

PREP 3

Following format for the senior training days agreed:

Day will be 9am through until 5pm. Day of the week the training day occurs hasn't been fixed to allow them to be varied for LTFT trainees and to avoid key holidays/meetings eg RCPCH conference etc. However dates will be allocated at the planning session in the preceding year. We will not have training days on Mondays due to clinical (service) pressures and we will avoid Tuesdays as this is when all more junior ST training programmes occur.

The day's registrar organiser/s will lead the session before lunch of each day which will be a review/discussion of recent Guideline eg NICE/Government RCPCH policy/journal article. If a journal review then this is to be a formal critical appraisal of the article rather than just a discussion about the article.

The final session of the day (except on SIM days when it will be first thing) will be an ST7 assessment question (organised by one trainee approaching this for whole year, in 2012/13 will be Vanessa Irvine) and for those who have passed this a chance for discussion & support which may include interview preparation/CV writing and also development of questions for exams.

There will be 2 or 3 topics each day that will form the bulk of the training day and will be generally facilitated by "experts" in the relevant fields arranged by the organisers of the individual days.

SIM sessions on both neonatal & infant & child scenarios will be held twice a year. These will include a prescribing element & patient safety training particularly looking at non-technical skills & Human Factors in the scenarios rather than traditional APLS style. Kim Sykes has kindly agreed to lead on this, with Kate Pryde, Sarah Williams & Sophie Robertson involved in the patient safety side of the training.

SIM training days will all be at Southampton.

There will be a yearly planning session to reflect on programme and arrange next years dates & allocate individual day leads and nominate person to lead ST7 sessions.

Year 1

1 - Oct	Interviews How the NHS currently works including finances & commissioning
2 - Dec	Doctors in difficulty Quality Improvement
3 - Feb	SIM session Education including Appraisal & Assessment, teaching strategies
4 - March/April (depending on	SIRI process – what happens & how to ensure lessons are learned

Easter)	Consultant application – including writing your CV “what I wish I knew before the application process”
5 - May	CAMHS Child protection – including report writing for court
6 - July	SIM session Research - update & how to get involved Planning session for following year

Year 2

1 Oct	Advanced communication skills – conflict management, dealing with difficult patients & families. “What I wish I knew before I became a consultant” – including being on call from home, using your secretary effectively, deciding what to say no to
2 Dec	Interviews how to prepare, who to visit, what to ask, presentation tips Clinical effectiveness
3 Feb	SIM session Dealing with complaints & Responding to Press/media enquiries
4 March/April (depending on Easter)	Clinical leadership & management Writing a business case Meetings – chairing & contributing effectively
5 May	Networks – local & national Statistics Finding best evidence update (Library run)
6 July	SIM session Time management for consultants including running clinics, email strategies Planning session for following year

Year 3

1 - Oct	“What I wish I knew before I became a consultant” – including being on call from home, using your secretary effectively Job planning including flexible training Deanery update on training – Head of School
2 - Dec	Interviews Ethical Dilemas

3 - Feb	SIM session Useful resources, keeping yourself updates including websites, data bases, search engines
4 – March/April (Depending on Easter)	Presentation Skills Consultant application – including writing your CV “what I wish I knew before the application process”
5 - May	WHOLE DAY TOPIC - Dealing with the death & the dying child Advanced care plans Palliative care Bereavement Organ donation
6 - July	SIM session Paediatric Post Mortems, including consent & dealing with the coroner Planning session for following year