded ‘GP Speciality Trainee Award 2014’ at RCGP Conference

Do GP trainees suffer burnout?

Identification and evaluation of trainees at risk

- Extend existing burnout work to include trainees
- Identify at risk groups
- Establish timely support to prevent burnout
- Currently data gathering for second year
- Initial findings presented (poster) RCGP Conference

A trip to the movies: using film to facilitate communication skills learning and assessment

- Integration of film and television clips with role-play
 - Challenging communication scenarios
- Facilitate learning of communication skills for FY2s in GP
- Presented at RCGP Conference by Alex Macdonald (ex-GP Fellow)



GPs Attitudes to Dementia and Identification of Potential Barriers to Referrals to Secondary Care

- Data collated in Portsmouth compared to Dorset data collated by Emer Forde (ex-GP Fellow)
- Work presented (poster) at RCGP and Public Health England Wessex Conference

My learning points

- Fantastic opportunity to:
 - » Develop skills in leadership, management and teaching
 - » Learn process of undertaking a QI project & preparation of research papers/posters
 - » Meet inspirational people in all fields of medicine
- Appreciation of dynamic interrelationship between QI and medical education activities
- The personal importance of the right blend of career for clinical and educational work

Moving forwards

- Programme director
- Audio-COT development with RCGP –anticipate introduction as an assessment for licensing
- Continuing Medical Education MA
- GP Partner

Final thoughts

- My Fellow year has:
 - » Enabled me to develop my own interests whilst gaining a general overview of GP education & QI
 - » Shaped my career in general practice, developing teaching and leadership skills
- I better appreciate the benefit of education to improve patient outcomes

Thanks &

Acknowledgements

GP Education Unit in Portsmouth and Southampton

- Wessex Deanery
- University of Winchester
- RCGP workplace based assessment core group
- GP trainers and trainees in Portsmouth and Wessex wide
- Dr Alex Macdonald and Dr Emer Forde, Ex-GP Fellows
- Dr Marion Lynch, QI Lead, Wessex and Thames Valley
- Dr Balaji Wuntakal, OPMH Consultant, QI Project supervisor
- Dr Samantha Scallan, Wessex GP Research lead

Questions

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